



Approved
training
provider
2849

Project Skills Solutions IOSH Courses



Who are IOSH?

The Institution of Occupational Safety and Health (IOSH) is the world's leading chartered body for health and safety professionals, setting high standards since 1945. As an IOSH-accredited provider, our training meets strict quality and industry benchmarks, helping individuals and organisations create safer, more sustainable workplaces across all sectors. Whether you're just starting in health and safety or leading teams, IOSH courses are built to meet real-world needs and support long-term, measurable progress.

Why IOSH Training Matters?

IOSH training goes beyond certification by promoting a proactive safety culture and empowering individuals to prevent workplace risks. It helps organisations stay legally compliant while protecting employees and improving overall productivity.



Key Benefits at a Glance

- Globally recognised certifications
- Flexible Payment Options
- Multiple learning formats: online, in-person, e-learning, onsite/group
- Group Bundles
- Pass Plus (1 free re-sit) when you book with us
- Courses for all experience levels
- Improve compliance and reduce risk
- Delivered by approved, expert trainers
- Instant Group Price

IOSH Working Safely

The IOSH Working Safely course helps workers understand their responsibilities and how their actions contribute to a safer workplace.

Course Content

This course covers 4 modules:

- Introduction to IOSH Working Safely
- Defining hazards and risks
- Identifying common hazards
- Improving safety performance

Who is this course for?

The IOSH Working Safely course is for employees at all levels, in any industry or sector. It's especially useful for new starters during induction or staff who haven't received formal safety training.

[Explore this course in more detail](#)



Accreditation

IOSH



Duration

1 Day



Delivery

Classroom/Virtual/
E-Learning/Onsite



Valid For

Recommended
3 Years



Entry Requirements

No Formal Entry
Requirements



IOSH Managing Safely

The IOSH Managing Safely course is a leading health and safety qualification. Learn how to assess and control risks, understand responsibilities, and improve safety performance.

Course Content

This course covers 7 modules:

- Introduction to IOSH Managing Safely
- Assessing Risks
- Controlling Risks
- Understanding Your Responsibilities
- Identifying Hazards
- Investigating Accidents and Incidents
- Measuring Performance

Who is this course for?

The IOSH Managing Safely course is for managers and supervisors in any industry who are responsible for health and safety in the workplace.

[Explore this course in more detail](#)



Accreditation
IOSH



Duration
3 Days



Delivery
Classroom/Virtual/
E-Learning/Onsite



Valid For
Recommended
3 Years



Entry Requirements
No Formal Entry
Requirements



IOSH Managing Safely Refresher

The IOSH Managing Safely Refresher course is for those who've completed the original course and need to recap and update their health and safety knowledge in an engaging, practical way.

Course Content

This course covers 6 modules:

- Thinking Back
- Leadership
- Plan
- Do
- Check
- Act

Who is this course for?

The IOSH Managing Safely Refresher course is for managers and supervisors who have already completed the IOSH Managing Safely course and need to renew and update their health and safety knowledge to stay compliant in their roles.

[Explore this course in more detail](#)



Accreditation

IOSH



Duration

1 Day



Delivery

Virtual/Onsite



Valid For

Recommended

3 Years



Entry Requirements

IOSH Managing Safely



IOSH Managing Occupational Health and Wellbeing

The Managing Occupational Health and Wellbeing course focuses on promoting mental health and employee wellbeing in the workplace. It addresses the impact of workplace stress and offers practical tools to create a supportive culture that boosts engagement and productivity.

Course Content

This course covers 4 modules:

- A Healthy Company
- Health Risk Management
- Fitness For Work
- Wellbeing

Who is this course for?

The IOSH Managing Occupational Health and Wellbeing course is for anyone in, or preparing for, a management or supervisory role—suitable for all industries.

[Explore this course in more detail](#)



Accreditation

IOSH



Duration

1 Day



Delivery

E-Learning/Onsite



Valid For

Recommended

3 Years



Entry Requirements

No Formal Entry
Requirements



IOSH Leading Safely

The IOSH Leading Safely course gives leaders the practical and strategic insight to embed strong health and safety practices through planning, communication, and a proactive approach.

Course Content

This course covers 5 modules:

- Leadership Characteristics
- The Wider Picture
- Understanding Current Performance
- Building Capability
- Action Planning

Who is this course for?

The IOSH Leading Safely course is for executives and managers who set the direction for health and safety - suitable for all industries and sectors.

[Explore this course in more detail](#)



Accreditation
IOSH



Duration
1 Day



Delivery
Onsite



Valid For
Recommended
3 Years



Entry Requirements
No Formal Entry
Requirements





About Us

Scan the QR code to watch our short About Us video and discover who we are, what we do, and how we can help you grow. Explore our wide range of training courses across categories, including NPORS, NRSWA, Smart Awards, Openreach, NEBOSH, and more. Whether you're upskilling, reskilling, or just getting started - Project Skills Solutions is here to support your journey.



What is Pass Plus?

If you do not meet the pass requirement for your IOSH Managing Safely course, you are entitled one free re-sit when you book with Project Skills Solutions. This guarantee is only available for Managing Safely Bookings.



Delivery Options

- › **Classroom/Open:** In-person, UK-wide, practical instructor-led training for confident health and safety management.
- › **Virtual:** Live trainer-led Zoom sessions with full support; same content and certification as classroom courses.
- › **E-Learning:** Flexible, self-paced online training accessible anytime, any device, with full phone/email/chat support.
- › **Onsite/Group:** Tailored in-person or virtual training with real case studies, same qualification, and instant group pricing to save on travel costs.

Instant Group Estimator

If you're looking to train a team, there's no need to wait for a quote—use our simple online tool to get an immediate cost estimate for onsite training. Content can be tailored to your business and industry, using real case studies where applicable, while your team still earns the same internationally recognised IOSH qualification.



Ready to take the first step toward a safer, more productive workplace?

Invest in yourself or your team's health, safety and performance with IOSH-accredited training. [Book your IOSH course with us now!](#)



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