



LOCAL FITNESS IDEAS



Fitness Activities

ANTENATAL
Jane the Doula Pregnancy Yoga Classes - Fleet <i>Thu at 18:30</i>
YogaBellies Farnborough Fleet and Camberley Yogabellies for Pregnancy - Fleet <i>Tue at 18:30</i>
Yogabellies for Pregnancy - Farnborough <i>Wed at 18:30</i>

BADMINTON
Badminton for fitness - Farnborough <i>Mon at 19:00</i>
Frogmore Leisure Centre - Yateley Table Tennis and badminton at Frogmore Leisure- Yateley Forever Fitness session for over 50yrs <i>Thu at 11:15</i>
Multisports session for over 50yrs <i>Thu at 15:00 Fri at 13:00</i>
No strings Badminton session <i>Thu at 17:00 Mon at 18:00</i>
Places Leisure Camberley Social Badminton for Seniors 50yr+ <i>Tue Thu at 11:15, 12:15, 13:15, 14:15 Fri at 10:15,</i>
Social Badminton <i>Tue, Fri at 20:15</i>
Ladies Social Badminton <i>Wed at 10:15</i>

CLIMBING
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley Climbing Courses for 7-16yrs <i>Wed at 16:30, 18:00</i>
Adult Climbing sessions <i>Thu at 18:45</i>

CYCLING
Group Cycle session at Frogmore Leisure- Yateley <i>Tue, Thu at 18:15 Sun at 08:15, 18:45</i>
Places Leisure Camberley Ladies group cycle <i>Weekdays at 09:45, 18:15, 19:30 Sat at 09:30 Sun at 09:45</i>
Junior group cycle for 11-15yrs <i>Sun at 10:45</i>
Ladies only group cycle <i>Mon at 10:45</i>
Pedal Heaven - Kids - Yateley Childrens Cycling club - Yateley <i>Sun at 09:30</i>

DANCE
Demeric Dance school of dance- Farnham Stretch Class - Demeric Dance Farnham <i>Tue at 19:30</i>
Adult Fitness - Demeric Dance - Farnham <i>Wed at 10:45</i>
Frogmore Leisure Centre - Yateley Zumba <i>Thu at 18:00 Fri at 10:30</i>
Dance Fitness session at <i>Mon at 09:30</i>
Hook Eagle Morris Men Practise sessions - Hook <i>Fri at 20:00</i>
Places Leisure Camberley Zumba <i>Wed at 07:00 Fri at 10:00 Sat at 20:00 Tue at 09:30</i>
Aqua Zumba at Places Leisure - Camberley <i>Mon at 20:05</i>

DONUTTING
Alpine Snowsports Aldershot Donutting <i>Wed, Thu, Fri, Sat, Sun at 10:00</i>
after school Donutting <i>Tue, Thu at 16:30</i>

FITNESSCLASS
Aldershot Library Seated fitness <i>Mon at 14:35</i>
Farnborough Library Gentle fitness at <i>Thu at 13:30</i>
Frogmore Leisure Centre - Yateley LES MILLS BODY Combat session at Frogmore Leisure- Yateley <i>Wed at 09:15 Fri at 17:30 Sun at 10:15 Tue at 19:15</i>
LES MILLS BODY Balance <i>Tue at 09:15 Wed at 10:30, 19:15 Sat at 09:00, 10:00 Sun at 11:00</i>
LES MILLS BODY Pump session <i>Tue at 10:00, 18:15 Wed at 18:00 Fri at 09:30 Sun at 09:15 Mon at 17:45</i>
KETTLEBELLS Training session <i>Wed at 19:00</i>
High Intensity Interval Training session HIIT <i>Thu at 09:15</i>
Junior gym supervised sessions for 11-13yrs : <i>Weekdays at 10:00, 15:00</i>
Forever Fitness session for over 50yrs <i>Thu at 11:15</i>
Senior Multisports session <i>Thu at 15:00 Fri at 13:00</i>
Group Cycle session <i>Tue, Thu at 18:15 Sun at 08:15, 18:45</i>
LES MILLS BODY ATTACK <i>Mon at 09:15 Sat at 09:00</i>
Adult and Juniors Group PT sessions <i>Sun at 12:00</i>
Core Fitness session <i>Tue at 20:00</i>
Places Leisure Camberley LES MILLS GRIT™ at Places Leisure - Camberley <i>Mon, Wed at 06:30 Thu at 10:00 Sun at 09:00</i>
Body Combat at Places Leisure - Camberley <i>Wed at 07:00 Thu at 10:45 Sat at 09:30 Tue at 10:00</i>
Body Balance <i>Mon at 11:00, 18:45 Wed at 10:30, 19:30 Thu at 07:00, 12:00, 19:30 Sat, Sun at 10:45</i>
LES MILLS CORE™ <i>Mon at 10:45 Wed at 10:45, 18:45 Sun at 09:45</i>
Low impact workout for Seniors 50yr+ at Places Leisure - Camberley <i>Tue at 11:15 Wed at 11:45 Thu at 10:45</i>
Body Pump <i>Mon at 12:00, 19:30 Tue at 06:30, 09:30 Wed at 18:00 Thu at 09:30, 13:00, 20:00 Fri at 09:30, 18:30 Sat, Sun at 10:45</i>
Body Attack <i>Mon at 09:30 Tue at 19:15</i>
Yateley Library Seated fitness <i>Mon at 14:45, 15:45</i>

OTHER
Junior and Teen indoor Bowls - Alton <i>Wed at 16:30</i>
Edenbrook Country Park Bike Park and Pump Track - Fleet
Pump Track, playground and outdoor gym - Farnborough
Fleet pond
Frimley Lodge Park Pitch and Putt crazy golf - Frimley

SOFTPLAY
Jump in Trampoline park & Softplay- Camberley
Softplay at Places Leisure - Camberley

GYMNASTICS
Frogmore Leisure Centre - Yateley Gymnastics Lessons for 4-15yrs at <i>Fri at 17:00, 18:00</i>
Places Leisure Camberley Primary Gymnastics Lessons <i>Sat at 09:00</i>
Toddler & Preschool Gymnastics Lesson <i>Mon at 13:00, 13:45</i>
Tumble Tots Basingstoke Baby 6 months to walking Years - Hook <i>Mon at 11:30</i>
preschooler 2 – 3 Years - Hook <i>Mon at 09:30</i>
toddler walking to 2 years - Hook <i>Mon at 10:30</i>
preschooler 3yr– School age – Hook <i>Mon at 12:35</i>
Baby6months to Walking- Basingstoke <i>Tue at 11:30</i>
Toddler walking to 2 years - Basingstoke <i>Wed at 09:30, 12:35 Tue at 09:30</i>
preschooler 2 – 3 Years - Basingstoke <i>Tue, Wed at 10:30</i>
Preschoolers 3 years – School age - Basingstoke <i>Tue at 12:35 Wed at 11:30</i>
Baby 6 months - Walking – Hartley Wintney <i>Thu at 12:35</i>
Toddler Walking to 2yrs – Hartley Wintney <i>Thu at 10:35</i>
Preschooler 2-3yrs – Hartley Wintney <i>Thu at 11:35</i>
Preschooler 3yrs to School age– Hartley Wintney <i>Thu at 09:30</i>
Baby 6 months - Walking – Sherborne St John <i>Fri at 09:30</i>
Toddler Walking to 2yrs – Sherborne St John <i>Fri at 10:35</i>
Toddler 2 to 3yrs – Sherborne St John <i>Fri at 11:35</i>
Preschooler 3yrs -school age – Sherborne St John <i>Fri at 12:35</i>

MULTISPORT
Playball 2-3yrs - Camberley <i>Tue at 10:15, 16:30 Thu at 09:15, 10:15</i>
3-4yrs - Camberley <i>Tue at 10:15, 16:30 Thu at 09:15, 10:15 Fri at 16:30</i>
4-5yrs - Camberley <i>Tue, Thu at 09:15, 10:15, 16:30</i>
5-6yrs - Camberley <i>Tue, Thu, Fri at 16:30 Thu, Fri at 16:30</i>
6-8yrs - Camberley <i>Tue, Thu, Fri at 16:30</i>
7-10yrs - Camberley <i>Thu at 16:30</i>
2-3yrs - Bracknell <i>Mon at 09:15</i>
2-4yrs - Bracknell <i>Tue at 10:00</i>
3-4yrs - Bracknell <i>Mon at 10:00, 13:30</i>
4-6yrs - Bracknell <i>Mon at 16:30</i>
2-3yrs- Lightwater <i>Mon, Fri at 10:00</i>
3-4yrs- Lightwater <i>Mon, Fri at 10:00</i>
4-5yrs- Lightwater <i>Mon at 10:00, 16:15 Wed at 16:30 Fri at 10:00</i>
5-6yrs - Lightwater <i>Mon at 16:15 Wed at 16:30</i>
5-9yrs- Lightwater <i>Wed at 16:30</i>
6-8yrs- Lightwater <i>Mon at 16:15</i>
2-3yrs - Yateley <i>Wed at 09:45</i>
3-4yrs - Yateley <i>Wed at 10:30</i>

PARTY IDEAS
Alpine Snowsports Aldershot Donutting <i>Wed, Thu, Fri, Sat, Sun at 10:00</i>
Frogmore Leisure Centre - Yateley Party slots Football, bouncy castle, Softplay and Multisports at Frogmore Leisure- Yateley <i>Sat, Sun at 11:00</i>
Astro 3g Football or hockey court hire at Frogmore Leisure- Yateley <i>Every day</i>
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham <i>Every day</i>
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco <i>Fri, Sat at 18:00</i>
MPsk8 Roller skate and Roller hockey Roller Disco Party slots - Alton <i>Tue, Sat at 16:00</i>
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley
Instructor Led Roller Skating <i>Sat at 09:15</i>
Football party <i>Sat, Sun at 13:15</i>
Supervised Roller Disco January 4 February 1 <i>Sat at 17:45</i>
Roller Skating <i>Sat at 09:00, 17:45</i>
Playball Parties <i>Sat, Sun at 09:00</i>

GYM
Frogmore Leisure Centre - Yateley Gym sessions Junior gym sessions for 14-15yrs <i>Sat, Sun at 07:00 Weekdays at 15:00 16:00</i>
Places Leisure Camberley Gym sessions Junior Gym for 11-15yrs at Places Leisure - Camberley <i>Sat, Sun at 10:00, 14:30 Weekdays at 15:30, 16:30,</i>

PILATES
Frogmore Leisure Centre - Yateley Pilates <i>Mon, Thu at 10:15 Wed at 11:30 Thu at 10:15</i>
Places Leisure Camberley Pilates <i>Tue at 10:45, 19:30 Thu at 10:30,19:15 Fri at 07:00</i>
The Vanessa Golborn School of dance Adult Hvpopressives <i>Fri at 17:30 Sat at 09:00</i>

TRAMPOLINING
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco <i>Fri, Sat at 18:00</i>
Jump in Trampoline park & Softplay-
Afterschool Unlimited Jump <i>Mon, Tue, Wed, Thu at 15:00</i>
Dodgeball Club Take over - Camberley <i>Tue at 19:00</i>

HOLIDAYCAMPS
Alpine Snowsports Aldershot Advance Ski Camp January 2 <i>Thu at 09:00</i>
Intermediate Ski Camp January 2 <i>Thu at 09:00</i>
Snowboard Beginner Camp January 2 <i>Thu at 09:00</i>

SKATING
MPsk8 Roller skate and Roller hockey Roller Disco - Alton January 4 February 1 <i>Sat at 13:30</i>
Roller skating learn to skate - Alton <i>Tue at 17:45, 19:00</i>
Places Leisure Camberley Instructor Led Roller Skating <i>Sat at 09:15</i>
Supervised Roller Disco <i>Sat at 17:45</i>
Roller Skating <i>Sat at 09:00, 17:45</i>

SKIING
Alpine Snowsports Aldershot Recreational Ski Practice <i>Mon, Fri at 13:00 Wed at 12:30 Tue, Thu at 10:00</i>
Junior Ski Club - Level 1 Ski Lesson <i>Sat at 09:30</i>
Junior Ski Club - Level 4 with Alpine sports <i>Sat at 09:45</i>
Junior Ski Club - Level 2 skiing lessons <i>Sat at 10:45</i>
Junior Ski Club - Level 5 <i>Sat at 11:00</i>
Junior Ski Club - Level 3 ski lessons <i>Sat at 12:00</i>
Junior Ski Club - Level 6 <i>Sat at 12:15</i>
Junior Ski Tips - Aldershot <i>Sat at 16:30</i>
Ski & Tea with Alpine sports - Aldershot <i>Mon, Wed at 10:30</i>

SWIMMING
Places Leisure Camberley Lane Swim <i>Weekdays at 06:00 Sat at 07:00 Sun at 11:15</i>
<i>Weekdavs at 06:00 Sat at 07:00 Sun at 11:15</i>
Aquafit <i>Mon at 19:15 Wed at 08:00, 09:45, 19:15 Thu at 08:30 Fri at 09:15 Sun at 10:30</i>
Aqua Zumba <i>Mon at 20:05</i>
Aqua jog <i>Wed at 09:00 Fri at 08:30</i>
Seniors 50yr+ only Swim <i>Wed, Fri at 10:00</i>
Adult only Swim <i>Weekdays at 21:00</i>
Family fun in the pool <i>Sun at 11:00, 14:00, 16:00</i>
Adult beginner swimming lessons <i>Tue at 10:15, 20:45 Thu at 12:00, 20:00, 20:45</i>
Ladies only Swim <i>Mon at 10:00, 11:00</i>
SEN Swim <i>Sat at 12:30</i>
Primary swimming lessons <i>Weekdays at 16:00 Sat at 08:00</i>
Toddler and Preschooler swimming lessons <i>Tue at 11:30, 12:00 Thu at 09:30, 10:00 Fri at 13:00</i>
Preschool Ducklings swimming lessons <i>Tue at 12:00, 13:00 Wed at 12:00, 12:30, 13:00 Thu at 10:00, 10:30, 11:00, 11:30 Fri at 12:00 Sat at 08:00, 08:30, 09:00</i>
Adult Improver swimming lessons <i>Tue, Thu at 20:00, 20:45</i>
Rookie Lifeguard swimming lessons <i>Wed at 17:30</i>

Puddle Ducks North Hampshire & Reading Little Dippers pre-school swimming lessons Puddleducks - Bagshot <i>Sat at 13:30, 16:00 Mon at 10:00 Wed at 11:00</i>
Kickers Toddler and pre-school swimming lessons Puddleducks - Wokingham <i>Sat at 14:30</i>
Dippers pre-school swimming lessons Puddleducks - Wokingham <i>Sat at 15:00</i>
Splashers Baby and Toddler swimming lessons Puddleducks - Bagshot <i>Mon at 11:00 Wed at 10:00 Sat at 15:30</i>
Dippers pre-school swimming lessons Puddleducks - Highdown <i>Sun at 08:00, 11:15</i>
Little Dippers pre-school swimming lessons Puddleducks - Highdown <i>Sun at 08:00, 09:30, 10:30</i>
Kickers Toddler and pre-school swimming lessons Puddleducks - Highdown <i>Sun at 08:30, 10:00</i>
Splashers Baby and Toddler swimming lessons Puddleducks - Highdown <i>Sun at 09:00</i>
Kickers Toddler and pre-school swimming lessons Puddleducks - Bagshot <i>Mon at 10:30 Sat at 14:00, 15:00</i>

