

## Role Description & Person Specification

# Activity Support Worker

## Manx Care

### What will you do?

We, in Manx Care, are committed to developing bespoke support packages which meet the needs of individual service users. We understand the importance of communication, respect and innovation, in providing care and support to service users, to enable them to achieve the maximum possible level of independence, ensuring a good quality of life.

The role of the Activity Support Worker contributes to this commitment by supporting service users with a variety of complex needs, enabling them to live independently for longer.

You will work within Manx Care's Older People's Service, delivering excellent quality care and support for Isle of Man residents.

The Older Peoples Service covers the whole Isle of Man, therefore the post holder may be required to work anywhere across the Island depending on the needs of the service at any one time.

**Job Title: Activity Support Worker**

**Reports to: Day Centre Manager**

### What does that involve?

#### Scope of the Job

The aim of the Day Centre is to enable companionship between service users as well as staff, through social interaction with each other. This includes, the specialist support of those with more complex needs, such as dementia.

To provide service users with social recreational activities and shared outward bound experiences.

To provide the carers of service users with the support and respite that they are in need of, thereby giving carers an essential break from their role as carer, quality time for themselves and practical help, by providing personal care of their relative for the day they attend the day centre.

Working in a person centred way; we aspire to enhance the service user's individuality by promoting their optimum level of independence and respecting their rights and dignity. We also aim to support carers which will include directing to other support services.

Each centre can accommodate up to 15 people per day on site, and may support others on activities in the community. The Activity Support Worker will be based at one of the Day Centre facilities located across the island and will;

1. Encourage and support service users towards a degree of independence, activity and decision making.
2. Ensure contribution within the team to innovate and develop a provision of activities which enable a stimulating environment within the day centre.
3. Ensure service users are supported in the community, for example on days/activities out or with community partnership groups or activities, increasing community participation and engagement.
4. Work alongside other professionals, promoting independent living skills to enhance service user's communication and quality of life, ensuring that they can achieve the maximum level of independence.
5. To undertake escort duties on the service's minibus, picking up and taking home service users, ensuring adequate security measures are taken when leaving the service user's property.
6. Be required to attend and contribute to discharge meetings and service user reviews when requested, supporting plans and needs of the individual service users.

### **Customer Care**

You will need to be committed and responsible for ensuring the delivery of services and the safety of people being supported; giving consideration to the assessed risks, rights and choices of the individual (this being done under the advice and guidance of the Day Centre Manager). You will be assigned as keyworker to service users and facilitate, where necessary, service user Person Centred Planning (PCP) meetings.

### **Service Delivery**

You will be responsible for working as a member of the Older Persons Day Service Team, in all aspects of delivering support to service users, both with and without a range of complex needs; and to enable a culture of acceptance and support for those service users with complex needs. If required to do so, work in any area within the department's Older Persons Service.

You will need to have a commitment to attaining a minimum of QCF Level 3 and all necessary mandatory training required of the post to ensure the necessary skills and knowledge to support service users is required.

### **Quality Assurance**

To ensure we deliver a quality service, you will need to be caring and committed to ensure high standards of support are delivered at all times; effectively communicating with colleagues, families, carers and other organisations.

### **Principle Duties**

You will:

- Demonstrate a person-centred focus every day by treating service users as top priority.



- Contribute, implement and participate in, where appropriate, person centred programmes of support in accordance with the assessed needs identified in the Individual Support Plans.
- Enable Service users to maintain their independence and individuality by doing with rather than doing for as far as practically possible, and provide general support as part of a support team.
- Report to the Day Centre Manager, any significant changes in the health and social circumstances of the Service user.
- Ensure the wellbeing and personal care needs of the individuals, as identified in support plans, are met in an appropriate, respectful and discreet manner; whilst promoting the principles of enabling service users to attain a valued social role and presence in their own community and encourage Service users towards a degree of independence and activity appropriate to their abilities. Such tasks could include, but are not limited to, taking part in games and social experiences in the day centre, personal hygiene, assistance with continence, etc.
- Provide support to Service users with varying complexity of needs, whilst encouraging them towards a degree of independence and activity appropriate to their abilities.
- Support service users and their families with any behaviours which may challenge the service and their home life, in line with local policy and risk assessment.
- Communicate professionally ensuring appropriate service user records, both paper and electronic, are recorded in compliance with departmental policy and relevant legislation.
- Promote and work in partnership with the service users and their families, to ensure families are kept informed of any changes.
- Work alongside the Day Centre Manager to maintain a needs-led Service that is monitored and evaluated.
- Support service users in making informed choices, appreciating the context and consequences of their decisions; whilst promoting a positive attitude towards service users, protecting them from exploitation and abuse.
- Ensure medication is stored and administered in accordance with the Department's Medication Policy.
- Support and participate with service users in choosing their meals whilst at the day centre, taking into consideration their dietary requirements.
- Be able to respond appropriately in an emergency situation.
- Carry out basic generic risk assessment and be aware of the value of positive risk taking.
- Attend and contribute to review meetings as part of a service users' support plan.
- Attend and contribute to discharge meetings and service users' reviews as requested by other professionals.

## **Administration**

You will:

- Ensure that appropriate records are maintained and stored in accordance with the requirements of the Data Protection Act.
- Be responsible for updating any electronic or paper records, carrying out basic assessments of individuals and dealing with service user finances.



