

An introduction for teachers



Empowering young Londoners to promote active, responsible and safe travel, as part of TfL Travel for Life.

The TfL Pioneers Challenge is designed to equip students aged II to I8 with the skills and confidence to lead their peers and influence parents in tackling travel issues in their school community.

Foundation year

What is the TfL Pioneers Challenge?









- A training opportunity for I2-I4 students to design and deliver a project to engage their school community in safe and sustainable travel, contributing to a reduction in carbon emissions.
- As TfL Pioneers Ambassadors, the student team deliver activities, competitions and events to influence their peers and instigate change.
- They receive 5 workshop sessions to develop their skills in presentation, leadership and project planning, with 10 travel challenges to complete by July.
- Your Ambassadors can be recruited from single or mixed year groups.

Travel choices, health and climate action!











Climate Action is a high priority for many young people, with over 70% of I2-I8 year-olds worried about the world they will inherit.

Nearly 30% of weekday morning car journeys are attributed to school drop off, so reducing car use and encouraging sustainable travel is an easy place to start lowering your carbon footprint and making a difference to your community.

We are here to help. Right across London, secondary schools are taking advantage of our free support to help encourage safe, active, and sustainable travel to and from school – like walking, cycling and using Public Transport.

PROJECT OBJECTIVES

ACTIVE:

Raise awareness of the environmental, health and wellbeing benefits of active travel and encourage more students to walk, cycle and travel sustainably.

RESPONSIBLE:

Encourage respectful and sustainable use of the transport network. Consider the impact of our travel choices locally, nationally and globally.

SAFE:

Increase safety awareness in the school community across all travel modes.

Data source: Save the Children, 2022 / Greater London Authority, 2019

Benefits to schools and students



7 reasons to join the TfL Pioneers Challenge

- ✓ Support your school's Travel Plan and Climate Action Plan.
- ✓ A minimum of 25 activities provided towards Bronze, Silver or Gold TfL Travel for Life Accreditation.
- ✓ Supports the Curriculum and Enrichment Programme.
- ✓ Reduces congestion around your school and improves road safety and air quality.

- ✓ Promotes peer-led projects, leadership and other life skills.
- ✓ It's free: 5 student workshop sessions from a TfL specialist with support and guidance to deliver their project.
- ✓ Recognition for students a certificate in Student Leadership awarded by the Schools, Students and Teachers Network (SSAT). Participation can also count towards the Duke of Edinburgh Voluntary hours.









Eco Active Assembly

Week

competitions

Eco

Active

Week

Session I

EXPLORE

Introduction to Pioneers Challenge Explore local travel issues

- Create a School Travel Notice Board
- Prepare Podcast episode

Session 2

EQUIP

Assembly

Top

Travel

Practice presentation skills and prepare assemblies I and 2

Present assembly I 'Top Travel Tips'

ROAD SAFETY PREPARATION

Training to deliver Road Safety

Lead Road Safety

Session 3

Teachers

Form time

presentation

Road

Safety

Obstacle

Course

Obstacle course

Obstacle Course for Year 7 students

Session 4

ECO ACTIVE WEEK PREPARATION

Planning and organising activities to involve school community

- Create Eco Active Zone map
- Run a walking and/or cycling competition
- Present assembly 2



Session 5

LEADERSHIP AWARD

Write skills statements and compile evidence (London Transport Museum)

Seminar

Event

- Leadership Award portfolio
- Create Project

Complete

Report presentation





Resources





CONTENTS INTRODUCTION Project Brief Team Planner Session I: Explore Activities **CHALLENGES** 12 1: Travel Issues Survey 2: Promotion I - Group I: Noticeboard 13 2: Promotion I – Group 2: Podcast 3: Top Travel Tips Assembly 4: Road Safety Obstacle Course 23-25 5: Carbon Calculator 26-27 6: Active Travel Zone 7: Eco Active Week: Guidance and Competitions 8: Promotion 2: School Newsletter and Posters 9: Active Travel Week Assembly (Mother Earth Day or World Environment Day) 10: Project Report Presentation STUDENT LEADERSHIP ACCREDITATION Introduction and 'how to' Skills and evidence checklist 48-57 Skills statements Reflection and Goal setting **TEACHERS ACCREDITATION GUIDE** Teacher Champion Tasks 61-62 Accreditation Overview Travel activities checklist Supporting activities checklist Consultation activities checklist Template survey

TEACHER GUIDANCE

- TfL Travel for Life Accreditation Guide
- Hyperlinks to all activity stories
- Evidence suggestions

10 STUDENT CHALLENGES

• Guidance and resources to support project delivery

STUDENT LEADERSHIP ACCREDITATION

- 10 skill statement templates
- Evidence suggestions
- Goal setting

Selecting students and scheduling



STUDENTS AND SCHEDULING

- The TfL Pioneers Challenge is an ideal opportunity for any student wishing to increase their confidence and gain experience of presenting as part of a small supportive group of their peers.
- The project fits well into the agenda of Eco Clubs and Green Societies. It can also be ideal for students who have not had an opportunity to shine in other areas of their school life.
- The 5 sessions work best in curriculum time, varying the session times to avoid missing the same lesson. Alternatively, an after school club can also work well.

TEACHER FEEDBACK

"I think the Challenge is genuinely brilliant! All the students loved the sessions and have enjoyed leading their own activities..."

"The support and material we had was amazing. We felt like this was a true partnership from the initial staff introduction to the project and all the way through..."

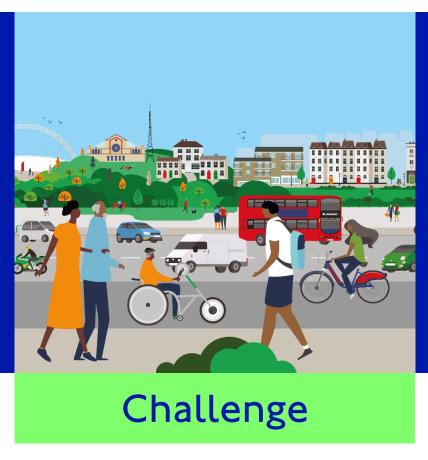
"... it has been wonderful to watch the Ambassador students develop into the conscious young adults that they are".

"The Eco Committee listed the Challenge as their main achievement of the year".





How to take part



- Email TravelforLife@tfl.gov.uk and your Borough Officer to request a place on the TfL Pioneers Challenge
- You will be contacted to arrange a project set-up meeting to schedule sessions and activities and to complete the booking form
- Recruit your team of TfL Pioneers Ambassador students, either by selection or application (ask your TfL Officer for a student application form)
- 4 You are ready to go!

Website: TravelforLife.tfl.gov.uk Email: TravelforLife@tfl.gov.uk