Floaties Baby swimming lessons Puddleducks - Bagshot <i>Mon at 11:30 Wed at 10:00</i>
Dippers pre-school swimming lessons Puddleducks - Bagshot <i>Mon at 12:00 Sat at 14:30</i>
Little Dippers pre-school swimming lessons Puddleducks - Tilehurst <i>Tue at 10:00</i>
Kickers Toddler and pre-school swimming lessons Puddleducks - Tilehurst <i>Tue at 10:30, 11:00</i>
Kickers Toddler and pre-school swimming lessons Puddleducks - Sonning <i>Tue at 10:45</i>
Little Dippers Pre-school swimming lessons Puddleducks - Sonning <i>Tue at 11:15</i>

Splashers Baby and Toddler swimming lessons Puddleducks - Tilehurst <i>Tue at 11:30</i>
Splashers Baby and Toddler swimming lessons Puddleducks - Sonning <i>Tue at 12:15</i>
Dippers pre-school swimming lessons Puddleducks - Tilehurst <i>Tue at 12:30</i>
Splashers Baby and Toddler swimming lessons Puddleducks - Basingstoke <i>Thu at 11:15</i>
Kickers Toddler and pre-school swimming lessons Puddleducks - Basingstoke <i>Thu at 11:45</i>
Little Dippers pre-school swimming lessons Puddleducks - Basingstoke <i>Thu at 12:15</i>
Floaties Baby and pre-school swimming lessons Puddleducks - Basingstoke <i>Thu at 12:45</i>
Floaties Baby and pre-school swimming lessons Puddleducks - Basingstoke <i>Thu at 12:45</i>
Swim Academy level 1 swimming lessons Puddleducks - Basingstoke <i>Thu at 16:00, 16:30, 17:30</i>

Swim Academy level 2 swimming lessons Puddleducks - Basingstoke <i>Thu at 17:00</i>
Splashers Baby and Toddler swimming lessons Puddleducks - Wokingham <i>Sat at 13:30</i>
Little Dippers pre-school swimming lessons Puddleducks - Wokingham <i>Sat at 14:00</i>
Yateleys Health and fitness Rushmoor Youth Swimming for children in uniformed groups- Yateley <i>Tue at 18:30</i>

TABLETENNIS
Frogmore Leisure Centre - Yateley Table Tennis and badminton <i>Every day</i>
St Peters Church - Yateley Youth Table Tennis - Yateley <i>Tue at 14:00</i>

TENNIS
Cove Green recreation ground and play area Free Tennis courts - Cove Green - Farnborough
Farnborough Tennis Club FTC Tennis Coaching yr1-5 - <i>Mon at 16:30</i>
FTC Teen Tennis Coaching yr9-12 - <i>Mon at 17:30</i>
FTC Tennis Coaching Adult Beginners - <i>Mon at 18:30, 19:30</i>
FTC Tennis Coaching Adult Advanced- <i>Mon at 21:00</i>
FTC Tennis Coaching yr2-4 - <i>Wed at 17:00</i>
FTC Tennis Coaching yr6-8 - <i>Thu at 17:00</i>
FTC Tennis Coaching Ladies Intermediate <i>Thu at 19:00</i>
FTC Tennis Coaching Mens Intermediate- <i>Thu at 20:00</i>
FTC Teen Advanced Tennis for Under 18vr - <i>Fri at 17:30</i>
FTC Tennis Coaching yr1-4 - <i>Sat at 09:00</i>
FTC Tennis Coaching yr5-9 - <i>Sat at 10:00</i>
FTC Tennis Coaching yr10-13 - <i>Sat at 11:00</i>

YOGA
Frogmore Leisure Centre - Yateley Hot Yoga session at Frogmore Leisure- Yateley <i>Mon at 18:00 Tue at 10:45, 18:00 Wed at 09:30 Fri at 09:30, 17:30</i>
Yoga session at Frogmore Leisure- Yateley <i>Mon at 10:30 Thu at 11:00 Fri at 11:30</i>
Jane the Doula Pregnancy Yoga Classes - Fleet <i>Thu at 18:30</i>
Places Leisure Camberley Hot Yoga <i>Wed at 19:15 Thu, Fri at 12:30 Sat at 09:00 Sun at 07:30</i>
Yoga <i>Tue at 09:30, 18:30 Wed Fri at 10:45, 18:00</i>
Sport In Mind Yoga - - Sandhurst <i>Thu at 12:00</i>
Yoga for mental Health- - Guildford <i>Tue at 14:30</i>
Yoga for mental Health- - Woking <i>Tue at 15:00</i>
Tai Chi for mental Health- - Crowthorne <i>Fri at 12:00</i>
YogaBellies Farnborough Fleet and Camberley Yogabellies for Mum and baby - Bordon <i>Tue at 10:00</i>
Yogabellies for Pregnancy - Fleet <i>Tue at 18:30</i>
Yogabellies for Woman - Fleet <i>Tue at 19:55</i>
Yogabellies for Pregnancy - Farnborough <i>Wed at 18:30</i>
Yogabellies for Mum and baby - Mytchett <i>Thu at 10:40</i>
Yogabellies for Mum and baby - Fleet <i>Fri at 10:00</i>
Yogabellies for Mum and Movers - Fleet <i>Fri at 11:20</i>

RUNNING
Park run - Aldershot <i>Sat at 08:50</i>
Junior Park run for 4-14yrs - Aldershot <i>Sun at 08:50</i>
Junior Park run for 4-10yrs - Basingstoke <i>Sun at 08:50</i>
Park run - Bordon <i>Sat at 08:50</i>
Junior Park run for 4-14yrs - Bordon <i>Sun at 08:50</i>
Park run - Bracknell <i>Sat at 08:50</i>
Junior Park run for 4-14yrs - Bracknell <i>Sun at 08:50</i>
Park run - Frimley <i>Sat at 08:50</i>
Park run - Guildford <i>Sat at 08:50</i>
Junior Park run for 4-14yrs - guildford <i>Sun at 08:50</i>
Park run - Sandhurst <i>Sat at 08:50</i>
Park run - Woking <i>Sat at 08:50</i>
Junior Park run for 4-14yrs - Woking <i>Sun at 08:50</i>

SEND
Sightloss Soccer- Aldershot January 6 February 3 <i>Mon at 17:30</i>
Inclusive cycling at Alice holt - Farnham <i>Thu at 09:30</i>
Alpine Snowsports Aldershot Inclusive Donutting - Aldershot <i>Wed at 16:30</i>
Fleet events PAN-DISABILITY FOOTBALL - Fleet <i>Thu at 18:00</i>
Places Leisure Camberley SEN Swim <i>Mon at 12:15</i>
Sport In Mind Yoga - - Sandhurst <i>Thu at 12:00</i>
Tai Chi for mental Health- - Guildford <i>Fri at 14:00</i>
Tennis for mental Health- - Farnborough <i>Fri at 15:00</i>
Table Tennis / Badminton - Camberley <i>Mon at 17:15</i>
Yoga for mental Health- - Guildford <i>Tue at 14:30</i>
Yoga for mental Health- - Woking <i>Tue at 15:00</i>
Football for mental Health- - Woking <i>Wed at 14:00</i>
Football for mental Health- - Guildford <i>Thu at 14:00</i>
Tai Chi for mental Health- - Crowthorne <i>Fri at 12:00</i>

WALKS
Wellbeing Walks- Farnborough <i>Tue, Thu at 11:00 Tue at 13:30</i>
OlderShots Walking Football - Farnborough <i>Thu at 20:00</i>
OlderShots Walking Football - Frimley <i>Mon at 20:00 Tue, Fri at 10:00</i>
National Trust - Devil's Punch Bowl and Hindhead Commons Free Guided walks <i>Fri at 11:00</i>
National Trust - Winkworth Arboretum Guided walks January 8 February 12 <i>Wed at 14:00 January 31 Fri at 11:00 Wed at 14:00</i>

WATERSPORTS
Mothers who get out for Adventure Mums Kayak & Paddleboard - Hawley Lake January 28 <i>Tue at 10:00</i>
 Event dates and times are subject to change

Baby_0-1Yr, Fitness Activities

GYMNASTICS

Tumble Tots Basingstoke

Tumble Tots baby 6months to Walking-
Basingstoke

January 7 to February 11 Tue at 11:30

Tumble Tots baby 6 months - Walking – Hartley
Wintney

January 9 to February 13 Thu at 12:35

Tumble Tots Baby 6 months - Walking –
Sherborne St John

January 10 to February 14 Fri at 09:30

Tumble Tots baby 6 months to walking Years -
Hook

January 13 to February 10 Mon at 11:30

PILATES

The Vanessa Golborn School of dance

Adult Hypopressives with Vanessa Golborn
school of dance - Alton

January 3 to February 8 Fri at 17:30, Sat at 09:00

February 14 Fri at 17:30

SOFTPLAY

Jump in Trampoline park by air hop - Camberley

Toddler Takeover Trampoline & softplay sessions
- Camberley

January 4 Sat at 09:00

January 6 to Mon, Wed, Thu, Fri at 10:00, Sat at 09:00

February 8 Mon, Wed, Thu, Fri at 10:00

Places Leisure Camberley

Softplay at Places Leisure - Camberley

January 1 to 5 Wed, Thu, Fri, Sun at 09:00, Sat at 08:30

January 6 to Mon, Tue, Wed, Thu, Fri, Sun at 09:00, Sat at 08:30

February 9 Weekdays at 09:00

SWIMMING

Puddle Ducks North Hampshire & Reading

Splashers Baby and Toddler swimming lessons
Puddleducks - Bagshot

January 4 Sat at 15:30

January 6 to Mon at 11:00, Wed at 10:00, Sat at 15:30

February 8 Mon at 11:00, Wed at 10:00

Splashers Baby and Toddler swimming lessons

Puddleducks - Highdown

January 5 to February 9 Sun at 09:00

Floaties Baby swimming lessons Puddleducks -
Bagshot

January 6 to February 5 Mon at 11:30, Wed at 10:00

February 12 Wed at 10:00

Splashers Baby and Toddler swimming lessons

Puddleducks - Tilehurst

January 7 to February 11 Tue at 11:30

Splashers Baby and Toddler swimming lessons

Puddleducks - Sonning

January 7 to February 11 Tue at 12:15

Splashers Baby and Toddler swimming lessons

Puddleducks - Basingstoke

January 9 to February 13 Thu at 11:15

Floaties Baby and pre-school swimming lessons

Puddleducks - Basingstoke

January 9 to February 13 Thu at 12:45

Floaties Baby and pre-school swimming lessons

Puddleducks - Basingstoke

January 9 to February 13 Thu at 12:45

Splashers Baby and Toddler swimming lessons

Puddleducks - Wokingham

January 11 to February 8 Sat at 13:30

YOGA

YogaBellies Farnborough Fleet and Camberley

Yogabellies for Mum and baby - Bordon

January 7 to February 11 Tue at 10:00

Yogabellies for Mum and baby - Mytchett

January 9 to February 13 Thu at 10:40

Yogabellies for Mum and baby - Fleet

January 10 to February 14 Fri at 10:00

Yogabellies for Mum and Movers - Fleet

January 10 to February 14 Fri at 11:20



Toddlers_1-2Yr, Fitness Activities

ATTRACTION

Fleet pond

Fleet-Pond Nature reserve

January 1 to 5
January 6 to February 9
February 10 to 14

Wed, Thu, Fri, Sat, Sun at 07:00
Every day at 07:00
Weekdays at 07:00

GYMNASTICS

Places Leisure Camberley

Toddler & Preschool Gymnastics Lessons at Places Leisure - Camberley

January 6 to February 10

Mon at 13:00, 13:45

Tumble Tots Basingstoke

Tumble Tots preschooler 2 – 3 Years - Hook

January 6 to February 10

Mon at 09:30

Tumble Tots toddler walking to 2 years - Hook

January 6 to February 10

Mon at 10:30

Tumble Tots Toddler walking to 2 years - Basingstoke

January 7 to February 12

Tue at 09:30, Wed at 09:30, 12:35

Tumble Tots preschooler 2 – 3 Years - Basingstoke

January 7 to February 12

Tue, Wed at 10:30

Tumble Tots Toddler Walking to 2yrs – Hartley Wintney

January 9 to February 13

Thu at 10:35

Tumble Tots Toddler Walking to 2yrs – Sherborne St John

January 10 to February 14

Fri at 10:35

KAYAKING

Mothers who get out for Adventure

Mums Kayak & Paddleboard - Hawley Lake

January 28

Tue at 10:00

MULTISPORT

Playball

2-3yrs - Yateley

January 8 to February 12

Wed at 09:45

2-3yrs- Lightwater

January 10
January 13 to February 14

Fri at 10:00
Mon, Fri at 10:00

PADDLEBOARDS

Mothers who get out for Adventure

Mums Kayak & Paddleboard - Hawley Lake

January 28

Tue at 10:00

SOFTPLAY

Jump in Trampoline park by air hop - Camberley

Toddler Takeover Trampoline & softplay sessions - Camberley

January 4
January 6 to February 8
February 10 to 14

Sat at 09:00
Mon, Wed, Thu, Fri at 10:00, Sat at 09:00
Mon, Wed, Thu, Fri at 10:00

Places Leisure Camberley

Softplay at Places Leisure - Camberley

January 1 to 5
January 6 to February 9
February 10 to 14

Wed, Thu, Fri, Sun at 09:00, Sat at 08:30
Mon, Tue, Wed, Thu, Fri, Sun at 09:00, Sat at 08:30
Weekdays at 09:00

SWIMMING

Places Leisure Camberley

Toddler and Preschooler swimming lessons Places Leisure- Camberley

January 7 to February 14

Tue at 11:30, 12:00, Thu at 09:30, 10:00, Fri at 13:00

Puddle Ducks North Hampshire & Reading

Kickers Toddler and pre-school swimming lessons Puddleducks - Wokingham

January 4 to February 8

Sat at 14:30

Splashers Baby and Toddler swimming lessons Puddleducks - Bagshot

January 4
January 6 to February 8
February 10 to 12

Sat at 15:30
Mon at 11:00, Wed at 10:00, Sat at 15:30
Mon at 11:00, Wed at 10:00

Kickers Toddler and pre-school swimming lessons Puddleducks - Highdown

January 5 to February 9

Sun at 08:30, 10:00

Splashers Baby and Toddler swimming lessons Puddleducks - Highdown

January 5 to February 9

Sun at 09:00

Kickers Toddler and pre-school swimming lessons Puddleducks - Bagshot

January 6 to February 8
February 10

Mon at 10:30, Sat at 14:00, 15:00
Mon at 10:30

Kickers Toddler and pre-school swimming lessons Puddleducks - Tilehurst

January 7 to February 11

Tue at 10:30, 11:00

Kickers Toddler and pre-school swimming lessons Puddleducks - Sonning

January 7 to February 11

Tue at 10:45

Splashers Baby and Toddler swimming lessons Puddleducks - Tilehurst

January 7 to February 11

Tue at 11:30

Splashers Baby and Toddler swimming lessons Puddleducks - Sonning

January 7 to February 11

Tue at 12:15

Splashers Baby and Toddler swimming lessons Puddleducks - Basingstoke

January 9 to February 13

Thu at 11:15

Kickers Toddler and pre-school swimming lessons Puddleducks - Basingstoke

January 9 to February 13

Thu at 11:45

Splashers Baby and Toddler swimming lessons Puddleducks - Wokingham

January 11 to February 8

Sat at 13:30

TENNIS

Cove Green recreation ground and play area - Tennis courts

Free Tennis courts - Cove Green - Farnborough

January 1 to 5
January 6 to February 9
February 10 to 14

Wed, Thu, Fri, Sat, Sun at 07:00
Every day at 07:00
Weekdays at 07:00

WATERSPORTS

Mothers who get out for Adventure

Mums Kayak & Paddleboard - Hawley Lake

January 28

Tue at 10:00



Attraction
Fleet pond Fleet-Pond Nature reserve January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Frimley Lodge Park Pitch and Putt crazy golf - Frimley January 2 to 5 Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Every day at 09:30 February 10 to 14 Weekdays at 09:30

