

Workplace Health Workbook

or effectively:

‘How to assess your workplace health management arrangements, comply with legislation and adopt good practice’



Managing occupational health risks is challenging, due in part to the latency between exposure to the health hazard and the onset of its effect or illness. This toolkit is a method to review companies' occupational health management systems.

The assessment tool consists of a two-tiered questionnaire enabling an independent assessment of the workplace health management arrangements, and provides an indication of compliance with legislation and best practice. The two sections address the management and operational processes that are necessary to achieve adequate risk control.

The management process topics are:

- Leadership and commitment
- Policy and strategy objectives
- Organisation
- Health risk control
- Planning and procedures
- Implementing and monitoring
- Audit
- Management review

The operational process topics are:

- Noise
- Vibration
- Hazardous substances
- Water management
- Asbestos
- Radioactive material
- Manual handling and ergonomics
- Psychosocial risk

A simple scoring method measures the levels of knowledge and understanding of health risk management.

Summary: A toolkit which assesses the occupational health risk management of a workplace and offers ideas.