# CONFERENCE CENTRE REFRESHMENTS SAMPLE MENU

# SWEET & SAVOURY

# HEALTHY REFRESHMENTS

#### **AFTERNOON TEA**

Selection of Finger Sandwiches -3,6a,7,11 Warm Fruit Scones with Clotted Cream & Strawberry Jam - 6a, 7, 11 Selection of Sweet Mini Pastries & Warm Ginger Bread - 6a, 7, 11

#### **SWEET INDULGENCE**

Mini Paris Brest with Vanilla & Chocolate Cream – 6a, 7, 11 Selection of Macaroons Gateau Opera & Mini Doughnuts

### **LEMONCELLO**

Iced Citrus Smoothies Homemade Sparkling Lemonade Lemon & White Chocolate Muffins Lemon Drizzle Cake

# TRADITIONAL TEA BREAK

Traditional Tea Brack Warm Fruit Scones with Clotted Cream & Strawberry Jam

## **SAVORY BREAK**

Irish Pork Sausage Rolls
Smoked Gubbeen Cheese & Spinach
Pinwheels
Irish Beef Sliders with Monterey Jack Cheese &
Chipotle Mayonnaise
Mini Wexford Lamb Empanadas
Homemade Sparkling Lemonade

#### FRUIT INDULGENCE

Selection of Organic Whole Fruit Granola, Apple & Cinnamon Bars Mango & Banana Smoothies

# THE HEALTHY CHOICE

Fruit Skewers
Selection of Organic & Greek Yoghurts
With Raspberry Dip
Chilled, Sparkling Cucumber & Ginger
Tonic
Crudités with Assorted Dips
Raisin & Pumpkin Seed Granola Bars
Dried Fruit & Unsalted Nuts

#### **CONFERENCE REFRESHMENTS**

Selection of Biscuits
Selection of Mini Muffins
Selection of Mini Doughnuts
Selection of Danish Pastries
Warm Fruit Scones with Clotted
Cream & Strawberry Jam
Lemon and Coconut Muffins
Ginger Cake & Lemon Drizzle Cake

All of the above are served with Freshly Brewed Rich Roasted Coffee & Selection of Teas.

