

may your coffee be strong and your monday be short!

unknown

morning has broken coffee breaks

healthy body, healthy mind €8.50 sliced fruit platter/granola pots/smoothies

morning bakery €7.00 croissants/mini muffins/danish assortment

gibson breakfast bap €9.00 crusty brioche bap, filled with fried egg, rashers & spiced sausage

the original €6.00 selection of mega cookies

scones €7.00 freshly baked fruit scones, strawberry preserve & whipped cream

naughty but nice €7.50 pick n mix selection/popcorn/soft drinks

something sweet €7.00 selection of ice-cream or doughnut mix

pick me up €8.50 fruit skewers & natural yoghurt dip/lemon & poppy seed muffin flavoured water (cucumber & lemon & mint)



freshly brewed tea,

filtered coffee and a

selection of herbal teas

we're not out to lunch

2 courses €22 per person 3 courses €26 per person

add soup for €4 per person

select (2) salads, (3) sandwiches & (2) desserts

salads

- tomato, mozzarella, olive and basil
- potato, spring onion, sun dried tomato, caper, lemon mayo
- broccoli salad, french beans, cherry tomatoes, red chard, honey mustard dressing
- baby gem caesar salad with parmesan and garlic croutons
- waldorf salac
- greek salad, with baby gem, tomatoes, cucumber, black olives & feta cheese
- pasta salad with chorizo, red peppers, red onion, cherry tomatoes, basil oil
- sweet potato salad, baby spinach, goats cheese, toasted walnuts, lime dressing
- asian cabbage salad with cashews, red chilli, mango and fresh coriander
- home-made coleslaw

sandwiches

- roast chicken, rocket & goats cheese, ciabatta
- open smoked salmon sandwich, capers & onions, soda bread
- premium ham & dublin cheddar with dijon mayo
- cajun chicken salad wrap
- tuna salad wrap
- chicken, stuffing, baby spinach, tomato ciabatta
- sliced turkey, cranberry mayo, baby gem, rustic baguette
- tuna, red onion, plum tomato, focaccia
- egg mayo, scallions, baby mixed leaves
- chicken tikka wrap

desserts

dark chocolate cube
& passion fruit

cheese cake

- apple pie with fresh cream
- white chocolate & raspberry
- fresh fruit buffet, with sliced & whole fruits

anti-pasti €24.00

serrano ham/peppered salami/smoked gubeen/cashel blue/marinated black olives/ cheese stuffed peppers/selection of artisan rustic bread basil pesto & hummus dips



we're not out to lunch

maximum of 20 delegates

bento boxes €20.00

bento box a

asian fusion/thai green chicken curry/steamed basmati rice asian noodle salad/vegetable spring roll

bento box b

spicy beef rendang - slow cooked indonesian irish beef, coconut milk, ginger, galangal/steamed basmati rice/asian noodle salad/vegetable samosa

bento box c

thai fish cake -thai prawn & fish cakes, sweet chilli sauce/steamed basmati rice carrot, mango & beansprout coleslaw/prawn crackers

pizza, salad & french fries €20.00 per person

please select 2 salad's & 2 pizza's

- cheese & tomato mozzarella & special tomato sauce
- meaty, meaty cheese & tomato, baked ham, chorizo & chicken
- hawaiian cajun chicken, pineapple, sweetcorn, sweet peppers, tomato sauce
- all from the garden cheese & tomato, mushroom, olive, red onion, peppers & basil
- hot, hot, hot cheese & tomato, chorizo, chilli, pepperoni & tabasco

