



Woodkirk Academy

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The Sixth Form @ Woodkirk Academy

# Woodkirk Academy

## Year 11 – 2023-24

Information evening for parents

**Be The Best You Can Be: *Work Hard, Be Kind, Take Responsibility***



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*The best time to plant a tree was 20 years ago.  
The second best time is today.*

**Be The Best You Can Be: Work Hard, Be Kind, Take Responsibility**



# The summer exams

- The summer exam season starts on Monday 13 May
- Other exams (including MFL speaking and art) in the weeks before then.
- Students must be available up to and including Wednesday 26 June.



# A typical exam season

- 25 exams
- 5 weeks
- Usually 1, but sometimes more exams per day

## Timetabled Components

Date	Start	Duration	Board	Level	Element	Component
TBA	N/A	0	AQA	GCSE/9FC	8062MA: GCSE Religious Studies A	8062/15: GCSE Religious Studies - Component 1A - Islam
TBA	N/A	0	AQA	GCSE/9FC	8702NM: GCSE English Literature Option NM	8702/1N: GCSE Eng Lit Component 1b - 19th Century Novel
Mon 16/05/2022	09:00	105	AQA	GCSE/9FC	8062MA: GCSE Religious Studies A	8062/13: GCSE Religious Studies - Component 1M & 1N
Mon 16/05/2022	13:00	105	AQA	GCSE/9FC	8192: GCSE Sociology	8192/1: GCSE Sociology - Component 1
Tue 17/05/2022	09:00	105	AQA	GCSE/9FC	8461H: GCSE Biology	8461/1H: GCSE Biology - Component 1H
Wed 18/05/2022	09:00	105	AQA	GCSE/9FC	8700: GCSE English Language	8700/1: GCSE English Language - Component 1
Thu 19/05/2022	09:00	60	OCR	GCSE/9FC	J4110K: GCSE History B	J411/42: GCSE History - Component 1 - Elizabethans 1580-16
Fri 20/05/2022	09:00	90	OCR	GCSE/9FC	J560H: GCSE Mathematics	J560/04: GCSE Mathematics - Component 4H
Tue 24/05/2022	13:00	75	AQA	GCSE/9FC	8582: GCSE Physical Education	8582/1: GCSE Physical Education - Component 1
Wed 25/05/2022	09:00	105	AQA	GCSE/9FC	8702NM: GCSE English Literature Option NM	8702/1M: GCSE Eng Lit Component 1 parts a & b
Thu 26/05/2022	13:00	105	AQA	GCSE/9FC	8062MA: GCSE Religious Studies A	8062/2A: GCSE Religious Studies - Component 2
Fri 27/05/2022	09:00	105	AQA	GCSE/9FC	8462H: GCSE Chemistry	8462/1H: GCSE Chemistry - Component 1H
Tue 07/06/2022	09:00	90	OCR	GCSE/9FC	J560H: GCSE Mathematics	J560/05: GCSE Mathematics - Component 5H - Non Calculator
Wed 08/06/2022	09:00	105	AQA	GCSE/9FC	8702NM: GCSE English Literature Option NM	8702/2: GCSE English Literature - Component 2
Thu 09/06/2022	09:00	60	OCR	GCSE/9FC	J4110K: GCSE History B	J411/51: GCSE History - Component 2 - Peoples Health
Thu 09/06/2022	13:00	105	AQA	GCSE/9FC	8463H: GCSE Physics	8463/1H: GCSE Physics - Component 1H
Fri 10/06/2022	09:00	105	AQA	GCSE/9FC	8700: GCSE English Language	8700/2: GCSE English Language - Component 2
Fri 10/06/2022	13:00	75	AQA	GCSE/9FC	8582: GCSE Physical Education	8582/2: GCSE Physical Education - Component 2
Fri 10/06/2022	13:00	105	AQA	GCSE/9FC	8192: GCSE Sociology	8192/2: GCSE Sociology - Component 2
Mon 13/06/2022	09:00	90	OCR	GCSE/9FC	J560H: GCSE Mathematics	J560/06: GCSE Mathematics - Component 6H
Wed 15/06/2022	09:00	105	AQA	GCSE/9FC	8461H: GCSE Biology	8461/2H: GCSE Biology - Component 2H
Thu 16/06/2022	09:00	60	OCR	GCSE/9FC	J4110K: GCSE History B	J411/61: GCSE History - Component 3 - History Around US
Mon 20/06/2022	09:00	105	AQA	GCSE/9FC	8462H: GCSE Chemistry	8462/2H: GCSE Chemistry - Component 2H
Thu 23/06/2022	09:00	105	AQA	GCSE/9FC	8463H: GCSE Physics	8463/2H: GCSE Physics - Component 2H
Mon 27/06/2022	13:00	60	OCR	GCSE/9FC	J4110K: GCSE History B	J411/83: GCSE History - Component 4 - Under Nazi Rule



