

# Day Delegate Rate:

Main room hire
Tea and coffee on arrival with biscuits
A mid-morning serving of tea and coffee with biscuits
Lunch served with fruit or cakes
A mid-afternoon serving of tea and coffee with biscuits

Jugs of juice, pads and pens, plasma TV or projector and screen - Pre-order required and subject to additional charge

## Conference Menu:

#### Finger Buffet Menu

A Selection of thick cut sandwiches, wraps and rolls with a variety of meat, fish and vegetarian fillings, served with exotic fresh fruit skewers and a yoghurt dip <u>or</u> cakes. Individual Bento boxes are available and include both cakes and fruit.

## OR

Hot Fork Buffet Menu From 12 delegates to 24 delegates – 1 menu option From 24 delegates – 2 menu options From 50 delegates – 3 menu options

All Hot Fork options will be served with a side dish, bread rolls and butter and your choice of either exotic fruit skewers with a yoghurt dip <u>or</u> cakes.

#### **Meat Options**

- 1 Moroccan Chicken
- 2 Chicken & Basil Casserole
- 3 Lemon Chicken
- 4 Chicken Parmigiana
- 5 Chicken & Mushroom Pie
- 6 Turkish Chicken Stew
- 7 Lamb Biriyani
- 8 Lamb Moussaka
- 9 Beef with Raisin & Pine Kernels
- 10 Spicy Beef & Mushroom Casserole
- 11 Smokey Beef Goulash
- 12 Cajun Chicken Breast Fillets
- 13 Italian Style Meatballs
- 14 Turkey Tikka Fillets
- 15 Turkey or Chicken Skewers with Vegetables
- 16 Chicken, Leek & Ham Pie
- 17 Cottage Pie
- 18 Shepherd's Pie
- 19 Chilli "con carne"
- 20 Chicken Curry
- 21 Chicken or Beef Stroganoff
- 22 Sweet & Sour Chicken
- 23 Chinese Chicken & Black Bean Sauce

- 24 Pan-fried Italian Style Chicken Breasts
- 25 Chicken & Mushroom Risotto
- 26 Chicken Cacciatora or Pizzaiola

# Fish Options

- 27 Paella
- 28 Seafood Risotto
- 29 Fish Curry
- 30 Haddock & Sundried Tomato Sauce
- 31 Fragrant Fish Tagine
- 32 Oven Baked Fish Fillets with Lemon Crust
- 33 Salmon & Pineapple or Sweetcorn Salsa
- 34 Poached Salmon Fillets with Spinach with a variety of sauces
- 35 Haddock Spinach & Cheese Sauce
- 36 White Fish Fillets with Tomato & Basil Sauce
- 37 Salmon Biryani
- 38 Penne with Tuna

# **Vegetarian Options**

- 39 Vegetarian Shepherd's Pie with Sweet Potato Mash
- 40 Green Garden Vegetable Pie
- 41 Vegetable Moussaka
- 42 Mediterranean Vegetable Bake
- 43 Stuffed Peppers
- 44 Aubergine Parmigiana
- 45 Macaroni Cheese
- 46 Spaghetti/Penne/Rigatoni with Pesto Sauce or Napoli Tomato Sauce
- 47 Mushroom Stroganoff
- 48 Thai Red or Green Vegetable Curry
- 49 Ratatouille
- 50 Lentil Moussaka
- 51 Caribbean Fruit & Vegetable Curry
- 52 Minted Pea Risotto with Parmesan
- 53 Penne Arabiata (spicy)
- 54 Spinach Cannelloni





FORK BUFFET MENU														
ALLERGEN INGREDIENTS MATRIX														
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Dish	Peanuts	TREENUTS	Fish	Crustances	Molluscs	Milk	Cereals (Gluten)	Soy Beans	Eggs	Sesame	Mustard	CELERY	Sulphites	Lupin
	T		N	IEAT										
Moroccan Chicken										•				
Chicken Parmigiana														
Chicken & Mushroom Pie												<u> </u>		
Turkey Skewers with Vegetables	-													1
Beef with Raisin & Pine Kernels						•	tain tr			ten				
Spicy Beef & Mushroom Casserole	May contain traces of Gluten													
Smokey Beef Goulash	May contain traces of Gluten													
Beef Stroganoff	May contain traces of Gluten													
Chilli Con Carne	May contain traces of Gluten													
Italian Style Meatballs														1
Cottage Pie														
Lamb Biriyani			Ma	y con	tain tı	races	of Glu	ten						
Lamb Moussaka	May contain traces of Gluten													
Shepherd's Pie														
Chicken & Basil Casserole				Ma	y con	tain t	races o	of Glu	ten					
Lemon Chicken														
Cajun Chicken Breast Fillets														
Chicken Skewers with Vegetables														
Chicken, Leek & Ham Pie														
Chicken Curry					Ma	y con	tain tr	aces	of Glu	ten				
Chicken Stroganoff														
Sweet & Sour Chicken														
Chinese Chicken & Black Bean Sauce														
Pan-Fried Italian Style Chicken Breasts					Ma	y con	tain tr	aces	of Glu	ten				
Chicken & Mushroom Risotto								Ma	y con	tain tı	races	of Glu	ten	
Chicken Cacciatora or Pizzaiola	May contain traces of Gluten													
Turkish Chicken Stew					Ma	y con	tain tr	aces	of Glu	ten				

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Salmon & Pineapple or Sweetcorn Salsa			, r	ІЗП										
Poached Salmon Fillets with Spinach -														
with a variety of sauces									May c	ontaii	n trac	es of (	Gluter	1
Salmon Biryani	May contain traces of Gluten  May contain traces of Gluten												•	
Penne with Tuna	ividy contain traces of Gluten													
Haddock & Sundreid Tomato Sauce														
Haddock Spinach & Cheese Sauce														
White Fish Fillets with Tomato & Basil														
Sauce														
Oven Baked Fish Fillets with Lemon														
Crust														
Fish Curry						1								
Fragrant Fish Tagine														
Paella														
Seafood Risotto														
							Cereals (Gluten)							
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Vegetable Shepards Pie with Sweet														
Potato Mash			Ma	y con	tain tı	races	of Glu	ten		T				
Green Garden Vegetable Pie														
Vegetable Moussaka										1				
Mediterranean Vegetable Bake														
Stuffed Peppers														
Aubergine Parmigiana								Ma	y con	tain tr	aces	of Glu	ten	
Macaroni Cheese														
Spaghetti/Penne/Rigatoni with Pesto														
Sauce														
Spaghetti/Penne/Rigatoni with Napoli														
Tomato Sauce												. ( ^!		
Mushroom Stroganoff								IVIa	y con	taın tr	aces	ot Glu	τen	
Thai Green Vogetable Curry														
Thai Green Vegetable Curry														
Ratatouille	-													
Lentil Moussaka	-													
Caribbean Fruit & Vegetable Curry	-													
Minted Pea Risotto with Parmesan														
Penne Arabiata (spicy) Spinach Cannelloni														
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Dish	Peanuts	TREENUTS	Fish	Crustances	Molluscs	Milk	Cereals (Gluten)	Soy Beans	Eggs	Sesame	Mustard	CELERY	Sulphites	Lupin
Bread Rolls & Butter														
Diced Herbed Potatoes														
Mixed Leaf salad														
Fruit Skewers with Yoghurt Dip														
Cakes														

Please ask for advice before ordering if you have any food allergies or dietary requirements