

STARS Safer Journey Planner

Introduction

This lesson plan is designed for students who are either

- about to transition to a new school or
- starting to travel independently

In this lesson, students learn how to prepare for independent travel using the STARS Safer

Starter Activity (10 minutes)

Use these Circle time questions to find out how much your students know about independent travel. (see Circle Time Questions sheet below)

Activity 1 (10 min)

Introduction to Independent Travel

[TfL's STARS Safer Journey Planner Video](#)

As a class watch the 5 min TfL's STARS Safer Journey Planner video (5min) or find it on the Transport for London You Tube channel.

- Ask students to list as many of the Safety Top Tips from the video as they can. (see attached worksheet)
- Discussion – Which Tips were new to you? Where can you get more information about cycling? What is Active Travel? What are some of the benefits of walking or cycling?

Activity 2 (20/30 min)

Create your Top Tips for Safe Journeys poster

- As a class read through the Travelling to School pages and watch the videos.
- Students can add any extra Top Tips to their list or worksheet.
- Get each student to choose a mode of transport and try to make sure all the local modes of transport are covered by the class.
- Create a Safer Journey Poster for the mode of travel that includes lots of Top Tips. (see attached poster template)
- See if you can put them up around the school to help other students travel safely.

Activity 3 (10 min)

Plan your Own Journey

If students have access to tablets or PCs, ask them to log on to the STARS Safer Journey Planner <https://stars.tfl.gov.uk/saferjourneyplanner> Attached is a take-home slip for students

Find my School

- Go to the 'My School' Tab
- Type in the name of your new school into the box until it appears in the drop-down list. Then click on "Find my new school"
- Use CTRL + scroll on your mouse, or pinch on your screen or touchpad, to zoom in or out on the map.

On Find my School you can:

- Check the full address of your new school
- Check out the nearest bus stops, train and tube stations to your new school
- Click on nearby bus stops and see which buses stop there
- Zoom in and out to see how far away your school is from your home.

Get to know TfL Journey planner

- Once you've found your school it's time to plan your journey to from home to school, or to make sure you're taking the best route already.
- Go to the TfL Journey Planner to have a look at some of the different routes you can travel from your home to your new school, by public transport, walking or cycling.
- Make sure you set the times correctly, as travelling in rush hour can affect your journey time and make it longer.

Your Best Journey – Active Travel

- There are many advantages to walking, cycling or scooting – how many can you think of?
- Try out as many Active Travel routes as you can. It could be quicker to walk or cycle!
- Have a look at the 'See How Journey Planner works' video for further information on how to use the Journey Planner (Add Link)

Suggested Plenary Questions

1. What time will I need to leave home in order to arrive on time?
2. Should I do a test run before?
3. How do I know who is a safe person?
4. What will I need to take with me on my journey?
5. Should I learn more than one route?
6. Who will I be travelling with?
7. Do I need to tell someone how I will be travelling?
8. Who do I talk to if I need some help?

Extension and follow up activities

You might like to build this lesson into a unit of work or incorporate it into a wider curriculum project. It could also form the basis of a larger whole school campaign to promote sustainable travel. You can find more resources and learn about STARS Sustainable Travel: Active, Responsible Safe, free to schools accreditation scheme at <https://stars.tfl.gov.uk>

You can find further learning resources and lesson plans at <https://tfl.gov.uk/info-for/schools-and-young-people/safety-and-citizenship/lesson-plans>. All lessons are in line with the PSHE/Citizenship curriculum and cover other subject areas too. They explore a range of topics related to travelling independently.

SEN schools can also contact our Travel Mentoring Team for tailored support by emailing travelmentor@tfl.gov.uk

For the latest guidance about using TfL services safely during Corona virus visit <https://tfl.gov.uk/campaign/coronavirus> and watch our video on returning to school at <https://stars.tfl.gov.uk>

STARS

A TfL COMMUNITY PROJECT

Circle Time Questions

Use these Circle time questions to find out how much your students know about independent travel.

Should I listen to travel advice from a stranger?

Where will I find travel information?

Where and how should I wait?

Why do I need to buy a ticket for my journey?

Should I buy my ticket from a ticket tout?

How do I recognise a member of staff?

Where will I find a map to plan my journey before I start travelling?

Do I need to tell someone how I will be travelling?

Whose responsibility is it to keep me safe?

Safety Top Tips Worksheet

Travelling by Bus

Travelling by Underground

Write down at least two top tips for each way of travelling. Make sure one is on being safe and the other being a good citizen.

Being active and walking

Being active and cycling

Safety Top Tips Poster Worksheet

Safety posters are designed to persuade and inform customers on safe and responsible travel. They are designed to be eye catching whilst communicating a message of safety and responsibility. Design your own poster below.

NameDate



For parents and carers: The STARS Safer Journey Planner

Getting your child ready for independent travel to school

If your child is going to be travelling by themselves for the first time this year, the STARS Safer Journey Planner will be a big help.

Visit <https://stars.tfl.gov.uk/saferjourneyplanner>

- Use the guide to discuss and plan the best way of getting to your child's new school.
- Find ways to make the journey safer, more enjoyable and more sustainable, right from day one.
- Read the safety and behaviour guidelines carefully, as well as our Top Travel Tips and Travel Safe section.
- See the special sections on Covid-19, Walk. Cycle. Bus. Tube. Train. Tram.

If you do not have access to the internet, you can request a printed guide from your school.