# Expectations

- Be ambitious
- Accept the support: parents and school



# Expectations

- 2-3 hours per evening, increasing to 3-4 hours per evening.
- Plan your time carefully.
- Work in blocks of 30-40 minutes.
- Find a quiet study area.
- Put phones away and out of sight (different room).
- Use good resources.
- Use effective techniques.
- Use breaks well.
- Celebrate successes.
- Sleep well.
- Eat well.
- Live healthily.



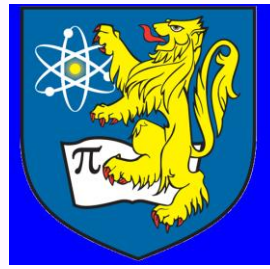
# School support

- Lessons
- Revision/subject support sessions
- Focused homework
- Coursework support
- Assessments and exams
- Mrs Heys-Gaughan





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## Year 11 Information Evening 2023



### How can parents support?

**Be The Best You Can Be: *Work Hard, Be Kind, Take Responsibility***





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Be

Responsibility



# What makes things easier?

- Attendance
- Punctuality – school/lessons
- Behaviour in and out of lessons
- Lesson scores – 1s every lesson!





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# ATTENDANCE



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# Punctuality

So what?  
I am only  
5 mins late  
to lesson!



## 7 WEEKS

3 days and 2 hours of lessons will have been missed  
in your school life by missing only 5 minutes of learning



# How does attendance affect outcomes for students?

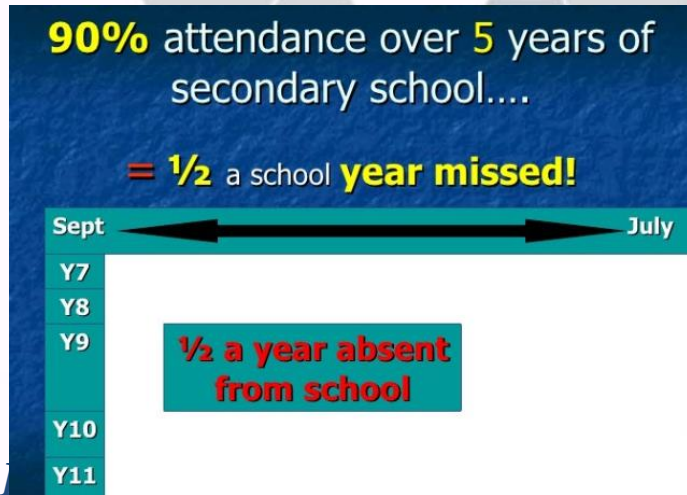
- Being in school is important to your child's **achievement, wellbeing, and wider development**. Evidence shows that the students with the highest attendance throughout their time in school gain the best GCSE and A Level results.
- Our research found that pupils who **performed better** both at the end of primary and secondary school **missed fewer days** than those who didn't perform as well.



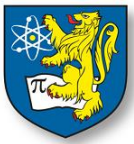
**90%** means that you are absent from lessons for the equivalent of one half-day every week. A 90% attendance rate means that you have missed the equivalent of **four whole weeks** of lessons in the school year.

