



DID YOU KNOW MANY GREAT LEADERS SUFFERED WITH MENTAL HEALTH CONDITIONS?



Abraham Lincoln 16th President of the United States, suffered from severe and debilitating bouts of depression, which were described by Carl Sandburg in his biographical analysis of his life. Lincoln once wrote in a letter to a friend, "A tendency to melancholy...let it be observed, is a misfortune not a fault."



Winston Churchill Prime Minister of Great Britain was one of the "Big Three" (Churchill, Roosevelt and Stalin) to lead the world in its defeat of Hitler in WWII. He told in his own writings of suffering from "black dog," Churchill's term for severe and serious depression.

Sir Isaac Newton the most famous mathematician of the 17th Century, suffered from several "nervous breakdowns" and was known for great fits of rage towards anyone who disagreed with him. Some people suspect that he had bipolar disorder, which was unknown at the time.

Vincent Van Gogh, famous painter and artist was labelled peculiar with unstable moods most of his short life. Many people have tried to give a definitive diagnosis of his illness through reading his personal letters. It seems clear that his depressive states were also accompanied by manic episodes of enormous energy and great passion. Van Gogh committed suicide at age 37.

Some of the most talented, intelligent, and confident people in history suffered with mental health illness or conditions.....

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