

25th Feb / 18th Mar / 8th April / 29th April / 20th May / 10th Jun / 1st July

4th Mar / 25th Mar / 15th Apr / 6th May / 27th May / 17th Jun / 8th Jul

11th Mar / 1st Apr / 22nd Apr / 13th May / 3rd Jun / 24th Jun / 15th Jul

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTION	Chicken Aribiata Pasta With Garlic Bread <b>GL</b>	Pork Meatballs With Wholegrain Rice <b>GL - SO - SU</b>	Gammon With Roast Potatoes	Handmade BBQ Chicken Pizza With Potato Wedges <b>GL - DA</b>	MSC Fish Fingers With Chips <b>GL - FI</b>
VEGETARIAN OPTION	Macaroni Cheese & Garlic Bread <b>GL - DA - SO</b>	Mixed Vegetable Curry With Wholegrain Rice	Quorn Sausages With Roast Potatoes <b>GL - DA - EG</b>	Spanish Omlette With Potato Wedges <b>DA - EG</b>	Cheese & Mixed Pepper Potato Skins <b>DA</b>
JACKET POTATO OPTION	Jacket Potato With Tuna Mayonnaise <b>FI - EG</b>	Jacket Potato With Grated Cheese <b>DA</b>	Jacket Potato With Cheesy Pantry Slaw <b>DA - EG</b>	Jacket Potato With Baked Beans	Jacket Potato With Grated Cheese <b>DA</b>
VEGETABLES	Sweetcorn & Peas	Broccoli & Cauliflower	Carrots & Cabbage	Seasonal Mixed Vegetables	Baked Beans & Peas
DESSERT	Ice Cream <b>DA</b>	Banoffe Cake <b>GL - DA - EG - SO</b>	Apple Crumble With Custard <b>GL - DA - EG - SO</b>	Iced Carrot Cake <b>GL - DA - EG - SO</b>	Fresh Fruit Salad

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTION	Pork Sausage With New Potatoes <b>GL - SO - SU</b>	Beef Pasta Bolognese Bake <b>GL - DA</b>	Lemon & Thyme Roast Chicken With Roast Potatoes <b>SU</b>	Beef Burger With Pantry Slaw <b>GL - EG - SE - SO - SU</b>	Harry Ramsden Fish Fillet With Chips <b>GL - FI</b>
VEGETARIAN OPTION	Quorn Sausages With New Potatoes <b>GL - DA - EG</b>	Handmade Margherita Pizza <b>GL - DA</b>	Roast Quorn With Roast Potatoes <b>DA - EG</b>	Cheese & Tomato Pasta Bake With Pantry Slaw <b>GL - DA - EG</b>	Vegetable Fingers With Chips <b>GL</b>
JACKET POTATO OPTION	Jacket Potato With Grated Cheese <b>DA</b>	Jacket Potato With Tuna Mayonnaise <b>FI - EG</b>	Jacket Potato With Cheesy Pantry Slaw <b>DA - EG</b>	Jacket Potato With Baked Beans	Jacket Potato With Grated Cheese <b>DA</b>
VEGETABLES	Sweetcorn & Green Beans	Carrots & Peas	Broccoli & Cauliflower	Seasonal Mixed Vegetables	Baked Beans & Peas
DESSERT	Rice Pudding & Raspberry Jam <b>DA</b>	Chocolate & Beetroot Cake <b>GL - DA - EG - SO</b>	Mandarin Jelly With Fruit Pieces	Upside down Pineapple Cake <b>GL - DA - EG - SO</b>	Fresh Fruit Salad

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
MEAT OPTION	Chicken Burger With Pantry Slaw <b>GL - EG - SE</b>	Beef Cottage Pie <b>GL - DA</b>	Roast Turkey With Roast Potatoes	Mexican Chicken Fajita & Wholegrain Rice <b>GL</b>	MSC Salmon or White Fish Fingers With Chips <b>GL - FI</b>
VEGETARIAN OPTION	Vegetarian Burger With Pantry Slaw <b>GL - EG - SE</b>	Cheese & Sweetcorn Pizza With Wedges <b>GL - DA</b>	Linda McCartney Sausage With Roast Potatoes <b>GL - SO - SU</b>	Creamy Pesto Pasta Bake With Garlic Bread <b>GL - DA - SO</b>	Quorn Dippers With Chips <b>GL - DA - EG</b>
JACKET POTATO OPTION	Jacket Potato With Baked Beans	Jacket Potato With Grated Cheese <b>DA</b>	Jacket Potato With Cheesy Pantry Slaw <b>DA - EG</b>	Jacket Potato With Tuna Mayonnaise <b>FI - EG</b>	Jacket Potato With Grated Cheese <b>DA</b>
VEGETABLES	Peas & Carrots	Broccoli & Sweetcorn	Seasonal Mixed Vegetables	Carrot & Cauliflower	Baked Beans & Peas
DESSERT	Fruit Yoghurt <b>DA</b>	Lemon Drizzle Cake <b>GL - DA - EG - SO</b>	Peach Crumble <b>GL - DA - EG - SO</b>	Eves Pudding <b>GL - DA - EG - SO</b>	Fresh Fruit

# Primary School Menu

## Spring Summer Menu 2019



Freshly Baked Bread, Salad Bar & Fresh Fruit are available daily

Bread Contains - GL - DA - EG - SO



**ALLERGY KEY**  
 CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / DAIRY - DA  
 MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE / SOYA - SO / SULPHUR - SU