A fantastic score in an exam but **not an impressive attendance figure!**

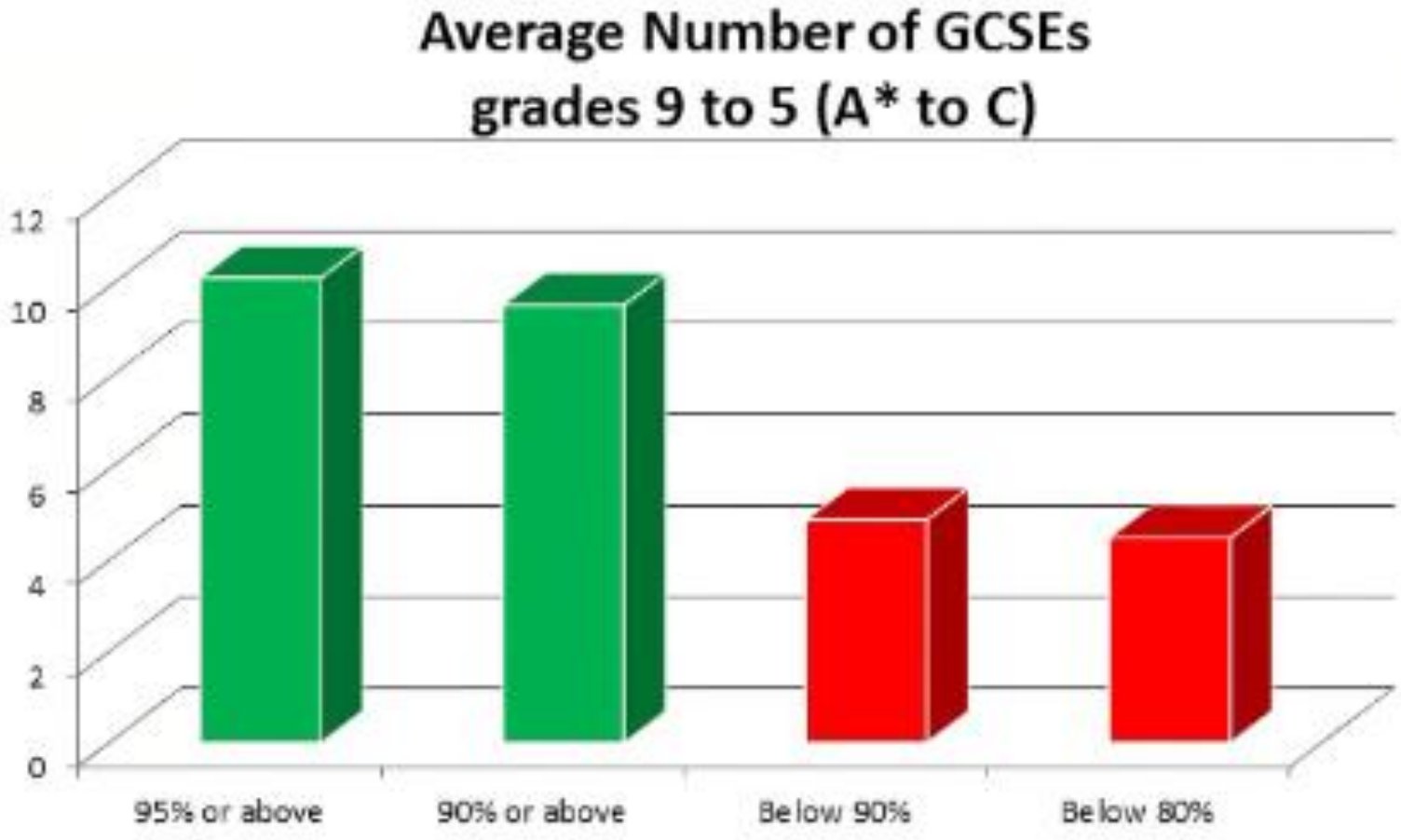
**Individual target** – 100%







# Raise your child's attendance, raise their chances





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# The Perfect Balance?

