

**A VISUAL GUIDE
IS AVAILABLE
FOR THIS
PERFORMANCE.**

It is available online at the National Theatre of Scotland website and also from Box Office.

Please ask a member of staff for more information.

VISUAL GUIDE FOR THE PANOPTICON AT THE TRAVERSE THEATRE



I am going to The Panopticon at the Traverse Theatre, 10 Cambridge Street, Edinburgh, EH1 2ED



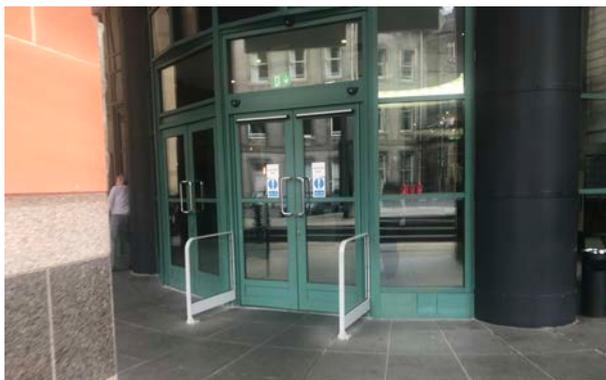
The evening shows will start at 7.30pm, and the afternoon shows at 2.30pm.

I should arrive a little earlier than this.

The show will last approximately 2 hours and 15 minutes, and will have a 20 minute interval in the middle.



This is the Traverse Theatre where the performance will be taking place.



There are two sets of automatic doors from the street into the Ground Floor Foyer, where the Box Office is situated.

If I use the doors on the left there is completely level access from the street.



Once I have passed through the two sets of doors from the street, I will find the box office in front of me.

Front of House staff in black t-shirts with yellow writing will be around and are happy to be asked questions.

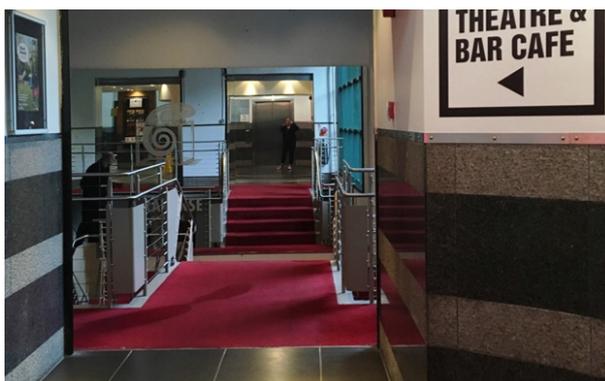


This is the Box Office. This is where I can buy tickets or collect prepaid tickets for the show.



If I already have my tickets, I can go straight down to the bar/café area, which is also the Theatre Foyer. This is on level -1.

I can access the bar/café by the lift which is on the left from the box office area.



I can also take the stairs which will be on my right from the box office area. The lift and the stairs take me down to the bar/café.

In the bar/café the lights may be dim, and there may be music playing. It may be busy with lots of people around.



There are lots of tables, chairs and sofas which I am free to use before and after the show, as well as the interval. I do not need to buy any food or drink to use this space.

I can order something to eat or drink from the long bar on the right hand side of the room. Food and drinks can be delivered to my table.

If I follow the curved wall round to the television screen, the toilets and accessible toilet are on the right.



From the Bar/Café, to enter the theatre, I will need to go past the merchandise desk, which is located next to the bottom of the stairs. There is a second entrance to Traverse 1 located by the toilets.

If I require lift access I should make myself known to the Front of House staff who will accompany me to the theatre, and wait here. I will then be escorted to my seats by the Front of House Duty Manager.

Once I get to the bottom there is a short walk along a corridor into the theatre.



The Panopticon will take place in Traverse 1.

I will watch the performance in this room. An usher can help me find a seat.

When the show is ready to start, the lights will dim when the show is ready to start and the actor will come out onto the stage.



At the end of the show the audience will clap to show the actors that they enjoyed the show.

When the clapping has ended, the lights will get brighter. This means the show is over.

I can now leave the theatre.

I should exit back through the way I came in.

VISUAL STORY SYNOPSIS

THE PANOPTICON

The Panopticon is a show about fifteen-year old Anais Hendricks, who is a smart, funny and bold teenage girl. At the start of the play, she's covered in blood, in the back of a police car and being taken to The Panopticon, a young offenders institution and care facility.

The play covers her time and experience in The Panopticon, her time with the other residents, the bonds and relationships she makes, the hardships she experiences, and the failures of the care system.

This show includes scenes of a sexual nature, violence, sexual violence, suicide and drug use.