Climbing
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15

Cycling
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00

Donutting
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30

Gymnastics
Places Leisure Camberley Toddler & Preschool Gymnastics Lessons at Places Leisure - Camberley January 6 to February 10 Mon at 13:00, 13:45
Tumble Tots Basingstoke Tumble Tots preschooler 2 – 3 Years - Hook January 6 to February 10 Mon at 09:30
Tumble Tots preschooler 3yr– School age – Hook January 6 to February 10 Mon at 12:35
Tumble Tots preschooler 2 – 3 Years - Basingstoke January 7 to February 12 Tue, Wed at 10:30
Tumble Tots Preschoolers 3 years – School age - Basingstoke January 7 to February 12 Tue at 12:35, Wed at 11:30
Tumble Tots Preschooler 3yrs to School age – Hartley Wintney January 9 to February 13 Thu at 09:30
Tumble Tots Preschooler 2-3yrs – Hartley Wintney January 9 to February 13 Thu at 11:35
Tumble Tots Toddler 2 to 3yrs – Sherborne St John January 10 to February 14 Fri at 11:35
Tumble Tots Preschooler 3yrs to school age – Sherborne St John January 10 to February 14 Fri at 12:35

Kayaking
Mothers who get out for Adventure Mums Kayak & Paddleboard - Hawley Lake January 28 Tue at 10:00

Multisport
Alpine Snowsports Aldershot after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30
Playball 2-3yrs - Bracknell January 6 to February 10 Mon at 09:15
3-4yrs - Bracknell January 6 to February 10 Mon at 10:00, 13:30
3-4yrs- Lightwater January 6 to February 14 Mon, Fri at 10:00
4-5yrs- Lightwater January 6 to February 14 Mon at 10:00, 16:15, Wed at 16:30, Fri at 10:00
4-6yrs - Bracknell January 6 to February 10 Mon at 16:30
4-5yrs - Camberley January 7 to February 13 Tue, Thu at 09:15, 10:15, 16:30
2-4yrs - Bracknell January 7 to February 11 Tue at 10:00
2-3yrs - Camberley January 7 to February 13 Tue at 10:15, 16:30, Thu at 09:15, 10:15
3-4yrs - Camberley January 7 to February 14 Tue at 10:15, 16:30, Thu at 09:15, 10:15, Fri at 16:30
2-3yrs - Yateley January 8 to February 12 Wed at 09:45
3-4yrs - Yateley January 8 to February 12 Wed at 10:30
2-3yrs- Lightwater January 10 Fri at 10:00 January 13 to February 14 Mon, Fri at 10:00

Paddleboards
Mothers who get out for Adventure Mums Kayak & Paddleboard - Hawley Lake January 28 Tue at 10:00

Party Ideas
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30
Frogmore Leisure Centre - Yateley Party slots Football, bouncy castle, Softplay and Multisports at Frogmore Leisure- Yateley January 4 to February 9 Sat, Sun at 11:00
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00
MPsk8 Roller skate and Roller hockey Roller Disco Party slots - Alton January 4 Sat at 16:00 January 7 to February 8 Tue, Sat at 16:00 February 11 Tue at 16:00
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15
Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15
Football party at Places Leisure - Camberley January 4 to February 9 Sat, Sun at 13:15
Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45
Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45
Playball Parties January 4 to February 9 Sat, Sun at 09:00

Running
Aldershot Events Junior Park run for 4-14yrs - Aldershot January 5 to February 9 Sun at 08:50
Basingstoke events Junior Park run for 4-10yrs - Basingstoke January 5 to February 9 Sun at 08:50
Bordon Events Junior Park run for 4-14yrs - Bordon January 5 to February 9 Sun at 08:50
Bracknell events Junior Park run for 4-14yrs - Bracknell January 5 to February 9 Sun at 08:50
Guildford events Junior Park run for 4-14yrs - guildford January 5 to February 9 Sun at 08:50
Woking events Junior Park run for 4-14yrs - Woking January 5 to February 9 Sun at 08:50

SEND
Alice Holt Forest Inclusive cycling at Alice holt - Farnham January 2 to February 13 Thu at 09:30
Alpine Snowsports Aldershot Inclusive Donutting - Aldershot January 8 to February 12 Wed at 16:30
Places Leisure Camberley SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15

Skating
MPsk8 Roller skate and Roller hockey Roller Disco - Alton January 4 Sat at 13:30 February 1 Sat at 13:30
Roller skating learn to skate - Alton January 7 to February 11 Tue at 17:45, 19:00
Places Leisure Camberley Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15
Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45
Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45

Skiing
Alpine Snowsports Aldershot Junior Ski Club - Level 1 Ski Lesson - with Alpine sports - Aldershot January 4 to February 8 Sat at 09:30
Junior Ski Club - Level 4 with Alpine sports - Aldershot January 4 to February 8 Sat at 09:45
Junior Ski Club - Level 2 skiing lessons with Alpine sports - Aldershot January 4 to February 8 Sat at 10:45
Junior Ski Club - Level 5 with Alpine sports - Aldershot January 4 to February 8 Sat at 11:00
Junior Ski Club - Level 3 ski lessons with Alpine sports - Aldershot January 4 to February 8 Sat at 12:00
Junior Ski Club - Level 6 with Alpine sports - Aldershot January 4 to February 8 Sat at 12:15

Softplay
Jump in Trampoline park by air hop - Camberley Jump in Trampoline park & Softplay- Camberley January 2 to 5 Thu at 12:00, Fri, Sat, Sun at 10:00 January 6 to February 2 Mon, Thu, Fri at 12:00, Wed at 12:00, 15:00, Sat, Sun at 10:00 February 3 to February 9 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00, Sat, Sun at 10:00 February 10 to 14 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00
Toddler Takeover Trampoline & softplay sessions - Camberley January 4 Sat at 09:00 January 6 to February 8 Mon, Wed, Thu, Fri at 10:00, Sat at 09:00 February 10 to 14 Mon, Wed, Thu, Fri at 10:00
Places Leisure Camberley Softplay at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:00, Sat at 08:30 January 6 to February 9 Mon, Tue, Wed, Thu, Fri, Sat at 09:00, Sat at 08:30 February 10 to 14 Weekdays at 09:00

Swimming
Places Leisure Camberley Family fun in the pool at Places Leisure - Camberley January 2 to 5 Thu, Sun at 11:00, 14:00, 16:00 January 12 to February 9 Sun at 11:00, 14:00, 16:00
SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15
Toddler and Preschooler swimming lessons Places Leisure- Camberley January 7 to February 14 Tue at 11:30, 12:00, Thu at 09:30, 10:00, Fri at 13:00
Preschool Ducklings swimming lessons Places Leisure- Camberley January 7 Tue at 12:00, 13:00, Wed at 12:00, 12:30, 13:00, Thu at 10:00, 10:30, 11:00, 11:30, Fri at 12:00, Sat at 08:00, 08:30, 8 09:00 February 11 to 14 Tue at 12:00, 13:00, Wed at 12:00, 12:30, 13:00, Thu at 10:00, 10:30, 11:00, 11:30, Fri at 12:00
Puddle Ducks North Hampshire & Reading Little Dippers pre-school swimming lessons Puddleducks - Bagshot January 4 to 4 Sat at 13:30, 16:00 January 6 to February 8 Mon at 10:00, Wed at 11:00, Sat at 13:30, 16:00 February 10 to 12 Mon at 10:00, Wed at 11:00
Kickers Toddler and pre-school swimming lessons Puddleducks - Wokingham January 4 to February 8 Sat at 14:30
Dippers pre-school swimming lessons Puddleducks - Wokingham January 4 to February 8 Sat at 15:00
Dippers pre-school swimming lessons Puddleducks - Highdown January 5 to February 9 Sun at 08:00, 11:15
Little Dippers pre-school swimming lessons Puddleducks - Highdown January 5 to February 9 Sun at 08:00, 09:30, 10:30
Kickers Toddler and pre-school swimming lessons Puddleducks - Highdown January 5 to February 9 Sun at 08:30, 10:00
Kickers Toddler and pre-school swimming lessons Puddleducks - Bagshot January 6 to February 8 Mon at 10:30, Sat at 14:00, 15:00 February 10 Mon at 10:30
Dippers pre-school swimming lessons Puddleducks - Bagshot January 6 to February 8 Mon at 12:00, Sat at 14:30
Little Dippers pre-school swimming lessons Puddleducks - Tilehurst January 7 to February 11 Tue at 10:00
Kickers Toddler and pre-school swimming lessons Puddleducks - Tilehurst January 7 to February 11 Tue at 10:30, 11:00
Kickers Toddler and pre-school swimming lessons Puddleducks - Sonning January 7 to February 11 Tue at 10:45
Little Dippers Pre-school swimming lessons Puddleducks - Sonning January 7 to February 11 Tue at 11:15
Dippers pre-school swimming lessons Puddleducks - Tilehurst January 7 to February 4 Tue at 12:30
Kickers Toddler and pre-school swimming lessons Puddleducks - Basingstoke January 9 to February 13 Thu at 11:45
Little Dippers pre-school swimming lessons Puddleducks - Basingstoke January 9 to February 13 Thu at 12:15
Little Dippers pre-school swimming lessons Puddleducks - Wokingham January 11 to February 8 Sat at 14:00
Yateleys Health and fitness Rushmoor Youth Swimming for children in uniformed groups- Yateley January 7 to February 11 Tue at 18:30

Trampoline
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00
Afterschool Unlimited Jump & Open Jump at Go jump in Trampoline park - Camberley January 6 to February 13 Mon, Tue, Wed, Thu at 15:00

Walks
National Trust - Winkworth Arboretum Guided walks at Winkworth Arboretum January 8 Wed at 14:00 January 31 Fri at 11:00 February 12 Wed at 14:00

Watersports
Mothers who get out for Adventure Mums Kayak & Paddleboard - Hawley Lake January 28 Tue at 10:00



K&L_5-7Yr, Fitness Activities

Attraction		
Fleet pond		
Fleet-Pond Nature reserve		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 07:00	
January 6 to February 9	Every day at 07:00	
February 10 to 14	Weekdays at 07:00	
Frimley Lodge Park		
Pitch and Putt crazy golf - Frimley		
January 2 to 5	Thu, Fri, Sat, Sun at 09:30	
January 6 to February 9	Every day at 09:30	
February 10 to 14	Weekdays at 09:30	

Climbing		
Places Leisure Camberley		
Clip and Climb at Places Leisure - Camberley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:30	
January 6 to February 9	Weekdays at 16:15, Sat, Sun at 09:30	
February 10 to 14	Weekdays at 16:15	

Cycling		
GO APE Adventure - Alice holt Farnham		
Go Ape Forest Biking. - Farnham		
January 2 to 5	Thu, Fri, Sat, Sun at 10:00	
January 6 to February 9	Every day at 10:00	
February 10 to 14	Weekdays at 10:00	

Donutting		
Alpine Snowsports Aldershot		
Donutting with Alpine sports - Aldershot		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 10:00	
January 11 to February 9	Sat, Sun at 10:00	
after school Donutting with Alpine sports - Aldershot		
January 7 to February 13	Tue, Thu at 16:30	

Gymnastics		
Frogmore Leisure Centre - Yateley		
Gymnastics Lessons for 4-15yrs at Frogmore Leisure- Yateley		
January 3 to February 14	Fri at 17:00, 18:00	
Places Leisure Camberley		
Primary Gymnastics Lessons at Places Leisure - Camberley		
January 4 to February 8	Sat at 09:00	

Kayaking		
Mothers who get out for Adventure		
Mums Kayak & Paddleboard - Hawley Lake		
January 28	Tue at 10:00	

Multisport		
Alpine Snowsports Aldershot		
after school Donutting with Alpine sports - Aldershot		
January 7 to February 13	Tue, Thu at 16:30	
Playball		
5-6yrs - Camberley		
January 2 to 3	Thu, Fri at 16:30	
January 7 to February 14	Tue, Thu, Fri at 16:30	
4-5yrs- Lightwater		
January 6 to February 14	Mon at 10:00, 16:15, Wed at 16:30, Fri at 10:00	
5-6yrs - Lightwater		
January 6 to February 12	Mon at 16:15, Wed at 16:30	
6-8yrs- Lightwater		
January 6 to February 10	Mon at 16:15	
4-6yrs - Bracknell		
January 6 to February 10	Mon at 16:30	
4-5yrs - Camberley		
January 7 to February 13	Tue, Thu at 09:15, 10:15, 16:30	
6-8yrs - Camberley		
January 7 to February 14	Tue, Thu, Fri at 16:30	
5-9yrs- Lightwater		
January 8 to February 12	Wed at 16:30	

From 01 January 2025 to 14 February 2025
Event dates and times are subject to change without our knowledge

Other		
Frogmore Leisure Centre - Yateley		
Astro 3g Football or hockey court hire at Frogmore Leisure- Yateley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:00	
January 6 to February 9	Every day at 09:00	
February 10 to 14	Weekdays at 09:00	

OutdoorLearning		
Pedal Heaven - Kids - Yateley		
Childrens Cycling club - Yateley		
January 5 to February 9	Sun at 09:30	

Paddleboards		
Mothers who get out for Adventure		
Mums Kayak & Paddleboard - Hawley Lake		
January 28	Tue at 10:00	

Party Ideas		
Alpine Snowsports Aldershot		
Donutting with Alpine sports - Aldershot		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 10:00	
January 11 to February 9	Sat, Sun at 10:00	
after school Donutting with Alpine sports - Aldershot		
January 7 to February 13	Tue, Thu at 16:30	
Frogmore Leisure Centre - Yateley		
Party slots Football, bouncy castle, Softplay and Multisports at Frogmore Leisure- Yateley		
January 4 to February 9	Sat, Sun at 11:00	
GO APE Adventure - Alice holt Farnham		
Go Ape Forest Biking. - Farnham		
January 2 to 5	Thu, Fri, Sat, Sun at 10:00	
January 6 to February 9	Every day at 10:00	
February 10 to 14	Weekdays at 10:00	

Jump in Trampoline park by air hop - Camberley		
After dark Trampoline disco at Jump in Trampoline park - Camberley		
January 3 to February 8	Fri, Sat at 18:00	
February 14	Fri at 18:00	

MPsk8 Roller skate and Roller hockey		
Roller Disco Party slots - Alton		
January 4	Sat at 16:00	
January 7 to February 8	Tue, Sat at 16:00	
February 11	Tue at 16:00	

Places Leisure Camberley		
Clip and Climb at Places Leisure - Camberley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:30	
January 6 to February 9	Weekdays at 16:15, Sat, Sun at 09:30	
February 10 to 14	Weekdays at 16:15	

Instructor Led Roller Skating at Places Leisure - Camberley		
January 4 to February 8	Sat at 09:15	

Football party at Places Leisure - Camberley		
January 4 to February 9	Sat, Sun at 13:15	

Supervised Roller Disco at Places Leisure - Camberley		
January 4	Sat at 17:45	
February 1	Sat at 17:45	

Roller Skating at Places Leisure - Camberley		
January 11 to 25	Sat at 09:00, 17:45	
February 8 to 8	Sat at 09:00, 17:45	

Playball		
Parties		
January 4 to February 9	Sat, Sun at 09:00	

Running		
Aldershot Events		
Junior Park run for 4-14yrs - Aldershot		
January 5 to February 9	Sun at 08:50	
Basingstoke events		
Junior Park run for 4-10yrs - Basingstoke		
January 5 to February 9	Sun at 08:50	

Bordon Events		
Junior Park run for 4-14yrs - Bordon		
January 5 to February 9	Sun at 08:50	

Bracknell events		
Junior Park run for 4-14yrs - Bracknell		
January 5 to February 9	Sun at 08:50	

Guildford events		
Junior Park run for 4-14yrs - guildford		
January 5 to February 9	Sun at 08:50	

