

If you are bullied:

DO

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a friend.
- TELL SOMEONE.



DON'T

- Do what they say
- Get angry or look upset
- Hit them
- Think it is your fault
- Hide it

What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't try and get involved - you might end up getting hurt or you could end up in trouble yourself.
- Don't stay silent or the bullying will keep happening.

All the staff will work together to:

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- Help everyone to get on with each other - we believe that everyone has the right to be who they are.

What will happen to a bully?

- Teachers will get involved and help you solve problems.
- We will investigate things fully.
- We will remind the child (or children) that bullying is not acceptable and that we expect bullying to stop.
- We will talk to their parents.

FINEDON SCHOOLS



Finedon Infant School



Anti-Bullying Policy for Children

What is Bullying?

- A bully is someone who hurts someone else on purpose by using behaviour which is meant to hurt, frighten or upset another person.
- Bullying is repetitive. This means that the bully hurts someone over and over again. It isn't an incident that happens only once.



Bullying can be:

Emotional: Hurting people's feelings and deliberately excluding people.

Physical: Punching, kicking, spitting hitting, pushing and inappropriate touching.

Verbal: Being teased and name calling.

Cyber: Saying unkind things by text, email or online.

Racist: Calling people names because of the colour of their skin or religion.

When is it bullying?

Several
Times
On
Purpose



We will always take bullying seriously.

Who can I tell if I am being bullied?

- A friend
- Parents/Carers
- Teachers
- Playground Squad
- Lunch time staff
- Any other trusted adult

MOST IMPORTANTLY:-

If you are being bullied:

Start

Telling

Other

People!

