

BUFFET LUNCH





MONDAY

- Mini tomato, feta cheese & red pepper tartlet
- Antipasti platter with prosciutto ham, Manchego, olives and pickles vegetables
- Fregola & mixed vegetable salad Mixed green leaves with house dressing Bread selection
 - Fish paella, Spanish fish stew with saffron rice, Mediterranean vegetables, calamari, mussels, shrimp, queen scallops and lemon
- Catalan beef Slow braised feather blade of beef with ragout of chorizo sausage, white beans, smoked paprika, served with bell pepper and saffron mash • Spanish vegetable frittata
 - Fresh fruit salad Apricot filled puff pastry

TUESDAY

- Sticky beef salad, bean shoots, spring onion, pepper, carrot and soy & ginger dressing
- Mini vegetable spring rolls, shrimp in potato shell, prawn crackers with plum sauce & sweet chilli sauce
 - Crunchy vegetable salad with peanut dressing Mixed green leaves with house dressing
 - Lemon & chilli roast chicken Sweet & sour tofu & stem broccoli
 - Salmon & glass noodles, black bean sauce Egg fried rice
 - Lemon & passion fruit tartlet Mango fools

WEDNESDAY

- Avocado & prawn cocktail Pumpkin & thyme tartlet
- Tomato, mozzarella & basil salad with balsamic dressing Potato & chive salad with ranch dressing
 - Mixed green leaves with house dressing Bread selection
- Lamb Osso Bucco with duchesse potatoes Fresh plaice with minted peas and crushed new potatoes • Wild mushrooms & red onion risotto with shaved parmesan and truffle scented oil
 - Tiramisu slices Chocolate mousse

Dec 2014 Menus subject to change

If you have any dietary requirements or are concerned about food allergies, e.g. nuts, you are invited to ask one of our team members for assistance when selecting menu items.



THURSDAY

- Ploughman's platter of mild cheddar, baked ham, piccalilli and fresh bread
- Mini steak & ale pies Wild mushroom arrancini with garlic mayonnaise Waldorf salad
 - Rocket & watercress salad with lemon dressing Bread selection
- Chicken Chasseur with chateau potatoes Salmon Caponata with aubergine & tomato broth
 - Pecorino & honey tortellini with courgette & tarragon ragout
 - Chocolate and coffee éclairs Fresh fruit salad

FRIDAY

- Classic Caesar salad Medley of individual quiche Lorraine White & red cabbage coleslaw
 - Mixed green leaves with house dressing Aubergine & tomato moutabel with flat bread
 - Southern fried chicken thighs Breaded fish & chips with tartare sauce and lemon
 - Spinach & ricotta cannelloni with fried garlic & pea shoot
 - Apple filled puff pastry Mixed berry fool









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