Woking events		
Junior Park run for 4-14yrs - Woking		
January 5 to February 9	Sun at 08:50	

SEND		
Alice Holt Forest		
Inclusive cycling at Alice holt - Farnham		
January 2 to February 13	Thu at 09:30	
Alpine Snowsports Aldershot		
Inclusive Donutting - Aldershot		
January 8 to February 12	Wed at 16:30	
Fleet events		
PAN-DISABILITY FOOTBALL - Fleet		
January 9 to February 13	Thu at 18:00	
Geocaching - UK wide		
Geocaching Free treasure hunts		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 10:00	
January 6 to February 9	Every day at 10:00	
February 10 to 14	Weekdays at 10:00	
Places Leisure Camberley		
SEN Swim at Places Leisure - Camberley		
January 6 to February 10	Mon at 12:15	

Skating		
MPsk8 Roller skate and Roller hockey		
Roller Disco - Alton		
January 4	Sat at 13:30	
February 1	Sat at 13:30	
Roller skating learn to skate - Alton		
January 7 to February 11	Tue at 17:45, 19:00	
Places Leisure Camberley		
Instructor Led Roller Skating at Places Leisure - Camberley		
January 4 to February 8	Sat at 09:15	
Supervised Roller Disco at Places Leisure - Camberley		
January 4	Sat at 17:45	
February 1	Sat at 17:45	
Roller Skating at Places Leisure - Camberley		
January 11 to 25	Sat at 09:00, 17:45	
February 8 to 8	Sat at 09:00, 17:45	

Skiing		
Alpine Snowsports Aldershot		
Recreational Ski Practice - Aldershot		
January 2 to 3	Thu at 10:00, Fri at 13:00	
January 6 to February 14	Mon, Fri at 13:00, Tue, Thu at 10:00, Wed at 12:30	
Junior Ski Club - Level 1 Ski Lesson - with Alpine sports - Aldershot		
January 4 to February 8	Sat at 09:30	
Junior Ski Club - Level 4 with Alpine sports - Aldershot		
January 4 to February 8	Sat at 09:45	
Junior Ski Club - Level 2 skiing lessons with Alpine sports - Aldershot		
January 4 to February 8	Sat at 10:45	
Junior Ski Club - Level 5 with Alpine sports - Aldershot		
January 4 to February 8	Sat at 11:00	
Junior Ski Club - Level 3 ski lessons with Alpine sports - Aldershot		
January 4 to February 8	Sat at 12:00	
Junior Ski Club - Level 6 with Alpine sports - Aldershot		
January 4 to February 8	Sat at 12:15	

Softplay		
Jump in Trampoline park by air hop - Camberley		
Jump in Trampoline park & Softplay- Camberley		
January 2 to 5	Thu at 12:00, Fri, Sat, Sun at 10:00	
January 6 to February 2	Mon, Thu, Fri at 12:00, Wed at 12:00, 15:00, Sat, Sun at 10:00	
February 3 to 9	Mon, Wed, Thu, Fri at 12:00, Tue at 15:00, Sat, Sun at 10:00	
February 10 to 14	Mon, Wed, Thu, Fri at 12:00, Tue at 15:00	
Places Leisure Camberley		
Softplay at Places Leisure - Camberley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:00, Sat at 08:30	
January 6 to February 9	Mon, Tue, Wed, Thu, Fri, Sat at 09:00, Sat at 08:30	
February 10 to 14	Weekdays at 09:00	

Swimming		
Places Leisure Camberley		
Family fun in the pool at Places Leisure - Camberley		
January 2 to 5	Thu, Sun at 11:00, 14:00, 16:00	
January 12 to February 9	Sun at 11:00, 14:00, 16:00	
SEN Swim at Places Leisure - Camberley		
January 6 to February 10	Mon at 12:15	
Primary swimming lessons Places Leisure- Camberley		
January 6 to February 8	Weekdays at 16:00, Sat at 08:00	
February 10 to 14	Weekdays at 16:00	
Puddle Ducks North Hampshire & Reading		
Swim Academy level 1 swimming lessons Puddleducks - Basingstoke		
January 9 to February 13	Thu at 16:00, 16:30, 17:30	
Swim Academy level 2 swimming lessons Puddleducks - Basingstoke		
January 9 to February 13	Thu at 17:00	
Yateleys Health and fitness		
Rushmoor Youth Swimming for children in uniformed groups- Yateley		
January 7 to February 11	Tue at 18:30	

Tennis		
Cove Green recreation ground and play area - Tennis courts		
Free Tennis courts - Cove Green - Farnborough		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 07:00	
January 6 to February 9	Every day at 07:00	
February 10 to 14	Weekdays at 07:00	
Farnborough Tennis Club		
FTC Tennis Coaching yr1-5 -		
January 6 to February 10	Mon at 16:30	
FTC Tennis Coaching yr2-4 -		
January 8 to February 12	Wed at 17:00	
FTC Tennis Coaching yr1-4 -		
January 11 to February 8	Sat at 09:00	

Trampolining		
Jump in Trampoline park by air hop - Camberley		
After dark Trampoline disco at Jump in Trampoline park - Camberley		
January 3 to February 8	Fri, Sat at 18:00	
February 14	Fri at 18:00	
Afterschool Unlimited Jump & Open Jump at Go jump in Trampoline park - Camberley		
January 6 to February 13	Mon, Tue, Wed, Thu at 15:00	

Walks		
National Trust - Winkworth Arboretum		
Guided walks at Winkworth Arboretum		
January 8	Wed at 14:00	
January 31	Fri at 11:00	
February 12	Wed at 14:00	

Watersports		
Mothers who get out for Adventure		
Mums Kayak & Paddleboard - Hawley Lake		
January 28	Tue at 10:00	



Attraction
Edenbrook Country Park Bike Park and Pump Track - Fleet January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Farnborough activities Pump Track, playground and outdoor gym - Farnborough January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Fleet pond Fleet-Pond Nature reserve January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Frimley Lodge Park Pitch and Putt crazy golf - Frimley January 2 to 5 Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Every day at 09:30 February 10 to 14 Weekdays at 09:30

Climbing
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15
Junior Gym for 11-15yrs at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 15:30, 16:30, Sat, Sun at 10:00, 14:30 January 6 to February 9 Weekdays at 15:30, 16:30, Sat, Sun at 10:00, 14:30 February 10 to 14 Weekdays at 15:30, 16:30
Climbing Courses for 7-16yrs at Places Leisure - Camberley January 1 to February 12 Wed at 16:30, 18:00

Cycling
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Places Leisure Camberley Junior group cycle for 11-15yrs at Places Leisure - Camberley January 5 to February 9 Sun at 10:45

Donutting
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30

Gym
Places Leisure Camberley Junior Gym for 11-15yrs at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 15:30, 16:30, Sat, Sun at 10:00, 14:30 January 6 to February 9 Weekdays at 15:30, 16:30, Sat, Sun at 10:00, 14:30 February 10 to 14 Weekdays at 15:30, 16:30

Gymnastics
Frogmore Leisure Centre - Yateley Gymnastics Lessons for 4-15yrs at Frogmore Leisure- Yateley January 3 to February 14 Fri at 17:00, 18:00
Places Leisure Camberley Primary Gymnastics Lessons at Places Leisure - Camberley January 4 to February 8 Sat at 09:00

Holidaycamps
Alpine Snowsports Aldershot Advance Ski Camp with Alpine sports - Aldershot January 2 Thu at 09:00
Intermediate Ski Camp with Alpine sports - Aldershot January 2 Thu at 09:00
Snowboard Beginner Camp with Alpine sports - Aldershot January 2 Thu at 09:00

Kayaking
Mothers who get out for Adventure Mums Kayak & Paddleboard - Hawley Lake January 28 Tue at 10:00

Multisport
Alpine Snowsports Aldershot after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30
Playball 6-8yrs- Lightwater January 6 to February 10 Mon at 16:15
6-8yrs - Camberley January 7 to February 14 Tue, Thu, Fri at 16:30
5-9yrs- Lightwater January 8 to February 12 Wed at 16:30
7-10yrs - Camberley January 9 to February 13 Thu at 16:30

Other
Alton Events Junior and Teen indoor Bowls - Alton January 8 to February 12 Wed at 16:30
Frogmore Leisure Centre - Yateley Astro 3g Football or hockey court hire at Frogmore Leisure- Yateley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:00 January 6 to February 9 Every day at 09:00 February 10 to 14 Weekdays at 09:00

Outdoorlearning
Pedal Heaven - Kids - Yateley Childrens Cycling club - Yateley January 5 to February 9 Sun at 09:30

Paddleboards
Mothers who get out for Adventure Mums Kayak & Paddleboard - Hawley Lake January 28 Tue at 10:00

Party Ideas
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30
Frogmore Leisure Centre - Yateley Party slots Football, bouncy castle, Softplay and Multisports at Frogmore Leisure- Yateley January 4 to February 9 Sat, Sun at 11:00
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00

MPsk8 Roller skate and Roller hockey Roller Disco Party slots - Alton January 4 Sat at 16:00 January 7 to February 8 Tue, Sat at 16:00 February 11 Tue at 16:00
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15
Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15
Football party at Places Leisure - Camberley January 4 to February 9 Sat, Sun at 13:15
Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45
Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45
Playball Parties January 4 to February 9 Sat, Sun at 09:00

Running
Aldershot Events Junior Park run for 4-14yrs - Aldershot January 5 to February 9 Sun at 08:50
Basingstoke events Junior Park run for 4-10yrs - Basingstoke January 5 to February 9 Sun at 08:50
Bordon Events Junior Park run for 4-14yrs - Bordon January 5 to February 9 Sun at 08:50
Bracknell events Junior Park run for 4-14yrs - Bracknell January 5 to February 9 Sun at 08:50
Guildford events Junior Park run for 4-14yrs - guildford January 5 to February 9 Sun at 08:50
Woking events Junior Park run for 4-14yrs - Woking January 5 to February 9 Sun at 08:50

SEND
Alice Holt Forest Inclusive cycling at Alice holt - Farnham January 2 to February 13 Thu at 09:30
Alpine Snowsports Aldershot Inclusive Donutting - Aldershot January 8 to February 12 Wed at 16:30
Fleet events PAN-DISABILITY FOOTBALL - Fleet January 9 to February 13 Thu at 18:00
Geocaching - UK wide Geocaching Free treasure hunts January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Places Leisure Camberley SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15

Skating
MPsk8 Roller skate and Roller hockey Roller Disco - Alton January 4 Sat at 13:30 February 1 Sat at 13:30
Roller skating learn to skate - Alton January 7 to February 11 Tue at 17:45, 19:00
Places Leisure Camberley Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15
Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45
Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45

Skiing
Alpine Snowsports Aldershot Recreational Ski Practice - Aldershot January 2 to 3 Thu at 10:00, Fri at 13:00 January 6 to February 14 Mon, Fri at 13:00, Tue, Thu at 10:00, Wed at 12:30
Junior Ski Club - Level 1 Ski Lesson - with Alpine sports - Aldershot January 4 to February 8 Sat at 09:30
Junior Ski Club - Level 4 with Alpine sports - Aldershot January 4 to February 8 Sat at 09:45
Junior Ski Club - Level 2 skiing lessons with Alpine sports - Aldershot January 4 to February 8 Sat at 10:45
Junior Ski Club - Level 5 with Alpine sports - Aldershot January 4 to February 8 Sat at 11:00
Junior Ski Club - Level 3 ski lessons with Alpine sports - Aldershot January 4 to February 8 Sat at 12:00
Junior Ski Club - Level 6 with Alpine sports - Aldershot January 4 to February 8 Sat at 12:15
Junior Ski Tips - Aldershot January 4 to February 8 Sat at 16:30

Softplay
Jump in Trampoline park by air hop - Camberley Jump in Trampoline park & Softplay- Camberley January 2 to 5 Thu at 12:00, Fri, Sat, Sun at 10:00 January 6 to February 2 Mon, Thu, Fri at 12:00, Wed at 12:00, 15:00, Sat, Sun at 10:00 February 3 to 9 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00, Sat, Sun at 10:00 February 10 to 14 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00
Places Leisure Camberley Softplay at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat at 09:00, Sat at 08:30 January 6 to February 9 Mon, Tue, Wed, Thu, Fri, Sat at 09:00, Sat at 08:30 February 10 to 14 Weekdays at 09:00

Swimming
Places Leisure Camberley Lane Swim at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 06:00, Sat at 07:00, Sun at 11:15 January 6 to February 9 Weekdays at 06:00, Sat at 07:00, Sun at 11:15 February 10 to 14 Weekdays at 06:00
Family fun in the pool at Places Leisure - Camberley January 2 to 5 Thu, Sun at 11:00, 14:00, 16:00 January 12 to February 9 Sun at 11:00, 14:00, 16:00
SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15
Primary swimming lessons Places Leisure- Camberley January 6 to February 8 Weekdays at 16:00, Sat at 08:00 February 10 to 14 Weekdays at 16:00
Puddle Ducks North Hampshire & Reading Swim Academy level 1 swimming lessons Puddleducks - Basingstoke January 9 to February 13 Thu at 16:00, 16:30, 17:30
Swim Academy level 2 swimming lessons Puddleducks - Basingstoke January 9 to February 13 Thu at 17:00
Yateleys Health and fitness Rushmoor Youth Swimming for children in uniformed groups- Yateley January 7 to February 11 Tue at 18:30

Tennis
Cove Green recreation ground and play area - Tennis courts Free Tennis courts - Cove Green - Farnborough January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Farnborough Tennis Club FTC Tennis Coaching yr1-5 - January 6 to February 10 Mon at 16:30
FTC Tennis Coaching yr2-4 - January 8 to February 12 Wed at 17:00
FTC Tennis Coaching yr6-8 - January 9 to February 13 Thu at 17:00
FTC Tennis Coaching yr1-4 - January 11 to February 8 Sat at 09:00
FTC Tennis Coaching yr5-9 - January 11 to February 8 Sat at 10:00

Trampolining
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00
Afterschool Unlimited Jump & Open Jump at Go jump in Trampoline park - Camberley January 6 to February 13 Mon, Tue, Wed, Thu at 15:00

Walks
National Trust - Winkworth Arboretum Guided walks at Winkworth Arboretum January 8 Wed at 14:00 January 31 Fri at 11:00 February 12 Wed at 14:00

Watersports
Mothers who get out for Adventure Mums Kayak & Paddleboard - Hawley Lake January 28 Tue at 10:00



Attraction
Edenbrook Country Park Bike Park and Pump Track - Fleet January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Farnborough activities Pump Track, playground and outdoor gym - Farnborough January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Fleet pond Fleet-Pond Nature reserve January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Frimley Lodge Park Pitch and Putt crazy golf - Frimley January 2 to 5 Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Every day at 09:30 February 10 to 14 Weekdays at 09:30

Climbing
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15
Junior Gym for 11-15yrs at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 15:30, 16:30, Sat, Sun at 10:00, 14:30 January 6 to February 9 Weekdays at 15:30, 16:30, Sat, Sun at 10:00, 14:30 February 10 to 14 Weekdays at 15:30, 16:30
Climbing Courses for 7-16yrs at Places Leisure - Camberley January 1 to February 12 Wed at 16:30, 18:00

Cycling
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Places Leisure Camberley Junior group cycle for 11-15yrs at Places Leisure - Camberley January 5 to February 9 Sun at 10:45

Donutting
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30

Fitnessclass
Frogmore Leisure Centre - Yateley Junior gym supervised sessions for 11-13yrs at Frogmore Leisure- Yateley January 2 to 3 Thu, Fri at 10:00, 15:00 January 6 to February 14 Weekdays at 10:00, 15:00
Adult and Juniors Group PT sessions at Frogmore Leisure- Yateley January 5 to February 9 Sun at 12:00