ACTORS AND CHARACTERS



MARTIN DONAGHY
Eric/Ensemble



KYLE GARDINER
Dylan/Ensemble



LAWRENCE HODGSON-MULLINGS
John/Ensemble



LAURA LOVEMORE
Tash/Ensemble



KAY MCALLISTER
Isla/Ensemble



LOUISE MCMENEMY
Shortie/Ensemble



ANNA RUSSELL-MARTIN
Anais



PAUL TINTO
Angus/Ensemble



GAIL WATSON
Joan/Ensemble



ACT 1

The set is made up of nine prisms which rotate and reveal different rooms. **Various projections of Anais Hendricks flash up** as we are introduced to her. The central one turns to reveal Anais in her school uniform covered in blood. She introduces us to herself and the idea of the Experiment. The Experiment are watching her everywhere she goes, testing her.

The police bring Anais to the Panopticon. The Panopticon is an old prison now used as a young care home. The teenagers already at the Panopticon- John, Shortie, Tash and Isla- watch her arrive. Anais has been at the station for three days after being picked up by the police. They think she has assaulted PC Dawn Craig who is in an acute coma.



Anais meets the Panopticon staff, they are in the middle of staff change over. Joan is the officer in charge and night nurse who introduces the rules, Angus (her support worker) and Eric (a student on placement).

Eric shows Anais her bedroom and she undresses so her clothes can be taken by the police. She gets a text from Jay. Jay is her boyfriend who is in prison. She falls asleep.

Anais meets Isla who offers her a joint out their bedroom windows. Isla tells Anais about her girlfriend Tash, and how she worries about Tash doing sex work. Tash is saving up to get Isla and her a home.

When Anais is alone, she plays the Birthday game. In the birthday game she imagines where she was born. In this version she imagines Paris. The cast come out and bring her imagination to life. She goes to bed and The Experiment flash up on the screen. **There is a loud banging noise at the end of this** that snaps her out of her daydream and signifies the central locking system for bedtime.



The next morning Anais has some swabs taken by a Lab Tech.

After this Anais talks to Angus who asks her about where she was before the police picked her up (there are some flashbacks projected during this in which Anais is wearing a skull bikini). He says it's 12 weeks until she turns 16 which is when she will leave care.



Anais goes for breakfast where she meets John (he is in Panopticon because his family are in prison for shoplifting) and Dylan (the youngest in the panopticon).

Eric tries to bond with Anais. She rants about Eric and different words for 'vagina'. Eric takes Anais to the cupboard where she finds a screwdriver.

Using the screwdriver on a boarded up room, Anais discovers the old psych ward. She finds the room exciting and talks about 'wanking'. **Images of vintage porn flash up on the projection while she masturbates (she does this fully clothed and standing).** After she finishes, Tash and Isla come in. They talk about memory. Isla shares with Anais that she self harms on her stomach.

Shortie is starting on Dylan. Anais intervenes and they get into a physical fight. The staff are about to walk in but Dylan and Tash distract them which stops the fight.



Anais runs to the bathroom. Isla checks on Anais and Tash confirms that the staff didn't see anything.

Tash and Isla then take Anais to their secret den in the turret. Anais gets another text from Jay asking for a favour. Anais opens up about her adopted Mum (Theresa) getting murdered and discovering her afterwards. Isla opens up about having HIV and passing it on to her twins. This ends with a flashback of finding Theresa dead in the bath and of the Experiment.

Angus quizzes Anais about when she was picked up by the Police. He discovers the blood that was on her is from a dead squirrel she found on the road and buried.



Anais is watching a documentary about Japanese sumo babies. Shortie comes in and watches it with her. They make up.

The police officers quiz Anais on her vandalism of police property which they think was a campaign of terror against PC Dawn Craig. They show her CCTV footage which turns into a physical sequence by the ensemble reenacting the footage on the set. Angus interrupts the interrogation when the police overstep the mark. After the police leave Angus bonds with Anais and tells her about life as part of the foreign legion. It is nine weeks until she leaves care.

Anais goes to visit her Auntie Pat who is a dominatrix. Pat



gives her advice and warns her about the Experiment and Jay in jail. Jay owes Troll Mark a lot of money.

Anais goes for a bath and receives a phone call from Jay. Jay begs her to visit him when he gets out of jail next week.

The next day the kids and staff go on an outing to the loch and race in their boats.

The girls discovered an Island where they drink Bacardi and talk about their future. They decide there and then to marry Isla and Tash. We witness their wedding on the Island. When Isla and Tash kiss **there is a loud song (Team by Lorde)** which transitions into the next day.