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**B** *Work Hard, Be Kind, Take Responsibility*





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# Extra - curricular

*Your Aspirations,  
Our Inspiration*



**Be The Best You Can Be: *Work Hard, Be Kind, Take Responsibility***





[www.proeliteacademy.co.uk/wakefield](http://www.proeliteacademy.co.uk/wakefield)

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# Mental Health – GCSE year

GCSEs can be an incredibly stressful time for students. The pressure to perform well can be overwhelming, and the fear of failure can lead to feelings of anxiety, stress, and depression.

In fact, a survey conducted by the mental health charity Place2Be found that 60% of GCSE students feel pressure to succeed academically, with 20% saying that the pressure comes from their parents.



# Supporting your child's mental health

Signs that your child may be struggling with their mental health include:

- **Change in mood** – tearful, angry, disinterested
- Taking **less interest** in activities which they used to enjoy
- Spending more **time alone or sleeping**
- **Self-harm**
- Changes in **eating habits** and weight
- Less interest in **appearance or hygiene**



# Getting the right amount of sleep

- Links between **sleep and mental health** are well proven.
- **Caffeine to a minimum**
- Set a **screen curfew**
- **Eat early**. Eating too late can disrupt sleep
- **Set a sleep routine.**
- **Bedrooms are for sleeping.**

**Even more important  
during exam season!**

**Keep the bedroom  
dark, quiet, and  
at a comfortable  
temperature**





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# Help available

**Leodis Support Service** – **Early Help** mental health support is available in your child's school. More information is available on the Woodkirk Academy Website.

**The Marketplace** – based in Leeds near the bus station. Young persons' Counselling Service.

**MindEd** - [www.mindedforfamilies.org.uk](http://www.mindedforfamilies.org.uk)

Online advice, parenting strategies and access to free training online in relation to different mental health concerns.

**Kooth** – [kooth.com](http://kooth.com)

**Mindmate** - [mindmate.org.uk/](http://mindmate.org.uk/)

**Every Mind Matters (NHS)** –

**NHS** - [nhs.uk/oneyou/every-mind-matters/](http://nhs.uk/oneyou/every-mind-matters/)

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# Technology use

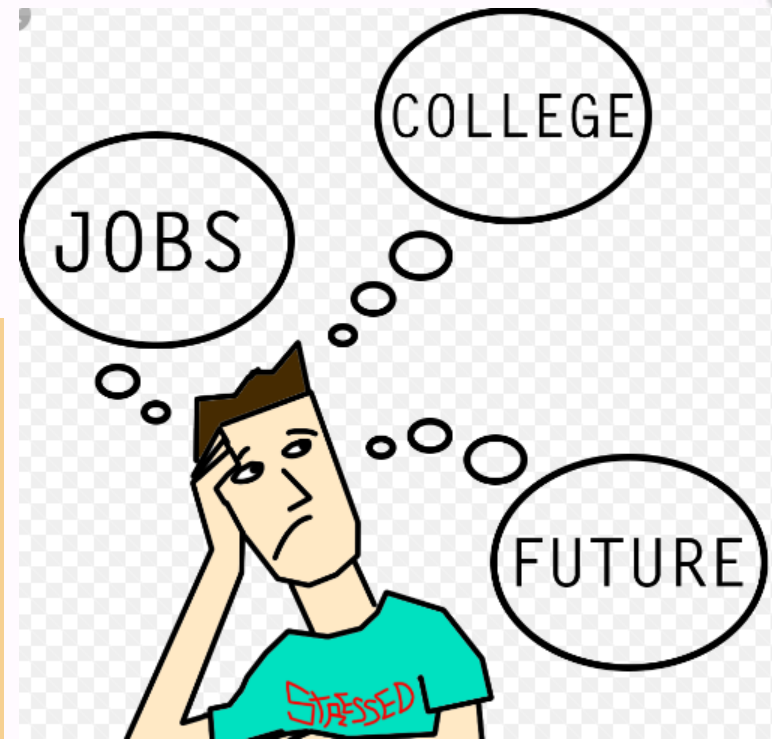


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# Year 11







# Let's hear from the students

“Small chunks of revision, don't overdo it!” (Abigail)