Gym
Places Leisure Camberley Junior Gym for 11-15yrs at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 15:30, 16:30, Sat, Sun at 10:00, 14:30 January 6 to February 9 Weekdays at 15:30, 16:30, Sat, Sun at 10:00, 14:30 February 10 to 14 Weekdays at 15:30, 16:30

Gymnastics
Frogmore Leisure Centre - Yateley Gymnastics Lessons for 4-15yrs at Frogmore Leisure- Yateley January 3 to February 14 Fri at 17:00, 18:00
Places Leisure Camberley Primary Gymnastics Lessons at Places Leisure - Camberley January 4 to February 8 Sat at 09:00

Holidaycamps
Alpine Snowsports Aldershot Advance Ski Camp with Alpine sports - Aldershot January 2 Thu at 09:00
Intermediate Ski Camp with Alpine sports - Aldershot January 2 Thu at 09:00
Snowboard Beginner Camp with Alpine sports - Aldershot January 2 Thu at 09:00

Multisport
Alpine Snowsports Aldershot after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30

Other
Alton Events Junior and Teen indoor Bowls - Alton January 8 to February 12 Wed at 16:30
Frogmore Leisure Centre - Yateley Astro 3g Football or hockey court hire at Frogmore Leisure- Yateley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:00 January 6 to February 9 Every day at 09:00 February 10 to 14 Weekdays at 09:00

Outdoorlearning
Pedal Heaven - Kids - Yateley Childrens Cycling club - Yateley January 5 to February 9 Sun at 09:30

Party Ideas
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30
Frogmore Leisure Centre - Yateley Party slots Football, bouncy castle, Softplay and Multisports at Frogmore Leisure- Yateley January 4 to February 9 Sat, Sun at 11:00

GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00
MPsk8 Roller skate and Roller hockey Roller Disco Party slots - Alton January 4 Sat at 16:00 January 7 to February 8 Tue, Sat at 16:00 February 11 Tue at 16:00
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15
Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15
Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45
Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45

Running
Aldershot Events Park run - Aldershot January 4 to February 8 Sat at 08:50
Junior Park run for 4-14yrs - Aldershot January 5 to February 9 Sun at 08:50
Bordon Events Park run - Bordon January 4 to February 8 Sat at 08:50
Junior Park run for 4-14yrs - Bordon January 5 to February 9 Sun at 08:50
Bracknell events Park run - Bracknell January 4 to February 8 Sat at 08:50
Junior Park run for 4-14yrs - Bracknell January 5 to February 9 Sun at 08:50
Frimley Events Park run - Frimley January 4 to February 8 Sat at 08:50
Guildford events Park run - Guildford January 4 to February 8 Sat at 08:50
Junior Park run for 4-14yrs - guildford January 5 to February 9 Sun at 08:50
Sandhurst events Park run - Sandhurst January 4 to February 8 Sat at 08:50
Woking events Park run - Woking January 4 to February 8 Sat at 08:50
Junior Park run for 4-14yrs - Woking January 5 to February 9 Sun at 08:50

SEND
Alice Holt Forest Inclusive cycling at Alice holt - Farnham January 2 to February 13 Thu at 09:30
Alpine Snowsports Aldershot Inclusive Donutting - Aldershot January 8 to February 12 Wed at 16:30
Fleet events PAN-DISABILITY FOOTBALL - Fleet January 9 to February 13 Thu at 18:00
Geocaching - UK wide Geocaching Free treasure hunts January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Places Leisure Camberley SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15

Skating
MPsk8 Roller skate and Roller hockey Roller Disco - Alton January 4 Sat at 13:30 February 1 Sat at 13:30
Roller skating learn to skate - Alton January 7 to February 11 Tue at 17:45, 19:00
Places Leisure Camberley Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15
Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45
Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45

Skiing
Alpine Snowsports Aldershot Recreational Ski Practice - Aldershot January 2 to 3 Thu at 10:00, Fri at 13:00 January 6 to February 14 Mon, Fri at 13:00, Tue, Thu at 10:00, Wed at 12:30
Junior Ski Tips - Aldershot January 4 to February 8 Sat at 16:30

Softplay
Jump in Trampoline park by air hop - Camberley Jump in Trampoline park & Softplay- Camberley January 2 to 5 Thu at 12:00, Fri, Sat, Sun at 10:00 January 6 to February 2 Mon, Thu, Fri at 12:00, Wed at 12:00, 15:00, Sat, Sun at 10:00 February 3 to 9 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00, Sat, Sun at 10:00 February 10 to 14 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00

Swimming
Places Leisure Camberley Lane Swim at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 06:00, Sat at 07:00, Sun at 11:15 January 6 to February 9 Weekdays at 06:00, Sat at 07:00, Sun at 11:15 February 10 to 14 Weekdays at 06:00
Family fun in the pool at Places Leisure - Camberley January 2 to 5 Thu, Sun at 11:00, 14:00, 16:00 January 12 to February 9 Sun at 11:00, 14:00, 16:00
SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15
Rookie Lifeguard swimming lessons Places Leisure- Camberley January 8 to February 12 Wed at 17:30

Tennis
Cove Green recreation ground and play area - Tennis courts Free Tennis courts - Cove Green - Farnborough January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Farnborough Tennis Club FTC Teen Tennis Coaching yr9-12 - January 6 to February 10 Mon at 17:30
FTC Tennis Coaching yr6-8 - January 9 to February 13 Thu at 17:00
FTC Teen Advanced Tennis Coaching for Under 18yr - January 10 to February 14 Fri at 17:30
FTC Tennis Coaching yr5-9 - January 11 to February 8 Sat at 10:00

Trampolining
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00
Afterschool Unlimited Jump & Open Jump at Go jump in Trampoline park - Camberley January 6 to February 13 Mon, Tue, Wed, Thu at 15:00

Walks
National Trust - Winkworth Arboretum Guided walks at Winkworth Arboretum January 8 Wed at 14:00 January 31 Fri at 11:00 February 12 Wed at 14:00



K&4_14Yr+, Fitness Activities

Attraction
Edenbrook Country Park Bike Park and Pump Track - Fleet January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Farnborough activities Pump Track, playground and outdoor gym - Farnborough January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Fleet pond Fleet-Pond Nature reserve January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Frimley Lodge Park Pitch and Putt crazy golf - Frimley January 2 to 5 Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Every day at 09:30 February 10 to 14 Weekdays at 09:30

Climbing
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15
Junior Gym for 11-15yrs at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 15:30, 16:30, Sat, Sun at 10:00, 14:30 January 6 to February 9 Weekdays at 15:30, 16:30, Sat, Sun at 10:00, 14:30 February 10 to 14 Weekdays at 15:30, 16:30
Climbing Courses for 7-16yrs at Places Leisure - Camberley January 1 to February 12 Wed at 16:30, 18:00
Adult Climbing sessions at Places Leisure - Camberley January 2 to February 13 Thu at 18:45

Cycling
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Places Leisure Camberley Junior group cycle for 11-15yrs at Places Leisure - Camberley January 5 to February 9 Sun at 10:45

Dance
Demeric Dance school of dance- Farnham Stretch Class - Demeric Dance Farnham January 7 to February 11 Tue at 19:30

Donutting
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30

Fitnessclass
Frogmore Leisure Centre - Yateley Adult and Juniors Group PT sessions at Frogmore Leisure- Yateley January 5 to February 9 Sun at 12:00

Gym
Frogmore Leisure Centre - Yateley Junior gym sessions for 14-15yrs at Frogmore Leisure- Yateley January 2 to 5 Thu, Fri at 10:00, 15:00, Sat, Sun at 07:00 January 6 to February 9 Weekdays at 10:00, 15:00, Sat, Sun at 07:00 February 10 to 14 Weekdays at 10:00, 15:00
Places Leisure Camberley Junior Gym for 11-15yrs at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 15:30, 16:30, Sat, Sun at 10:00, 14:30 January 6 to February 9 Weekdays at 15:30, 16:30, Sat, Sun at 10:00, 14:30 February 10 to 14 Weekdays at 15:30, 16:30

From 01 January 2025 to 14 February 2025
Event dates and times are subject to change without our knowledge

Gymnastics
Frogmore Leisure Centre - Yateley Gymnastics Lessons for 4-15yrs at Frogmore Leisure- Yateley January 3 to February 14 Fri at 17:00, 18:00

Holidaycamps
Alpine Snowsports Aldershot Advance Ski Camp with Alpine sports - Aldershot January 2 Thu at 09:00
Intermediate Ski Camp with Alpine sports - Aldershot January 2 Thu at 09:00
Snowboard Beginner Camp with Alpine sports - Aldershot January 2 Thu at 09:00

Multisport
Alpine Snowsports Aldershot after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30

Other
Alton Events Junior and Teen indoor Bowls - Alton January 8 to February 12 Wed at 16:30
Frogmore Leisure Centre - Yateley Astro 3g Football or hockey court hire at Frogmore Leisure- Yateley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:00 January 6 to February 9 Every day at 09:00 February 10 to 14 Weekdays at 09:00

Outdoorlearning
Pedal Heaven - Kids - Yateley Childrens Cycling club - Yateley January 5 to February 9 Sun at 09:30

Party Ideas
Alpine Snowsports Aldershot Donutting with Alpine sports - Aldershot January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 11 to February 9 Sat, Sun at 10:00
after school Donutting with Alpine sports - Aldershot January 7 to February 13 Tue, Thu at 16:30

GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham January 2 to 5 Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00

Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00
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MPsk8 Roller skate and Roller hockey Roller Disco Party slots - Alton January 4 Sat at 16:00 January 7 to February 8 Tue, Sat at 16:00 February 11 Tue at 16:00

Places Leisure Camberley Clip and Climb at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri, Sat, Sun at 09:30 January 6 to February 9 Weekdays at 16:15, Sat, Sun at 09:30 February 10 to 14 Weekdays at 16:15
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Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15

Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45

Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45
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Running
Aldershot Events Park run - Aldershot January 4 to February 8 Sat at 08:50
Bordon Events Park run - Bordon January 4 to February 8 Sat at 08:50
Bracknell events Park run - Bracknell January 4 to February 8 Sat at 08:50
Frimley Events Park run - Frimley January 4 to February 8 Sat at 08:50
Guildford events Park run - Guildford January 4 to February 8 Sat at 08:50
Sandhurst events Park run - Sandhurst January 4 to February 8 Sat at 08:50
Woking events Park run - Woking January 4 to February 8 Sat at 08:50

SEND
Aldershot Events Sightloss Soccer - Aldershot January 6 Mon at 17:30 February 3 Mon at 17:30
Alice Holt Forest Inclusive cycling at Alice holt - Farnham January 2 to February 13 Thu at 09:30
Alpine Snowsports Aldershot Inclusive Donutting - Aldershot January 8 to February 12 Wed at 16:30
Fleet events PAN-DISABILITY FOOTBALL - Fleet January 9 to February 13 Thu at 18:00
Geocaching - UK wide Geocaching Free treasure hunts January 1 to 5 Wed, Thu, Fri, Sat, Sun at 10:00 January 6 to February 9 Every day at 10:00 February 10 to 14 Weekdays at 10:00
Places Leisure Camberley SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15

Skating
MPsk8 Roller skate and Roller hockey Roller Disco - Alton January 4 Sat at 13:30 February 1 Sat at 13:30
Roller skating learn to skate - Alton January 7 to February 11 Tue at 17:45, 19:00
Places Leisure Camberley Instructor Led Roller Skating at Places Leisure - Camberley January 4 to February 8 Sat at 09:15
Supervised Roller Disco at Places Leisure - Camberley January 4 Sat at 17:45 February 1 Sat at 17:45
Roller Skating at Places Leisure - Camberley January 11 to 25 Sat at 09:00, 17:45 February 8 to 8 Sat at 09:00, 17:45

Skiing
Alpine Snowsports Aldershot Recreational Ski Practice - Aldershot January 2 to 3 Thu at 10:00, Fri at 13:00 January 6 to February 14 Mon, Fri at 13:00, Tue, Thu at 10:00, Wed at 12:30
Junior Ski Tips - Aldershot January 4 to February 8 Sat at 16:30

Softplay
Jump in Trampoline park by air hop - Camberley Jump in Trampoline park & Softplay- Camberley January 2 to 5 Thu at 12:00, Fri, Sat, Sun at 10:00 January 6 to February 2 Mon, Thu, Fri at 12:00, Wed at 12:00, 15:00, Sat, Sun at 10:00 February 3 to 9 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00, Sat, Sun at 10:00 February 10 to 14 Mon, Wed, Thu, Fri at 12:00, Tue at 15:00

Swimming
Places Leisure Camberley Lane Swim at Places Leisure - Camberley January 1 to 5 Wed, Thu, Fri at 06:00, Sat at 07:00, Sun at 11:15 January 6 to February 9 Weekdays at 06:00, Sat at 07:00, Sun at 11:15 February 10 to 14 Weekdays at 06:00
Family fun in the pool at Places Leisure - Camberley January 2 to 5 Thu, Sun at 11:00, 14:00, 16:00 January 12 to February 9 Sun at 11:00, 14:00, 16:00
SEN Swim at Places Leisure - Camberley January 6 to February 10 Mon at 12:15
Rookie Lifeguard swimming lessons Places Leisure- Camberley January 8 to February 12 Wed at 17:30
Yateleys Health and fitness Rushmoor Youth Swimming for children in uniformed groups- Yateley January 7 to February 11 Tue at 18:30

Tabletennis
St Peters Church - Yateley Youth Table Tennis - Yateley January 7 to February 11 Tue at 14:00

Tennis
Cove Green recreation ground and play area - Tennis courts Free Tennis courts - Cove Green - Farnborough January 1 to 5 Wed, Thu, Fri, Sat, Sun at 07:00 January 6 to February 9 Every day at 07:00 February 10 to 14 Weekdays at 07:00
Farnborough Tennis Club FTC Teen Tennis Coaching yr9-12 - January 6 to February 10 Mon at 17:30
FTC Teen Advanced Tennis Coaching for Under 18yr - January 10 to February 14 Fri at 17:30
FTC Tennis Coaching yr10-13 - January 11 to February 8 Sat at 11:00

Trampolining
Jump in Trampoline park by air hop - Camberley After dark Trampoline disco at Jump in Trampoline park - Camberley January 3 to February 8 Fri, Sat at 18:00 February 14 Fri at 18:00
Afterschool Unlimited Jump & Open Jump at Go jump in Trampoline park - Camberley January 6 to February 13 Mon, Tue, Wed, Thu at 15:00

Walks
National Trust - Winkworth Arboretum Guided walks at Winkworth Arboretum January 8 Wed at 14:00 January 31 Fri at 11:00 February 12 Wed at 14:00



AEROBICS		
Places Leisure Camberley		
Low impact workout for Seniors 50yr+ at Places Leisure - Camberley		
January 1 to 2	Wed at 11:45, Thu at 10:45	
January 7 to February 13	Tue at 11:15, Wed at 11:45, Thu at 10:45	

ANTENATAL		
Jane the Doula		
Pregnancy Yoga Classes with - Fleet		
January 9 to February 13	Thu at 18:30	
YogaBellies Farnborough Fleet and Camberley		
Yogabellies for Pregnancy - Fleet		
January 7 to February 10	Tue at 18:30	
Yogabellies for Pregnancy - Farnborough		
January 8 to February 12	Wed at 18:30	

ATTRACTION		
Edenbrook Country Park		
Bike Park and Pump Track - Fleet		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 07:00	
January 6 to February 9	Every day at 07:00	
February 10 to 14	Weekdays at 07:00	
Farnborough activities		
Pump Track, playground and outdoor gym - Farnborough		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 07:00	
January 6 to February 9	Every day at 07:00	
February 10 to 14	Weekdays at 07:00	
Fleet pond		
Fleet-Pond Nature reserve		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 07:00	
January 6 to February 9	Every day at 07:00	
February 10 to 14	Weekdays at 07:00	
Frimley Lodge Park		
Pitch and Putt crazy golf - Frimley		
January 2 to 5	Thu, Fri, Sat, Sun at 09:30	
January 6 to February 9	Every day at 09:30	
February 10 to 14	Weekdays at 09:30	