It is the next day and Tash hasn't come back. Isla alerts Angus and he calls the police. We hear the twins arrive for a visit, Anais gives Isla some stuff as a present for the twins.



Angus tells Anais about Mr Jamieson who is a patient at Warrender, a Psychiatric Care Facility. He is the only person who knew Anais' mum. It is 3 weeks until she leaves care.

Anais goes to Warrender and meets Mr Jamieson. He tells Anais about her mum. He tells her she flew in on a flying cat and gave birth to her in the care facility. He gives her a lucky domino.

INTERVAL



ACT 2

A few days later at the Panopticon, Anais, Isla and Shortie worry that Tash isn't coming back.

The next day Anais finds Isla dead. She has died by suicide (we don't see this on stage or see her body on stage). Joan calls an ambulance, and a paramedic comes on. The paramedic takes a body bag across the stage.

This scene has a lot of shouting and loud noises within it.

Anais and Shortie comfort each other and are allowed to sleep in the same room due to exceptional circumstances. **Anais has a nightmare about death which is projected on the set.**



Three days later Shortie invites Anais on a night out. They meet at Malcolm (the stone cat with wings at the entrance of the Panopticon).

Anais and Shortie drive along with some local farmer lads. They go to a private estate and the lads go poaching fish. The police come and there is a car chase. They drive into a river and escape. They invite Anais to continue partying but she has to go back because of her tag.

Anais speaks to Malcolm (the stone cat) who talks to her in French. He flies her to Paris, which is shown on projection. John interrupts Anais' fantasy by turning up in a dress. They are past curfew so Joan sends them both to bed.

Angus wakes Anais up for her court hearing.

The chairwoman and her panel interrogate Anais on her misdemeanors. Anais remembers that the chairwoman is PC Dawn Craigs sister in law. There is a flashback that is projected that shows PC Dawn Craig strip searching Anais. Angus kicks off at Anais.

Outside court, Angus and Anais speak about the future. It's a week until she leaves care.



Anais gets another text from Jay asking her to come to the safe house. She is walking through the forest and finds some local girls beating up Shortie. One of the village girls insults Tash and Isla which makes Anais snap. Anais continuously beats up one of the village girls until we hear a police siren.



Anais and Shortie run further in the woods to escape the police. Shortie kisses Anais. Shortie panics about the kiss. Anais does some acid and runs off.

Anais is having an acid trip as she cuts across some traffic, towards Fat Mike's high rise. While hallucinating she sees the Experiment and Isla before Fat Mike appears. He enters through a hatch. Mike uses a welding torch to get Anais' tag off.

Anais goes to the safe house to see Jay but Troll Mark meets her at the entrance. Troll Mark gives Anais a bong and she trips out further. She is taken into the flat.

Inside the flat are 2 other men as well as Troll Mark. **Anais is sexually assaulted by the men. We do not see this but we see the build up to it.** There is an audio of Anais telling herself to breathe during a blackout.



Anais dreams about her lost loved ones trying to protect her. They tell her to wake up. This is projected across the stage as she lies on the ground. She wakes up post assault and dresses herself. She is in a lot of pain.

Anais returns to the Panopticon where Angus interrogates her as the police are looking for her after the village girl fight. PC Dawn Craig has woken up and said that Anais didn't do it. Anais would have left care in a week but now she is going to go to a high secure unit. She tries to text Jay to ask why but it says 'recipient not found'. The police arrive to get Anais but Angus persuades them to let her stay for Isla's funeral.

Anais is at her limit. She thinks about self harming with a lighter- holds it against her hand before Shortie stops her. They make a plan for Anais escape.



It is the morning of the funeral. Angus tells Anais he'll start her appeal. Dylan gives Anais an envelope from all the kids.

It is Isla's funeral. A minister is there along with everyone from the Panopticon. Anais gets Dylan to take an envelope to the prison where Jay is for his fellow inmates.

Back at the Panopticon the minister gives an eulogy. **A riot kicks off. The set is dismantled during this with walls kicked out, chairs thrown and other various props chucked about.** Joan is held down by Shortie and Eric puts Dylan into a restraint.



This is all a plot by the kids for Anais to escape. Anais shouts for everyone to get out and everyone escapes as **she throws a Molotov cocktail** destroying the Panopticon and the Experiment.

Three days later Anais is in London playing the birthday game. She throws some flowers into the Thames in memory of Theresa, Tash, Isla, and the old Anais.

Anais boards the Eurostar to Paris. The ensemble create this image with chairs. She practices writing her new name and opens the envelope from Dylan which has the lucky domino on a necklace and her passport. She talks of her own revolution. The final image is her stepping off stage into her new life.

END OF SHOW