“Revise a little and often and then build it up” (Matthew)

“Make notes early and prepare materials well in advance – start revising earlier than you think, before Xmas” (Abi)

“Use your revision guides” (Charlie)

“Listen in class and attend after school classes” (Abigail)



# What do last year's Year 11s say?

**“Start revising early.” (Tom and many others)**

**“Try to avoid stress – organise yourself and plan ahead” (Abigail)**

**“Put your friends last and yourself first!” (Abigail)**

**“YouTube revision videos and flash cards worked for me” (James)**

**“Sack your boyfriend off between March and June” (Anon, 2018)**

**“Just switch it off!” (Alyssa)**



# What do employers want?

## **EMPLOYABILITY SKILLS.**



Self-management



Teamwork



Positive attitude



Thinking skills



Communication



Willingness to learn



Resilience

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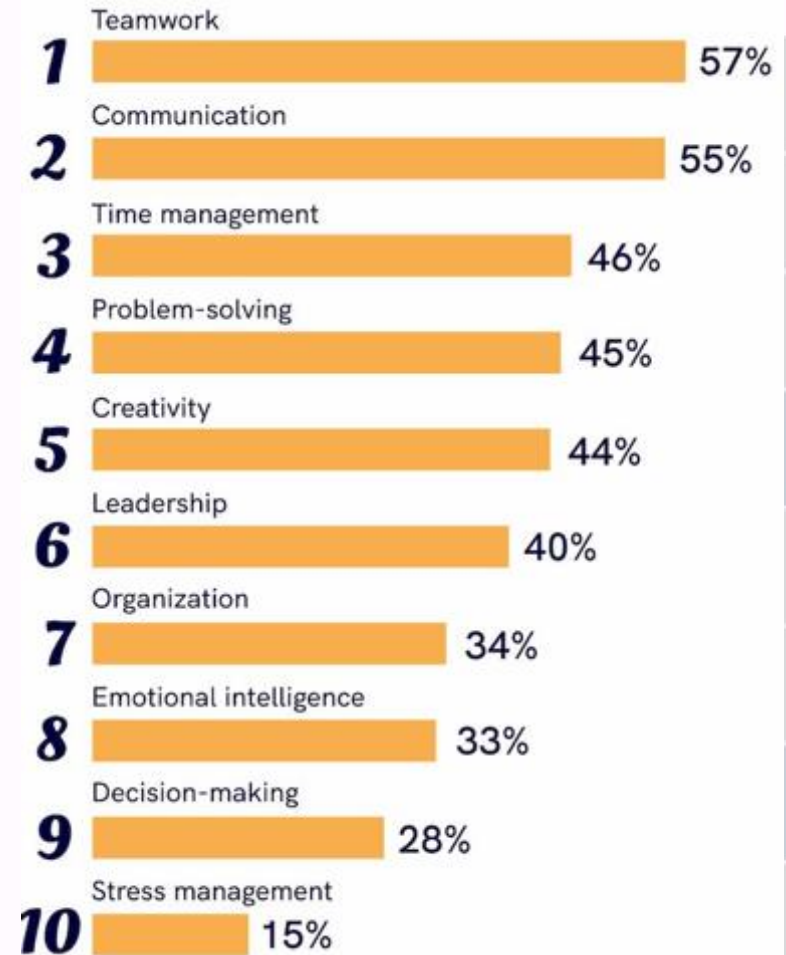


# Employers want...

## The Top 10 Key Competencies



## TOP 10 Most Important Soft Skills as chosen by recruiters and hiring managers



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