BADMINTON		
Farnborough activities		
Badminton for fitness - Farnborough		
January 6 to February 10	Mon at 19:00	
Frogmore Leisure Centre - Yateley		
Table Tennis and badminton at Frogmore Leisure- Yateley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 08:00	
January 6 to February 9	Every day at 08:00	
February 10 to 14	Weekdays at 08:00	
Forever Fitness session for over 50yrs at Frogmore Leisure- Yateley		
January 2 to February 13	Thu at 11:15	
Senior Multisports session for over 50yrs at Frogmore Leisure- Yateley		
January 2 to February 14	Thu at 15:00, Fri at 13:00	
No strings Badminton session at Frogmore Leisure- Yateley		
January 2	Thu at 17:00	
January 6 to February 13	Mon at 18:00, Thu at 17:00	
Places Leisure Camberley		
Social Badminton for Seniors 50yr+ at Places Leisure - Camberley		
January 2 to 3	Thu at 11:15, 12:15, 13:15, Fri at 10:15	
January 7 to 14	Tue at 11:15, 12:15, 13:15, 14:15, Thu at 11:15, 12:15, 13:15, Fri at 10:15	
Social Badminton at Places Leisure - Camberley		
January 3	Fri at 20:15	
January 7 to February 14	Tue, Fri at 20:15	
Ladies Social Badminton at Places Leisure - Camberley		
January 8 to February 12	Wed at 10:15	

CLIMBING		
Places Leisure Camberley		
Clip and Climb at Places Leisure - Camberley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:30	
January 6 to February 9	Weekdays at 16:15, Sat, Sun at 09:30	
February 10 to 14	Weekdays at 16:15	
Adult Climbing sessions at Places Leisure - Camberley		
January 2 to February 13	Thu at 18:45	

CYCLING		
Frogmore Leisure Centre - Yateley		
Group Cycle session at Frogmore Leisure- Yateley		
January 2 to 5	Thu at 18:15, Sun at 08:15, 18:45	
January 7 to February 9	Tue, Thu at 18:15, Sun at 08:15, 18:45	
February 11 to 13	Tue, Thu at 18:15	
GO APE Adventure - Alice holt Farnham		
Go Ape Forest Biking. - Farnham		
January 2 to 5	Thu, Fri, Sat, Sun at 10:00	
January 6 to February 9	Every day at 10:00	
February 10 to 14	Weekdays at 10:00	
Places Leisure Camberley		
Ladies only group cycle at Places Leisure - Camberley		
January 1 to 5	Wed, Thu, Fri at 09:45, 18:15, 19:30, Sat at 09:30, Sun at 09:45	
January 6 to 9	Weekdays at 09:45, 18:15, 19:30, Sat at 09:30, Sun at 09:45	
February 10 to 14	Weekdays at 09:45, 18:15, 19:30	
Ladies only group cycle at Places Leisure - Camberley		
January 6 to February 10	Mon at 10:45	
Ladies only group cycle at Places Leisure - Camberley		
January 6 to February 10	Mon at 10:45	

DANCE		
Demeric Dance school of dance- Farnham		
Stretch Class - Demeric Dance Farnham		
January 7 to February 11	Tue at 19:30	
Adult Fitness - Demeric Dance - Farnham		
January 8 to February 12	Wed at 10:45	
Frogmore Leisure Centre - Yateley		
Zumba at Frogmore Leisure- Yateley		
January 2 to February 14	Thu at 18:00, Fri at 10:30	
Dance Fitness session at Frogmore Leisure- Yateley		
January 6 to February 10	Mon at 09:30	
Hook Eagle Morris Men		
Hook Morris All welcome Practise sessions - Hook		
January 3 to February 14	Fri at 20:00	
Places Leisure Camberley		
Zumba at Places Leisure - Camberley		
January 1 to 4	Wed at 07:00, Fri at 10:00, Sat at 20:00	
January 7 to February 8	Tue at 09:30, Wed at 07:00, Fri at 10:00, Sat at 20:00	
February 11 to 14	Tue at 09:30, Wed at 07:00, Fri at 10:00	
Aqua Zumba at Places Leisure - Camberley		
January 6 to February 10	Mon at 20:05	

DONUTTING		
Alpine Snowsports Aldershot		
Donutting with Alpine sports - Aldershot		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 10:00	
January 11 to February 9	Sat, Sun at 10:00	
after school Donutting with Alpine sports - Aldershot		
January 7 to February 13	Tue, Thu at 16:30	

FITNESSCLASS		
Aldershot Library		
Seated fitness at Aldershot Library		
January 13 to February 10	Mon at 14:35	
Farnborough Library		
Gentle fitness at		
January 16 to February 13	Thu at 13:30	
Frogmore Leisure Centre - Yateley		
LES MILLS BODY Combat session at Frogmore Leisure- Yateley		
January 1 to 5	Wed at 09:15, Fri at 17:30, Sun at 10:15	
January 7 to February 9	Tue at 19:15, Wed at 09:15, Fri at 17:30, Sun at 10:15	
February 11 to 14	Tue at 19:15, Wed at 09:15, Fri at 17:30	
LES MILLS BODY Balance session at Frogmore Leisure- Yateley		
January 1 to 5	Wed at 10:30, 19:15, Sat at 09:00, 10:00, Sun at 11:00	
January 7 to 9	Tue at 09:15, Wed at 10:30, 19:15, Sat at 09:00, 10:00, Sun at 11:00	
February 11 to 12	Tue at 09:15, Wed at 10:30, 19:15	
LES MILLS BODY Pump session at Frogmore Leisure- Yateley		
January 1 to 5	Wed at 18:00, Fri at 09:30, Sun at 09:15	
January 6 to 9	Mon at 17:45, Tue at 10:00, 18:15, Wed at 18:00, Fri at 09:30, Sun at 09:15	
February 10 to 14	Mon at 17:45, Tue at 10:00, 18:15, Wed at 18:00, Fri at 09:30	
KETTLEBELLS Training session at Frogmore Leisure- Yateley		
January 1 to February 12	Wed at 19:00	
High Intensity Interval Training session HIIT at Frogmore Leisure- Yateley		
January 2 to February 13	Thu at 09:15	
Forever Fitness session for over 50yrs at Frogmore Leisure- Yateley		
January 2 to February 13	Thu at 11:15	
Senior Multisports session for over 50yrs at Frogmore Leisure- Yateley		
January 2 to February 14	Thu at 15:00, Fri at 13:00	
Group Cycle session at Frogmore Leisure- Yateley		
January 2 to 5	Thu at 18:15, Sun at 08:15, 18:45	
January 7 to February 9	Tue, Thu at 18:15, Sun at 08:15, 18:45	
February 11 to 13	Tue, Thu at 18:15	
LES MILLS BODY ATTACK session at Frogmore Leisure- Yateley		
January 4	Sat at 09:00	
January 6 to February 8	Mon at 09:15, Sat at 09:00	
February 10	Mon at 09:15	
Adult and Juniors Group PT sessions at Frogmore Leisure- Yateley		
January 5 to February 9	Sun at 12:00	
Core Fitness session at Frogmore Leisure- Yateley		
January 7 to February 11	Tue at 20:00	
Places Leisure Camberley		
LES MILLS GRIT™ at Places Leisure - Camberley		
January 1 to 5	Wed at 06:30, Thu at 10:00, Sun at 09:00	
January 6 to February 9	Mon, Wed at 06:30, Thu at 10:00, Sun at 09:00	
February 10 to 13	Mon, Wed at 06:30, Thu at 10:00	
Body Combat at Places Leisure - Camberley		
January 1 to 4	Wed at 07:00, Thu at 10:45, Sat at 09:30	
January 7 to February 8	Tue at 10:00, Wed at 07:00, Thu at 10:45, Sat at 09:30	
February 11 to 13	Tue at 10:00, Wed at 07:00, Thu at 10:45	
Body Balance at Places Leisure - Camberley		
January 1 to 5	Wed at 10:30, 19:30, Sat, Sun at 10:45	
January 6 to 9	Mon at 11:00, 18:45, Wed at 10:30, 19:30, Thu at 07:00, 12:00, 19:30, Sat, Sun at 10:45	
February 10 to 13	Mon at 11:00, 18:45, Wed at 10:30, 19:30, Thu at 07:00, 12:00, 19:30	
LES MILLS CORE™ at Places Leisure - Camberley		
January 1 to 5	Wed at 10:45, 18:45, Sun at 09:45	
January 6 to February 9	Mon at 10:45, Wed at 10:45, 18:45, Sun at 09:45	
February 10 to 12	Mon at 10:45, Wed at 10:45, 18:45	
Low impact workout for Seniors 50yr+ at Places Leisure - Camberley		
January 1 to 2	Wed at 11:45, Thu at 10:45	
January 7 to February 13	Tue at 11:15, Wed at 11:45, Thu at 10:45	
Body Pump at Places Leisure - Camberley		
January 1 to 5	Wed at 18:00, Thu at 09:30, 13:00, 20:00, Fri at 09:30, 18:30, Sat, Sun at 10:45	
January 6 to 9	Mon at 12:00, 19:30, Tue at 06:30, 09:30, Wed at 18:00, Thu to February at 09:30, 13:00, 20:00, Fri at 09:30, 18:30, Sat, Sun at 10:45	
February 10 to 12	Mon at 12:00, 19:30, Tue at 06:30, 09:30, Wed at 18:00, Thu at 10:14 09:30, 13:00, 20:00, Fri at 09:30, 18:30	
Body Attack at Places Leisure - Camberley		
January 6 to February 11	Mon at 09:30, Tue at 19:15	

GYM		
Frogmore Leisure Centre - Yateley		
Gym sessions at Frogmore Leisure- Yateley		
January 1 to 5	Wed, Thu, Fri at 06:30, Sat, Sun at 07:00	
January 6 to February 9	Weekdays at 06:30, Sat, Sun at 07:00	
February 10 to 14	Weekdays at 06:30	
Places Leisure Camberley		
Gym at Places Leisure - Camberley		
January 1 to 5	Wed, Thu, Fri at 06:00, Sat, Sun at 07:00	
January 6 to February 9	Weekdays at 06:00, Sat, Sun at 07:00	
February 10 to 14	Weekdays at 06:00	

KAYAKING		
Mothers who get out for Adventure		
Mums Kayak & Paddleboard - Hawley Lake		
January 28	Tue at 10:00	

MULTISPORT		
Alpine Snowsports Aldershot		
after school Donutting with Alpine sports - Aldershot		
January 7 to February 13	Tue, Thu at 16:30	

OTHER		
Frogmore Leisure Centre - Yateley		
Astro 3g Football or hockey court hire at Frogmore Leisure- Yateley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:00	
January 6 to February 9	Every day at 09:00	
February 10 to 14	Weekdays at 09:00	

PADDLEBOARDS		
Mothers who get out for Adventure		
Mums Kayak & Paddleboard - Hawley Lake		
January 28	Tue at 10:00	

SKIING		
Alpine Snowsports Aldershot		
Recreational Ski Practice - Aldershot		
January 2 to 3	Thu at 10:00, Fri at 13:00	
January 6 to February 14	Mon, Fri at 13:00, Tue, Thu at 10:00, Wed at 12:30	
Junior Ski Club - Level 1 Ski Lesson - with Alpine sports - Aldershot		
January 4 to February 8	Sat at 09:30	
Ski & Tea with Alpine sports - Aldershot		
January 6 to February 12	Mon, Wed at 10:30	

SOFTPLAY		
Jump in Trampoline park by air hop - Camberley		
Jump in Trampoline park & Softplay - Camberley		
January 2 to 5	Thu at 12:00, Fri, Sat, Sun at 10:00	
January 6 to 9	Mon, Thu, Fri at 12:00, Wed at 12:00, 15:00, Sat, Sun at 10:00	
February 2	Sun at 10:00	
February 3 to 9	Mon, Wed, Thu, Fri at 12:00, Tue at 15:00, Sat, Sun at 10:00	
February 10 to 14	Mon, Wed, Thu, Fri at 12:00, Tue at 15:00	

PARTY IDEAS		
Alpine Snowsports Aldershot		
Donutting with Alpine sports - Aldershot		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 10:00	
January 11 to February 9	Sat, Sun at 10:00	
after school Donutting with Alpine sports - Aldershot		
January 7 to February 13	Tue, Thu at 16:30	
GO APE Adventure - Alice holt Farnham		
Go Ape Forest Biking. - Farnham		
January 2 to 5	Thu, Fri, Sat, Sun at 10:00	
January 6 to February 9	Every day at 10:00	
February 10 to 14	Weekdays at 10:00	
Jump in Trampoline park by air hop - Camberley		
After dark Trampoline disco at Jump in Trampoline park - Camberley		
January 3 to February 8	Fri, Sat at 18:00	
February 14	Fri at 18:00	
MPsk8 Roller skate and Roller hockey		
Roller Disco Party slots - Alton		
January 4	Sat at 16:00	
January 7 to February 8	Tue, Sat at 16:00	
February 11	Tue at 16:00	
Places Leisure Camberley		
Clip and Climb at Places Leisure - Camberley		
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:30	
January 6 to February 9	Weekdays at 16:15, Sat, Sun at 09:30	
February 10 to 14	Weekdays at 16:15	
Instructor Led Roller Skating at Places Leisure - Camberley		
January 4 to February 8	Sat at 09:15	
Supervised Roller Disco at Places Leisure - Camberley		
January 4	Sat at 17:45	
February 1	Sat at 17:45	
Roller Skating at Places Leisure - Camberley		
January 11 to 25	Sat at 09:00, 17:45	
February 8 to 8	Sat at 09:00, 17:45	

PILATES		
Frogmore Leisure Centre - Yateley		
Pilates session at Frogmore Leisure- Yateley		
January 1 to 2	Wed at 11:30, Thu at 10:15	
January 6 to February 13	Mon, Thu at 10:15, Wed at 11:30	
Places Leisure Camberley		
Pilates at Places Leisure - Camberley		
January 2 to 3	Thu at 10:30, 19:15, Fri at 07:00	
January 7 to February 14	Tue at 10:45, 19:30, Thu at 10:30, 19:15, Fri at 07:00	
Sport In Mind		
Tai Chi for mental Health- - Crowthorne		
January 10 to February 14	Fri at 12:00	
The Vanessa Golborn School of dance		
Adult Hypopressives with Vanessa Golborn school of dance - Alton		
January 3 to February 8	Fri at 17:30, Sat at 09:00	
February 14	Fri at 17:30	

Senior, Fitness Activities

AEROBICS	
Places Leisure Camberley Low impact workout for Seniors 50yr+ at Places Leisure - Camberley	
January 1 to 2	Wed at 11:45, Thu at 10:45
January 7 to February 13	Tue at 11:15, Wed at 11:45, Thu at 10:45

ATTRACTION	
Fleet pond Fleet-Pond Nature reserve	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 07:00
January 6 to February 9	Every day at 07:00
February 10 to 14	Weekdays at 07:00
Frimley Lodge Park Pitch and Putt crazy golf - Frimley	
January 2 to 5	Thu, Fri, Sat, Sun at 09:30
January 6 to February 9	Every day at 09:30
February 10 to 14	Weekdays at 09:30

