



Handwashing protocol

Modelo: HKB

V-HKB-IKON-PROTOCOLO-LAVADO-240125-EN

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1. Introduction

The Ikon and Ikon Sleep bands are made of fabric, allowing them to be washed and disinfected using pre-impregnated surface disinfection wipes recommended by the manufacturer.

2. Material

- **Basin**
- **Hanger**
- **Towel**
- **Soap:** The use of neutral soap recommended by the manufacturer is advised. The use of any other product could damage the equipment's functionality and affect the signal obtained.

3. Preparation of the mixture

Fill a basin of sufficient size with cold water to wash the band. **DO NOT use hot water.** Add 25ml of the recommended soap and mix by hand or with a **NON-metallic utensil**.



4. Washing and rinsing

1. Place the band in the basin.
2. Gently rub the areas with dirt using your fingertips.
3. Rub the sensor areas with extra care and always in the direction of the embroidery, without applying pressure.
4. Once washing is complete, rinse the band with clean, cold water, lightly squeezing and gently rubbing to remove any remaining soap from the fabric.
5. Pay special attention to thicker areas: the central sensor area, the ear sections, and especially the amplifier connector area. Remove as much soap as possible from these areas by rinsing and pressing with your hand until no foam is released.



5. Draining

1. After rinsing the band, hang it vertically with the connector area at the top.
2. Gently press the band with the palm of your hand, starting from the top and moving downward, to remove excess water through the bottom.



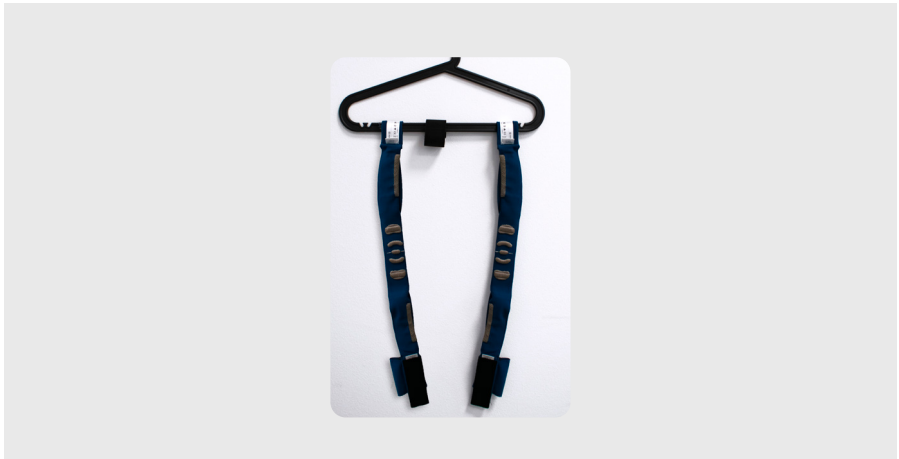
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3. Place the band on the towel and wrap the towel around it.



4. Gently press the towel against the band to absorb as much water as possible.

6. Drying

1. After removing the excess water, hang the band from a hanger by the end of the band's label. This helps preserve the functionality of the sensors and the connector.
2. Leave the Velcro straps open to ensure that the connector area dries properly.



The drying time varies depending on the season. To ensure proper functionality, drying should take 48 hours in summer, while in winter, it is recommended to allow up to 4 days for drying.

When the band is damp, the impedance of the sensors will not display in green.

Real-world research and applications



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