

Friday 15th March 2019

Another very busy week has passed by at West Acton – science week, life bus visits, PTA discos, parent workshops in speech and language and self-esteem and Red Nose Day. A huge thank you to all the staff who have worked so hard during these events especially the PTA, Mr. Humble, Mrs. Lucas, Ms. Cullinan and Miss. Ferreira. Sadly, it seems there is often never a day where there isn't bad news: locally or globally and this

can cause children, and adults, to worry. Please do take time to listen and talk to your child and reassure them there are people in school they can talk to as well if they are worried. As usual safeguarding concerns should be reported to Mrs. Ives or Myself.

Miss Kondo

IMPORTANT DATES

RSE meeting – 19th March
9.00am – All year groups

Year 6 SATs meeting – 20th March, 3:30pm & 6pm in the Victoria Hall

Online safety meeting – 28th March 9.00am – All Year Groups

Friday Class Assemblies

22/3 – 1AA

29/3 – 4SS

200 MILLION MINUTES
READING CHALLENGE
200 Million Minutes
Reading Challenge!
Keep on Reading
and filling in your
minutes.



British Science Week 2019

This week all the children in West Acton have been taking part in British Science Week.

There was an exciting science assembly where the children learnt all about different types of energy – kinetic, sound, chemical, heat and light, as well as witnessing some exciting demonstrations.

All classes have also participated in practical experiments, which have included making quick sand using cornflour and water, experimenting with waterproofing and investigating changes to heart rate. One year group even became engineers and architects for the day and tested to see if different buildings made of marshmallow, toothpicks and spaghetti would withstand a jelly earthquake!



Year 3 have been investigating the best sugar to use for icing a biscuit. They have tested caster, granulated and demerara sugar. They measured and added 2ml of water and mixed well. Please see picture for results. The majority of the class found that caster was the best type of sugar because it was finer- meant that it dissolved better, therefore smoother to apply.

Life Bus 2019

The life bus was great, as it is every year. The children really enjoy it and learn a lot whilst there. It is differentiated for all year groups and the lady who runs it is fantastic with all the children – topics included learning about the brain and friendships.

Tip of the week from Lia the school counsellor

When children bicker with each other...

Bickering means arguing about something small and trivial. Although it may seem to be silly and unimportant to you, your children may be arguing about something that feels much more important to them- and sometimes it could keep going on all day!

How can parents help?

Constant bickering between children can feel exhausting for parents. The way to address it is to coach them through it so that they can learn to resolve their differences in a way that brings them closer together. First, find your own calm when you are feeling triggered. Then, describe the situation to them without blaming anyone but using empathy instead: each child will have a real need and they need you to help them find the words to express it. Then, remind them of your family values and rules around kindness and set your limits on any unkind words or behaviour. Finally, your children will need you to be their coach: first help them express their feelings/needs without attacking the other ("I feel... when you...", "I feel... and I need..."); then help them to problem-solve together. With your help, your children can learn to resolve their problems together without becoming more resentful of each other.

Sometimes we could all do with someone to talk to. If you would like to meet Lia for a confidential and non-judgemental chat about you, your child or any other worries, she is available on Mondays 9-10am. To book an initial appointment, you can call/text Lia on 07469 701 260 or email her at youni206.307@lgflmail.net.

RED NOSE DAY

Thank you for supporting this great charity. We had a high demand for red noses this – sorry if you couldn't get one today.

PTA Spring DISCOS

Children across all year groups had a great time at the discos on Wednesday evening. Outfits were stunning and some of the moves were too! A big thanks to the PTA for organising and running these popular events.

PARKING

At West Acton Primary School we always encourage parents to park responsibly. Unfortunately this is not always followed. We will soon be launching the 'Parking Promise' where parents can sign a promise to always park and drive carefully and then display a 'Parking Promise' sticker in their car. Where at all possible we encourage parents to choose a sustainable way to travel to school with their child such as walking or riding a bike.

FANTASITC ASSEMBLY

Thank you 1GG for an amazing retelling of Little Red Riding hood last week – great songs and acting.

EASTER BONNET PARADE - Reception
2.40pm Thursday 4th April

EASTER BONNET PARADE - Years 1 & 2
12.40 pm Friday 5th April

SPRING SING - Years 3 & 4
Thursday 4th April 9.00am

SPRING SING - Years 5 & 6
Friday 5th April 9.00am