BADMINTON	
Farnborough activities Badminton for fitness - Farnborough	
January 6 to February 10	Mon at 19:00
Frogmore Leisure Centre - Yateley Table Tennis and badminton at Frogmore Leisure- Yateley	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 08:00
January 6 to February 9	Every day at 08:00
February 10 to 14	Weekdays at 08:00
Forever Fitness session for over 50yrs at Frogmore Leisure- Yateley	
January 2 to February 13	Thu at 11:15
Senior Multisports session for over 50yrs at Frogmore Leisure- Yateley	
January 2 to February 14	Thu at 15:00, Fri at 13:00
No strings Badminton session at Frogmore Leisure- Yateley	
January 2	Thu at 17:00
January 6 to February 13	Mon at 18:00, Thu at 17:00
Places Leisure Camberley Social Badminton for Seniors 50yr+ at Places Leisure - Camberley	
January 2 to 3	Thu at 11:15, 12:15, 13:15, Fri at 10:15
January 7 to 14	Tue at 11:15, 12:15, 13:15, 14:15, Thu at 11:15, 12:15, 13:15, Fri at 10:15
Social Badminton at Places Leisure - Camberley	
January 3	Fri at 20:15
January 7 to February 14	Tue, Fri at 20:15
Ladies Social Badminton at Places Leisure - Camberley	
January 8 to February 12	Wed at 10:15

CLIMBING	
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:30
January 6 to February 9	Weekdays at 16:15, Sat, Sun at 09:30
February 10 to 14	Weekdays at 16:15
Adult Climbing sessions at Places Leisure - Camberley	
January 2 to February 13	Thu at 18:45

CYCLING	
Frogmore Leisure Centre - Yateley Group Cycle session at Frogmore Leisure- Yateley	
January 2 to 5	Thu at 18:15, Sun at 08:15, 18:45
January 7 to February 9	Tue, Thu at 18:15, Sun at 08:15, 18:45
February 11 to 13	Tue, Thu at 18:15
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham	
January 2 to 5	Thu, Fri, Sat, Sun at 10:00
January 6 to February 9	Every day at 10:00
February 10 to 14	Weekdays at 10:00
Places Leisure Camberley Ladies only group cycle at Places Leisure - Camberley	
January 1 to 5	Wed, Thu, Fri at 09:45, 18:15, 19:30, Sat at 09:30, Sun at 09:45
January 6 to 9	Weekdays at 09:45, 18:15, 19:30, Sat at 09:30, Sun at 09:45
February 10 to 14	Weekdays at 09:45, 18:15, 19:30
Ladies only group cycle at Places Leisure - Camberley	
January 6 to February 10	Mon at 10:45
Ladies only group cycle at Places Leisure - Camberley	
January 6 to February 10	Mon at 10:45

DANCE	
Demeric Dance school of dance- Farnham Stretch Class - Demeric Dance Farnham	
January 7 to February 11	Tue at 19:30
Adult Fitness - Demeric Dance - Farnham	
January 8 to February 12	Wed at 10:45
Frogmore Leisure Centre - Yateley Zumba at Frogmore Leisure- Yateley	
January 2 to February 14	Thu at 18:00, Fri at 10:30
Dance Fitness session at Frogmore Leisure- Yateley	
January 6 to February 10	Mon at 09:30
Hook Eagle Morris Men Hook Morris All welcome Practise sessions - Hook	
January 3 to February 14	Fri at 20:00
Places Leisure Camberley Zumba at Places Leisure - Camberley	
January 1 to 4	Wed at 07:00, Fri at 10:00, Sat at 20:00
January 7 to February 8	Tue at 09:30, Wed at 07:00, Fri at 10:00, Sat at 20:00
February 11 to 14	Tue at 09:30, Wed at 07:00, Fri at 10:00
Aqua Zumba at Places Leisure - Camberley	
January 6 to February 10	Mon at 20:05

FITNESSCLASS	
Aldershot Library Seated fitness at Aldershot Library	
January 13 to February 10	Mon at 14:35
Farnborough Library Gentle fitness at	
January 16 to February 13	Thu at 13:30
Frogmore Leisure Centre - Yateley LES MILLS BODY Balance session at Frogmore Leisure- Yateley	
January 1 to 5	Wed at 10:30, 19:15, Sat at 09:00, 10:00, Sun at 11:00
January 7 to 9	Tue at 09:15, Wed at 10:30, 19:15, Sat at 09:00, 10:00, Sun at 11:00
February 11 to 12	Tue at 09:15, Wed at 10:30, 19:15
Forever Fitness session for over 50yrs at Frogmore Leisure- Yateley	
January 2 to February 13	Thu at 11:15
Senior Multisports session for over 50yrs at Frogmore Leisure- Yateley	
January 2 to February 14	Thu at 15:00, Fri at 13:00
Group Cycle session at Frogmore Leisure- Yateley	
January 2 to 5	Thu at 18:15, Sun at 08:15, 18:45
January 7 to February 9	Tue, Thu at 18:15, Sun at 08:15, 18:45
February 11 to 13	Tue, Thu at 18:15
LES MILLS BODY ATTACK session at Frogmore Leisure- Yateley	
January 4	Sat at 09:00
January 6 to February 8	Mon at 09:15, Sat at 09:00
February 10	Mon at 09:15
Adult and Juniors Group PT sessions at Frogmore Leisure- Yateley	
January 5 to February 9	Sun at 12:00
Core Fitness session at Frogmore Leisure- Yateley	
January 7 to February 11	Tue at 20:00

Places Leisure Camberley Body Balance at Places Leisure - Camberley	
January 1 to 5	Wed at 10:30, 19:30, Sat, Sun at 10:45
January 6 to 9	Mon at 11:00, 18:45, Wed at 10:30, 19:30, Thu at 07:00, 12:00, 19:30, Sat, Sun at 10:45
February 10 to 13	Mon at 11:00, 18:45, Wed at 10:30, 19:30, Thu at 07:00, 12:00, 19:30
Low impact workout for Seniors 50yr+ at Places Leisure - Camberley	
January 1 to 2	Wed at 11:45, Thu at 10:45
January 7 to February 13	Tue at 11:15, Wed at 11:45, Thu at 10:45
Yateley Library Seated fitness at	
January 13 to February 10	Mon at 14:45, 15:45

GYM	
Frogmore Leisure Centre - Yateley Gym sessions at Frogmore Leisure- Yateley	
January 1 to 5	Wed, Thu, Fri at 06:30, Sat, Sun at 07:00
January 6 to February 9	Weekdays at 06:30, Sat, Sun at 07:00
February 10 to 14	Weekdays at 06:30
Places Leisure Camberley Gym at Places Leisure - Camberley	
January 1 to 5	Wed, Thu, Fri at 06:00, Sat, Sun at 07:00
January 6 to February 9	Weekdays at 06:00, Sat, Sun at 07:00
February 10 to 14	Weekdays at 06:00

OTHER	
Frogmore Leisure Centre - Yateley Astro 3g Football or hockey court hire at Frogmore Leisure- Yateley	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:00
January 6 to February 9	Every day at 09:00
February 10 to 14	Weekdays at 09:00

PARTY IDEAS	
GO APE Adventure - Alice holt Farnham Go Ape Forest Biking. - Farnham	
January 2 to 5	Thu, Fri, Sat, Sun at 10:00
January 6 to February 9	Every day at 10:00
February 10 to 14	Weekdays at 10:00
Places Leisure Camberley Clip and Climb at Places Leisure - Camberley	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 09:30
January 6 to February 9	Weekdays at 16:15, Sat, Sun at 09:30
February 10 to 14	Weekdays at 16:15

PILATES	
Frogmore Leisure Centre - Yateley Pilates session at Frogmore Leisure- Yateley	
January 1 to 2	Wed at 11:30, Thu at 10:15
January 6 to February 13	Mon, Thu at 10:15, Wed at 11:30
Places Leisure Camberley Pilates at Places Leisure - Camberley	
January 2 to 3	Thu at 10:30, 19:15, Fri at 07:00
January 7 to February 14	Tue at 10:45, 19:30, Thu at 10:30, 19:15, Fri at 07:00

RUNNING	
Aldershot Events Park run - Aldershot	
January 4 to February 8	Sat at 08:50
Bordon Events Park run - Bordon	
January 4 to February 8	Sat at 08:50
Bracknell events Park run - Bracknell	
January 4 to February 8	Sat at 08:50
Frimley Events Park run - Frimley	
January 4 to February 8	Sat at 08:50
Guildford events Park run - Guildford	
January 4 to February 8	Sat at 08:50
Sandhurst events Park run - Sandhurst	
January 4 to February 8	Sat at 08:50
Woking events Park run - Woking	
January 4 to February 8	Sat at 08:50

SEND	
Aldershot Events Sightloss Soccer - Aldershot	
January 6	Mon at 17:30
February 3	Mon at 17:30
Alice Holt Forest Inclusive cycling at Alice holt - Farnham	
January 2 to February 13	Thu at 09:30
Geocaching - UK wide Geocaching Free treasure hunts	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 10:00
January 6 to February 9	Every day at 10:00
February 10 to 14	Weekdays at 10:00
Places Leisure Camberley SEN Swim at Places Leisure - Camberley	
January 6 to February 10	Mon at 12:15
Sport In Mind Yoga -- Sandhurst	
January 2 to February 13	Thu at 12:00
Tai Chi for mental Health- - Guildford	
January 3 to February 14	Fri at 14:00
Table Tennis / Badminton for mental Health - - Camberley	
January 6 to February 10	Mon at 17:15
Yoga for mental Health- - Guildford	
January 7 to February 11	Tue at 14:30
Yoga for mental Health- - Woking	
January 7 to February 11	Tue at 15:00
Football for mental Health- - Woking	
January 8 to February 12	Wed at 14:00

SKIING	
Alpine Snowsports Aldershot Ski & Tea with Alpine sports - Aldershot	
January 6 to February 12	Mon, Wed at 10:30

SWIMMING	
Places Leisure Camberley Lane Swim at Places Leisure - Camberley	
January 1 to 5	Wed, Thu, Fri at 06:00, Sat at 07:00, Sun at 11:15
January 6 to February 9	Weekdays at 06:00, Sat at 07:00, Sun at 11:15
February 10 to 14	Weekdays at 06:00
AquaFit at Places Leisure - Camberley	
January 1 to 5	Wed at 08:00, 09:45, 19:15, Thu at 08:30, Fri at 09:15, Sun at 10:30
January 6 to 9	Mon at 19:15, Wed at 08:00, 09:45, 19:15, Thu at 08:30, Fri at 09:15, Sun at 10:30
February 10 to 14	Mon at 19:15, Wed at 08:00, 09:45, 19:15, Thu at 08:30, Fri at 09:15
Aqua jog at Places Leisure - Camberley	
January 1 to February 14	Wed at 09:00, Fri at 08:30
Seniors 50yr+ only Swim at Places Leisure - Camberley	
January 1 to February 14	Wed, Fri at 10:00
Adult only Swim at Places Leisure - Camberley	
January 1 to 3	Wed, Thu, Fri at 21:00
January 6 to February 14	Weekdays at 21:00
Adult beginner swimming lessons Places Leisure- Camberley	
January 2 to 2	Thu at 12:00, 20:00, 20:45
January 7 to February 13	Tue at 10:15, 20:45, Thu at 12:00, 20:00, 20:45
Ladies only Swim at Places Leisure - Camberley	
January 6 to February 10	Mon at 10:00, 11:00
SEN Swim at Places Leisure - Camberley	
January 6 to February 10	Mon at 12:15
Aqua Zumba at Places Leisure - Camberley	
January 6 to February 10	Mon at 20:05
Adult Improver swimming lessons Places Leisure- Camberley	
January 7 to February 13	Tue, Thu at 20:00, 20:45

TABLETENNIS	
Frogmore Leisure Centre - Yateley Table Tennis and badminton at Frogmore Leisure- Yateley	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 08:00
January 6 to February 9	Every day at 08:00
February 10 to 14	Weekdays at 08:00

TENNIS	
Cove Green recreation ground and play area - Tennis courts Free Tennis courts - Cove Green - Farnborough	
January 1 to 5	Wed, Thu, Fri, Sat, Sun at 07:00
January 6 to February 9	Every day at 07:00
February 10 to 14	Weekdays at 07:00
Farnborough Tennis Club FTC Tennis Coaching Adult Beginners -	
January 6 to February 10	Mon at 18:30, 19:30
FTC Tennis Coaching Adult Advanced-	
January 6 to February 10	Mon at 21:00
FTC Tennis Coaching Ladies Intermediate Coaching-	
January 9 to February 13	Thu at 19:00
Tennis Coaching Ladies Intermediate-	
January 9 to February 13	Thu at 19:00

TRAMPOLINING	
Jump in Trampoline park by air hop - Camberley Dodgeball Club Take over - Camberley	
January 7 to February 11	Tue at 19:00

WALKS	
Farnborough activities Wellbeing Walks- Farnborough	
January 7 to February 13	Tue, Thu at 11:00
Wellbeing Walks- Farnborough	
January 7 to February 11	Tue at 13:30
OlderShots Walking Football - Farnborough	
January 9 to February 13	Thu at 20:00
Frimley Events OlderShots Walking Football - Frimley	
January 6 to February 10	Mon at 20:00
OlderShots Walking Football - Frimley Lodge	
January 7 to February 14	Tue, Fri at 10:00
National Trust - Devil's Punch Bowl and Hindhead Commons Free Guided walks with National Trust - Hindhead Commons and the Devil's Punch Bowl	
January 3 to February 14	Fri at 11:00
National Trust - Winkworth Arboretum Guided walks at Winkworth Arboretum	
January 8	Wed at 14:00
January 31	Fri at 11:00
February 12	Wed at 14:00

YOGA	
Frogmore Leisure Centre - Yateley Hot Yoga session at Frogmore Leisure- Yateley	
January 1 to 3	Wed at 09:30, Fri at 09:30, 17:30
January 6 to 14	Mon at 18:00, Tue at 10:45, 18:00, Wed at 09:30, Fri at 09:30, 17:30
Yoga session at Frogmore Leisure- Yateley	
January 2 to 3	Thu at 11:00, Fri at 11:30
January 6 to February 14	Mon at 10:30, Thu at 11:00, Fri at 11:30
Places Leisure Camberley Hot Yoga at Places Leisure - Camberley	
January 1 to 9	Wed at 19:15, Thu, Fri at 12:30, Sat at 09:00, Sun at 07:30
February 12 to 14	Wed at 19:15, Thu, Fri at 12:30
Yoga at Places Leisure - Camberley	
January 3 to 3	Fri at 10:45, 18:00
January 7 to 14	Tue at 09:30, 18:30, Wed at 10:45, 18:15, Fri at 10:45, 18:00
Sport In Mind Yoga - - Sandhurst	
January 2 to February 13	Thu at 12:00
Yoga for mental Health- - Guildford	
January 7 to February 11	Tue at 14:30
Yoga for mental Health- - Woking	
January 7 to February 11	Tue at 15:00
YogaBellies Farnborough Fleet and Camberley Yogabellies for Woman - Fleet	
January 7 to February 11	Tue at 19:55



Antenatal, Fitness Activities

ADULTS 18YR+

Jane the Doula

Pregnancy Yoga Classes with - Fleet

November 28 to December 19

[Thu at 18:30](#)

January 9

[Thu at 18:30](#)

YogaBellies Farnborough Fleet and Camberley

Yogabellies for Pregnancy - Fleet

November 26 to December 24

[Tue at 18:30](#)

January 7 to 14

[Tue at 18:30](#)

Yogabellies for Pregnancy - Farnborough

November 27 to December 18

[Wed at 18:30](#)

January 8

[Wed at 18:30](#)

