Child’s name:

At Little Apples, the children have lunch between 11:45 and 12:30. Little Apples can provide a lunch for your child if they are with us at this time, or you can provide a packed lunch.

Little Apples lunches are varied but include:

A portion of starchy carbohydrate e.g. Wholemeal bread, pasta, pitta

Two portions of fruit or vegetables

A portion of meat and fish free protein e.g. pulses, eggs, protein based meat replacement e.g Quorn

A fromage frais or similar.

A choice of milk, oat milk or water.

If you would like us to provide lunch for your child, please indicate below.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  |  |

**Daily cost is £2.50 per child from September 2025.**

**Lunches are booked and payable half termly in advance. You will receive an invoice for this. We cannot offer refunds for lunches for which your child is absent.**

Please indicate if there are any allergies, or dietary requirements below:

|  |
| --- |
|  |

Please indicate below if you wish your child to have:

|  |
| --- |
| **Diary Free Option** |
|  |

**Please note from September 2025, Little Apples is operating a meat and fish free menu to support our sustainability policy.**