- Work with the Day Centre Manager, showing flexibility where needed, following 'in advance' staffing rotas based around the needs of the people within Services.
- Be responsible for submitting accurate timesheets, expenses and necessary paperwork each month.

### **Personal Responsibility**

You will:

- Participate in the induction and training as appropriate and monitor own training needs alongside the Day Centre Manager.
- Attend and engage in formal supervision sessions and annual appraisals with the Day Centre Manager in line with the current Supervision Policy
- Accept allocation of tasks and responsibilities as delegated by the Day Centre Manager.
- Attend and participate in compulsory regular team meetings, which will be arranged by the Service Manager or Day Centre Manager no less than 9 times in a 12-month period. To use the team meetings effectively to review and plan workload and service user needs-led activities, whilst using integrity to ensure an open and honest environment.
- You will follow any reasonable instruction given by the designated Service Lead, Service Manager or Day Centre Manager.
- Take a positive approach to team working and be responsible for managing conflict effectively.
- Demonstrate good ethics, by speaking up if standards are not being met, or health and safety is being compromised, and reporting adult protection alerts in a timely manner.
- Dress and conduct should be of a standard which promotes service user and public confidence in the ability of the individual and the service as a whole.

### **Personal Development**

You will:

- Need to be committed and take responsibility for your own Personal Development Plan which should reflect the core values and objectives of the Service. Attend bi-annual Personal Development review meetings with the Day Centre Manager with the understanding that any underperformance will be reported as required via the line management structure.
- Undertake any in-Service or appropriate training deemed necessary in order to become up to date with all mandatory training to ensure the skills and knowledge required is attained.
- Attend specialised Dementia care training and other specialist training as required. □ Be open, learn from others and apply that learning.
- Be self-aware and understand what motivates oneself and share this with the Day Centre Manager, be aware of actions and behaviour which can impact on others.

### **Working Environment**

You will:

- Be required to be posted to other service areas within the department depending on the needs of the service.



- Be required to work in, at times, emotionally distressing environments, dealing with service users with progressive diseases and behaviour which challenges the service.
- Have exposure to hazards and unpleasant conditions, such as bodily fluids, foul linen and domestic chemicals.
- Look for ways to support the team and take on new responsibilities.
- Be resilient by managing normal interruptions, changes and additions to workload.

## **Policy**

You will:

- Ensure you are aware of and work within the constraints of relevant legislation, including, but not limited to; Social Services Act (2012); Regulation of Care Act (2013) (including National Day Care Minimum Standards) and Health and Safety Act (1974).
- Ensure the Health and Safety risk assessments of the Service area are adhered to and to have involvement in regular Health and Safety audits.
- Comply fully with Manx Care's departmental Policies and Procedures.

**Note:** This job description forms part of the contract of employment of the person appointed to this post. Whilst it provides a summary of functions and responsibilities of the post, this may need to be adapted or adjusted to meet changing circumstances. It reflects the position at the present time only, and may be changed at management's discretion in the future. As a general term of employment, Manx Care may affect any necessary change in job content, or may require the post holder to undertake other duties, at any location in Manx Care's service, provided that such changes are appropriate to the employee's remuneration and status.



## What do you need to be successful in this role?

	Essential or Desirable	Method of Assessment
<b>Credibility</b>		
Show commitment to complete the Care Certificate if other qualifications in this section have not been obtained.	<b>E</b>	CV/Interview
Show commitment to undertake RQF Level 3 if not already attained.	<b>E</b>	CV/Interview
Basic First Aid.	<b>D</b>	CV/Interview
Safer people Moving and Handling.	<b>D</b>	CV/Interview
Dementia Awareness Training – Modules 1 & 2 & Dementia Capable Care.	<b>D</b>	CV/Interview
<b>Capability</b>		
Good communication skills – English language, both written and oral.	<b>E</b>	CV/Interview
Good basic IT skills – Word, Outlook.	<b>E</b>	CV/Interview
Ability to work on own initiative and deal with emergencies.	<b>E</b>	CV/Interview
Ability to work as part of a team.	<b>E</b>	CV/Interview
Experience in supporting vulnerable people within a community/residential setting.	<b>D</b>	CV/Interview
Experience of supporting older people with complex needs e.g. dementia, mobility, stroke.	<b>D</b>	CV/Interview
Have a positive approach to change.	<b>E</b>	CV/Interview
<b>Character</b>		
Be reliable and trustworthy.	<b>E</b>	CV/Interview
Demonstrate a commitment to attending training.	<b>E</b>	CV/Interview
Have a positive demeanour.	<b>E</b>	CV/Interview
Demonstrate an awareness of dignity, choice and respect at all times.	<b>E</b>	CV/Interview
<b>CARE</b>		
Be highly motivated.	<b>E</b>	CV/Interview
Be person centred.	<b>E</b>	CV/Interview
Have an appreciation of the individual needs of others.	<b>E</b>	CV/Interview
Demonstrate a responsible and professional attitude and approach to work and colleagues.	<b>E</b>	CV/Interview
Have the ability to communicate effectively with families and other professionals.	<b>D</b>	CV/Interview
<b>Other requirements</b>		

Isle of Man Worker.	<b>D</b>	Application
Physically able to carry out the requirements of the role.	<b>E</b>	Pre-employment checks
Satisfactory Police Check.	<b>E</b>	Pre-employment checks