From 25 November 2024 to 14 January 2025

Event dates and times are subject to change without our knowledge

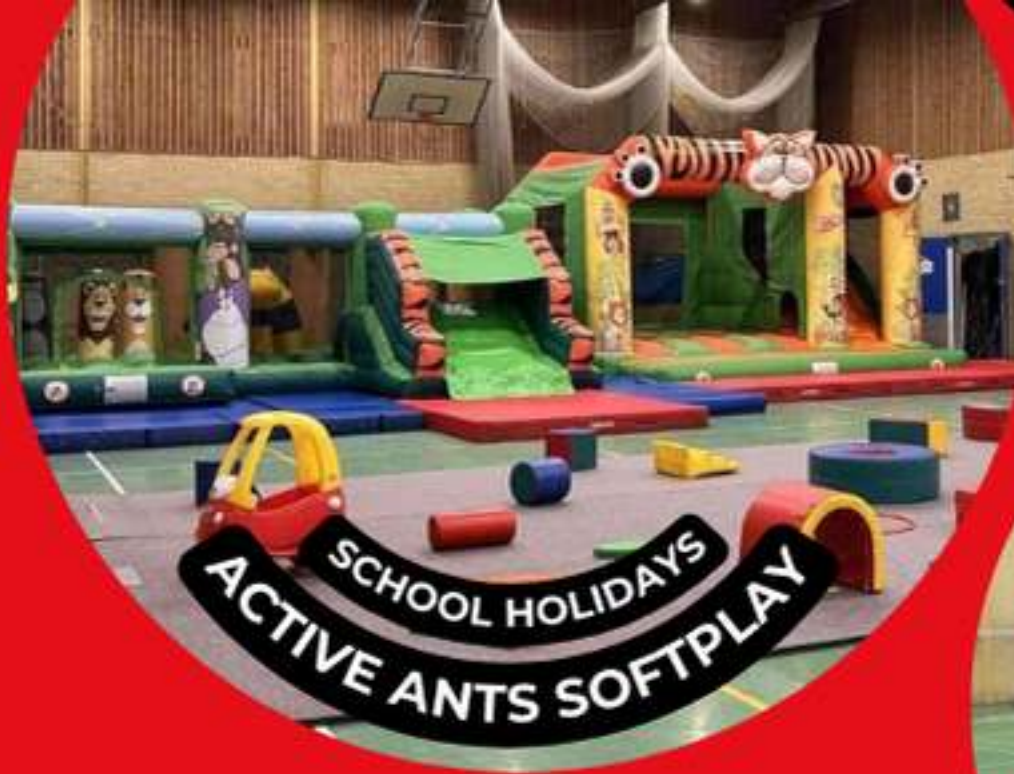


FROGMORE

EVERYONE

IS IN THIS TOGETHER

everyone ACTIVE



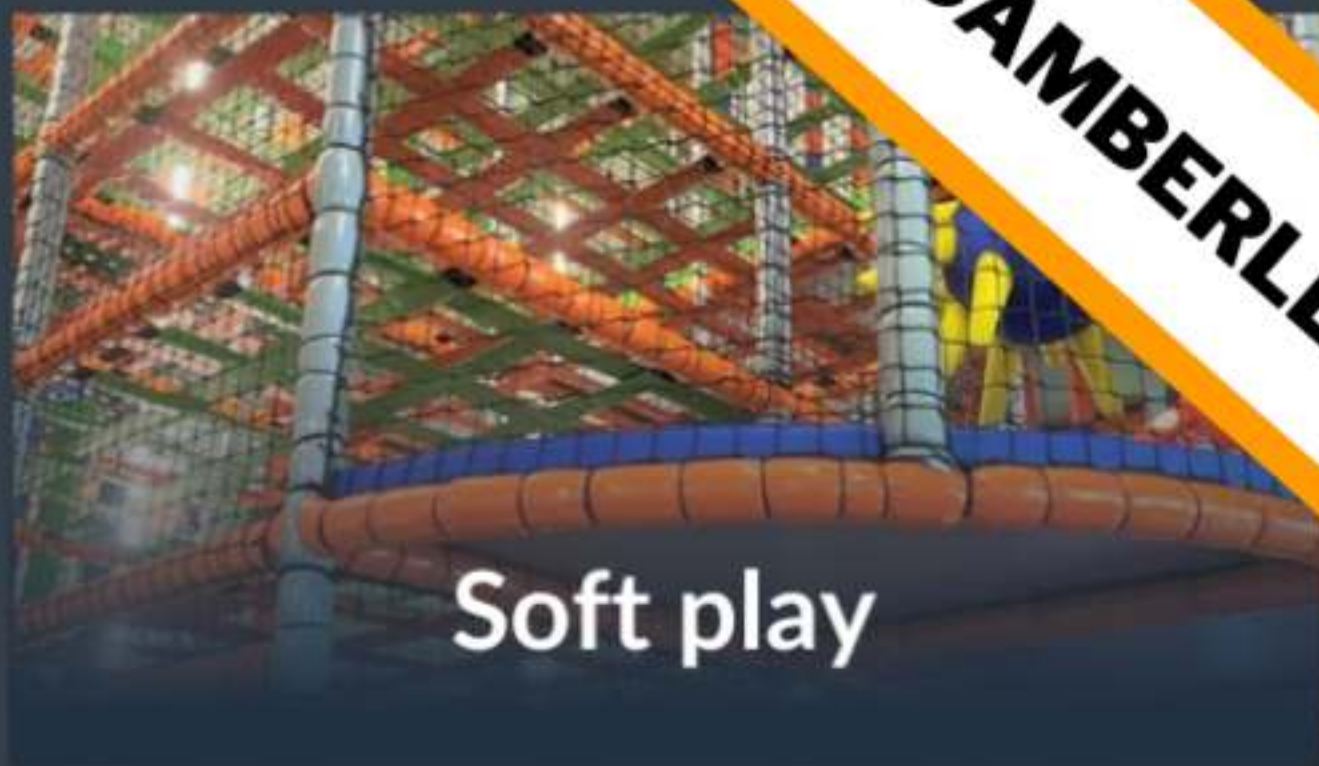
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Clip 'n Climb



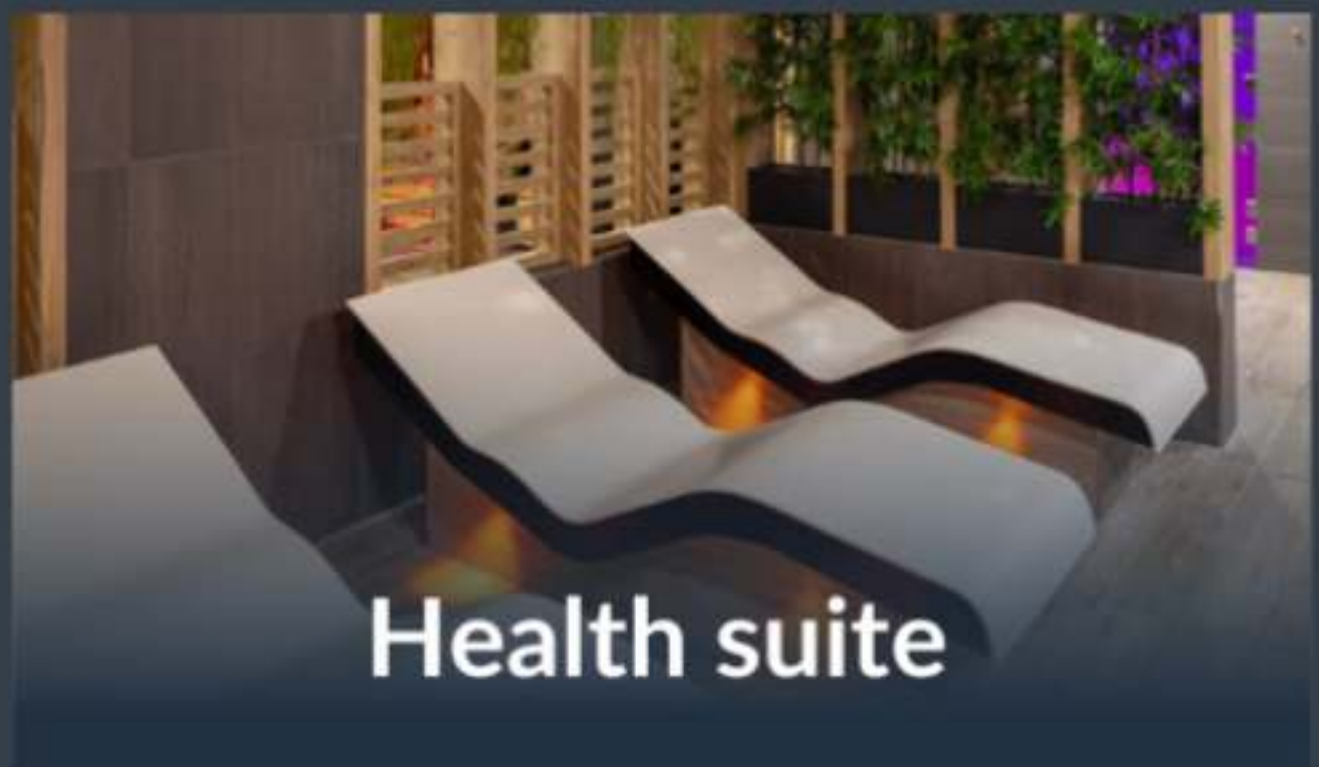
Soft play



Gym



Swimming pools



Health suite



COSTA COFFEE
and more!



**HARTLEY
WINTNEY**

Physical Play Programme

Babies 6m-walking

Toddlers

Preschoolers

Up to School age

Mondays: Hook
09:30 - 13:20 4 classes

Tues & Weds: Basingstoke
09:30 - 13:20 4 classes

Thursday: Hartley Wintey
09:30 - 13:20 4 classes

Fridays: Sherborne St John
09:30 - 13:20 4 classes



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**CHILD
DEVELOPMENT
PROGRAMME**

SANDHURST

£25^{pp}
**£5 sibling
discount**

SUMMER CAMPS
3-10YRS 10-1PM
FROGMORE

WEDNESDAY 24TH JULY
THURSDAY 25TH JULY

LIGHTWATER

TUESDAY 30TH JULY
TUESDAY 6TH AUGUST
WEDNESDAY 14TH AUGUST
FRIDAY 23RD AUGUST

CAMBERLEY

MONDAY 5TH AUGUST
FRIDAY 9TH AUGUST
TUESDAY 27TH AUGUST

SANDHURST

THURSDAY 1ST AUGUST
MONDAY 12TH AUGUST
THURSDAY 22ND AUGUST

BRACKNELL

THURSDAY 15TH AUGUST

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PREGNANCY YOGA

THURSDAYS 6:30-7:45PM



FLEET

JANE THE DOULA

ANTENATAL AND MATERNITY SERVICES IN
AND AROUND FLEET IN HAMPSHIRE.

I OFFER A FULL ANTENATAL EDUCATION, FOR ALL
TYPES OF BIRTH, TO EDUCATE YOU, EMPOWER YOU,
RELEASE YOUR FEARS, AND GAIN A POSITIVE MINDSET.

- HYPNOBIRTHING AND PREGNANCY WORKSHOPS
- PREGNANCY RELAXATION CLASSES
- PREGNANCY YOGA CLASSES
- POSITIVE CAESAREAN MINI COURSE
- FREE MOTHER & BABY MEET UP
- 1 HOUR TROUBLESHOOTING CALL



FULL ANTENATAL EDUCATION WITH HYPNOBIRTHING

SATURDAYS 10AM-2PM (BOOK FOR DATES RUNNING)

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Class Timetable

YogaBellies for Pregnancy

Tuesday 6:30pm - 7:45pm, Zebon Centre, Fleet
Wednesday 6.30pm - 7.45pm, St Peter's Sch, Farnborough

YogaBellies for Mum and Baby

Tuesday 10am - 11.10am, Hogmoor Inclosure
Thursday 10.40am - 11.50am, Mytchett Centre
Friday 10am - 11.10am, Zebon Centre, Fleet
Friday (Movers) 11.20am - 12.20pm, Zebon Centre, Fleet

YogaBellies for Women

Tuesday 7.55pm-8.55pm, Zebon Centre, Fleet



Children's Cycling Club



Pedal Heaven Kids is your local British Cycling Go-Ride club.

We currently have limited spaces for children aged 5-16 who can cycle unaided.

Do you have a child that loves to cycle?

Would they like to learn correct cornering techniques or how to navigate jumps?

At Pedal Heaven Kids we cover road, mountain bike and cyclocross techniques. We teach children how to correctly control their bikes and cycle with confidence.

All our coaches are DBS checked and hold British Cycling qualifications. Sessions are based at Blackbushe Go-Kart Track and run on Sunday mornings (09:30-10:30), term time only.

What you need:

- **A bike with pedals:** The child must be able to cycle unaided
- **A helmet:** No child will be allowed to cycle without a helmet
- **Clothing:** Appropriate clothing (nothing baggy) and gloves

For inquiries and applications, please contact:



pedalheavenkids@gmail.com





ALPINE
SNOWSPORTS

POWERED BY
ACTIVE
NATION

ALDERSHOT

SNOW SPORTS FOR CHILDREN AND ADULTS



DONUTTING



OPEN PRACTISE



SKI LESSONS

**HOLIDAY CAMPS
FOR 8-16YRS**



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jump in
by **AIRHOP**
CAMBERLEY

CAMBERLEY

TRAMPOLINE PARK INFLATABLES SOFT PLAY

TODDLER TAKE OVER
AFTERSCHOOL PLAY
SLEEP OVERS
PARTIES

OPEN JUMP
SUNSET DISCO
SEN SESSIONS
DODGEBALL

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ALDERSHOT



JUNIOR PARKRUN

FREE: Timed 2km run for children aged 4-10yrs.
Sundays 08:50 Queens parade, Aldershot
Registration essential on www.parkrun.org.uk/

FIND OUT MORE





OVER 50S

MYTCHETT

OTAGO-BASED STRENGTH & BALANCE

Sessions suitable for people over 50 who are worried about strength & balance. An hour session includes some band work & upper body

Pay as you go.

Mondays

11.15-12.15 - Farnborough - Christ Church
1-2 - Mytchett - Basingstoke Canal Centre

Wednesdays

1-2 - Frimley - St. Francis Hall
2.45 - 3.45 - Camberley - Places Leisure Studio

Fridays

1-2 - Frimley - St. Francis Hall

Saturdays

3-4 - Bagshot - Windle Valley Wellbeing Centre



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Dementia-Friendly Alton Flourish in the Forest

Friendship
Laughter
Oppportunity
Understanding
Respect
Independence
Support
Health & Wellbeing



SIGHT LOSS SOCCER

Community Football Session

16+

No Footballing
Experience
Required!

When?
Monday 13th January 17:30-18:30
Monday 3rd February 17:30-18:30
Monday 3rd March 17:30-18:30
Monday 7th April 17:30-18:30

FREE of
charge!

What?

Free football sessions for those 16+ with any form of sight loss.

Where?

Samuel Cody School, Ballantyne Road,
Farnborough, GU14 8SN.

Contact

jamie.macallister@shotsfoundation.org





Sandhurst Health Walks

Monday - Friday at 9.30 am

Meeting Point - Sandhurst Memorial Car Park

Duration - 60 minutes

All fitness levels welcome - we walk at YOUR pace





ALL INFORMATION IS CORRECT TO THE BEST OF MY KNOWLEDGE AT THE DATE OF PUBLICATION. PLEASE CHECK WITH EVENT ORGANISER BEFORE ATTENDING, AS MOST REQUIRE BOOKING IN ADVANCE.

THIS IS A JUST A SELECTION OF THE EVENTS RUNNING. TO SEE THE FULL LIST OF ACTIVITIES PLEASE CHECK OUT OUR SEARCH ENGINE AND THE LOCALFAMILY EVENTS FACEBOOK GROUP FOR YOUR TOWN!

IF YOU WISH TO FIND OUT HOW TO HAVE YOUR EVENT / CLASS / PARTY IDEA OR ACTIVITY ADDED TO THE TIMETABLES PLEASE EMAIL [KAREN@LOCALFAMILY.EVENTS](mailto:karen@localfamily.events)

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