



Day Delegate Rate:

Main room hire

Tea and coffee on arrival with biscuits

A mid-morning serving of tea and coffee with biscuits

Lunch served with fruit or cakes

A mid-afternoon serving of tea and coffee with biscuits

Jugs of juice, pads and pens, plasma TV or projector and screen - Pre-order required and subject to additional charge

Conference Menu:

Finger Buffet Menu

A Selection of thick cut sandwiches, wraps and rolls with a variety of meat, fish and vegetarian fillings, served with exotic fresh fruit skewers and a yoghurt dip or cakes. Individual Bento boxes are available and include both cakes and fruit.

OR

Hot Fork Buffet Menu

From 12 delegates to 24 delegates – 1 menu option

From 24 delegates – 2 menu options

From 50 delegates – 3 menu options

All Hot Fork options will be served with a side dish, bread rolls and butter and your choice of either exotic fruit skewers with a yoghurt dip or cakes.

Meat Options

- 1 Moroccan Chicken
- 2 Chicken & Basil Casserole
- 3 Lemon Chicken
- 4 Chicken Parmigiana
- 5 Chicken & Mushroom Pie
- 6 Turkish Chicken Stew
- 7 Lamb Biryani
- 8 Lamb Moussaka
- 9 Beef with Raisin & Pine Kernels
- 10 Spicy Beef & Mushroom Casserole
- 11 Smokey Beef Goulash
- 12 Cajun Chicken Breast Fillets
- 13 Italian Style Meatballs
- 14 Turkey Tikka Fillets
- 15 Turkey or Chicken Skewers with Vegetables
- 16 Chicken, Leek & Ham Pie
- 17 Cottage Pie
- 18 Shepherd's Pie
- 19 Chilli "con carne"
- 20 Chicken Curry
- 21 Chicken or Beef Stroganoff
- 22 Sweet & Sour Chicken
- 23 Chinese Chicken & Black Bean Sauce

- 24 Pan-fried Italian Style Chicken Breasts
- 25 Chicken & Mushroom Risotto
- 26 Chicken Cacciatora or Pizzaiola

Fish Options

- 27 Paella
- 28 Seafood Risotto
- 29 Fish Curry
- 30 Haddock & Sundried Tomato Sauce
- 31 Fragrant Fish Tagine
- 32 Oven Baked Fish Fillets with Lemon Crust
- 33 Salmon & Pineapple or Sweetcorn Salsa
- 34 Poached Salmon Fillets with Spinach - with a variety of sauces
- 35 Haddock Spinach & Cheese Sauce
- 36 White Fish Fillets with Tomato & Basil Sauce
- 37 Salmon Biryani
- 38 Penne with Tuna

Vegetarian Options

- 39 Vegetarian Shepherd's Pie with Sweet Potato Mash
- 40 Green Garden Vegetable Pie
- 41 Vegetable Moussaka
- 42 Mediterranean Vegetable Bake
- 43 Stuffed Peppers
- 44 Aubergine Parmigiana
- 45 Macaroni Cheese
- 46 Spaghetti/Penne/Rigatoni with Pesto Sauce or Napoli Tomato Sauce
- 47 Mushroom Stroganoff
- 48 Thai Red or Green Vegetable Curry
- 49 Ratatouille
- 50 Lentil Moussaka
- 51 Caribbean Fruit & Vegetable Curry
- 52 Minted Pea Risotto with Parmesan
- 53 Penne Arabiata (spicy)
- 54 Spinach Cannelloni



ALLERGEN INGREDIENTS MATRIX

Dish	Peanuts	TREENUTS	Fish	Crustances	Molluscs	Milk	Cereals (Gluten)	Soy Beans	Eggs	Sesame	Mustard	CELERY	Sulphites	Lupin	
MEAT															
Moroccan Chicken															
Chicken Parmigiana															
Chicken & Mushroom Pie															
Turkey Skewers with Vegetables															
Beef with Raisin & Pine Kernels			May contain traces of Gluten												
Spicy Beef & Mushroom Casserole			May contain traces of Gluten												
Smokey Beef Goulash			May contain traces of Gluten												
Beef Stroganoff							May contain traces of Gluten								
Chilli Con Carne			May contain traces of Gluten												
Italian Style Meatballs															
Cottage Pie															
Lamb Biryani			May contain traces of Gluten												
Lamb Moussaka			May contain traces of Gluten												
Shepherd's Pie															
Chicken & Basil Casserole			May contain traces of Gluten												
Lemon Chicken															
Cajun Chicken Breast Fillets															
Chicken Skewers with Vegetables															
Chicken, Leek & Ham Pie															
Chicken Curry			May contain traces of Gluten												
Chicken Stroganoff															
Sweet & Sour Chicken															
Chinese Chicken & Black Bean Sauce															
Pan-Fried Italian Style Chicken Breasts			May contain traces of Gluten												
Chicken & Mushroom Risotto							May contain traces of Gluten								
Chicken Cacciatora or Pizzaiola			May contain traces of Gluten												
Turkish Chicken Stew			May contain traces of Gluten												

[illegible]

Dish	Peanuts	TREENUTS	Fish	Crustances	Molluscs	Milk	Cereals (Gluten)	Soy Beans	Eggs	Sesame	Mustard	CELERY	Sulphites	Lupin
Bread Rolls & Butter														
Diced Herbed Potatoes														
Mixed Leaf salad														
Fruit Skewers with Yoghurt Dip														
Cakes														

Please ask for advice before ordering if you have any food allergies or dietary requirements