

# SHORT QUALIFICATIONS TO SUPPORT LEARNERS' SELF DEVELOPMENT AND CHARACTER BUILDING

## MENTAL STAMINA



L1 Award in Emotional Resilience  
L1 Award in Assertive Behaviour

## DIGITAL AGILITY



E3, L1 and L2 Awards in Digital Skills  
L1 Award in Internet Safety  
L1 Award in Social Media and Mental Wellbeing

## DISCIPLINE & STAYING SAFE



L1 Award in Personal Safety Awareness  
L1 Award in Personal and Interpersonal Conflict  
L1 Award in Developing Healthy Relationships and Respect  
E3, L1 and L2 Award in Induction to College  
E3, L1 and L2 Awards in Equality, Diversity and Inclusion



## CONFIDENCE BUILDING



L1 and L2 Awards in Developing Leadership Skills  
L1 Award in Stress and Stress Management Techniques  
L1 Award in Developing Personal Confidence and Self Awareness

## HEALTH & WELLBEING



L1 Award in Health & Wellbeing  
L1 Award in Understanding the Effects of Sleep on Health  
L1 Award in Mental Health and Wellbeing  
L1 Award in Planning a Healthy Diet  
L1 Award in Body Image and the Media

## SAFEGUARDING & CITIZENSHIP



L1 Award in Awareness of British Values and Citizenship  
L1 Award in Safeguarding in a Learning Environment  
L1 Award in Prevent Duty Awareness

<b>Title</b>	<b>Qualification Approval No.</b>	<b>Credit Value</b>
OCNLR Level 1 Award in Awareness of Drugs and Substance Misuse	603/3123/9	1
OCNLR Level 1 Award in Awareness of Health and Wellbeing	603/3116/1	1
OCNLR Level 1 Award in Awareness of Mental Health and Wellbeing	603/2570/7	1
OCNLR Level 1 Award in Body Image and the Media	603/3117/3	1
OCNLR Level 1 Award in Dementia Awareness	603/3118/5	3
OCNLR Level 1 Award in Developing Assertive Behaviour	603/3120/3	2
OCNLR Level 1 Award in Developing Emotional Resilience	603/3121/5	1
OCNLR Level 1 Award in Developing Healthy Relationships and Respect	603/3119/7	2
OCNLR Level 1 Award in Developing Personal Confidence and Self Awareness	603/3122/7	3
OCNLR Level 1 Award in Personal Safety Awareness	603/3124/0	2
OCNLR Level 1 Award in Planning a Healthy Diet	603/3125/2	3
OCNLR Level 1 Award in Social Media and Mental Wellbeing	603/3126/4	2
OCNLR Level 1 Award in Stress and Stress Management Techniques	603/3127/6	3
OCNLR Level 1 Award in Understanding the Effects of Sleep on Health	603/3128/8	1
OCNLR Level 1 Award in Understanding Personal and Interpersonal Conflict	603/3130/6	3
OCNLR Level 1 Award in Understanding the Importance of a Balanced Diet and Regular Exercise	603/3131/8	1
OCNLR Entry Level Award in Induction to College (Entry 3)	600/8453/4	3
OCNLR Level 1 Award in Induction to College	600/8454/6	3
OCNLR Level 2 Award in Induction to College	600/8455/8	3
OCNLR Entry Level Award in Digital Skills (Entry 3)	603/2845/9	6
OCNLR Level 1 Award in Digital Skills	603/2847/2	6
OCNLR Level 2 Award in Digital Skills	603/2951/8	6
OCNLR Level 1 Award in Leadership Skills	603/2689/X	1
OCNLR Level 2 Award in Leadership Skills	603/2686/4	2
OCNLR Level 1 Award in Awareness of British Values and Citizenship	603/1995/1	1
OCNLR Level 1 Award in Understanding Safeguarding in a Learning Environment	603/1999/9	1
OCNLR Level 1 Award in Prevent Duty Awareness	601/9031/0	1
OCNLR Entry Level Award in Equality, Diversity and Inclusion (Entry 3)	600/5044/5	1
OCNLR Level 1 Award in Equality, Diversity and Inclusion	600/5066/4	1
OCNLR Level 2 Award in Equality, Diversity and Inclusion	600/4897/9	1

For further information about any of the above qualifications please see the Qualifications section of the OCN London website or contact a member of our Curriculum Development and Relationship Team on 020 7689 5867.