

**WOULD YOU KNOW WHAT TO DO IN CASE OF AN EMERGENCY?**



## **DISASTERS AT HOME: KNOW YOUR EXIT STRATEGY**

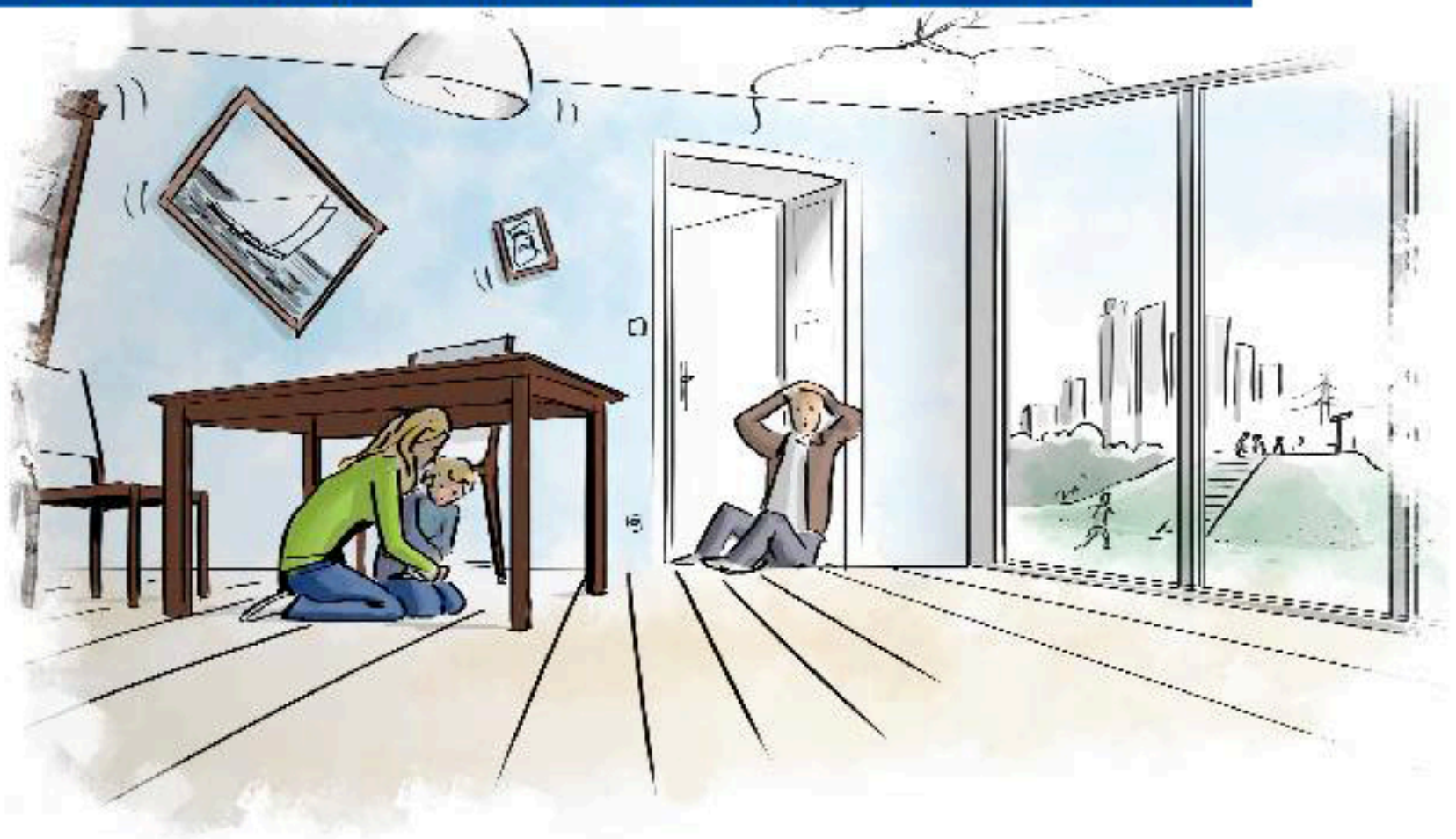
Think ahead and plan different exit routes, be certain that all household members know them as well. A folder with the most important documents (e.g. passports) should always be at hand.



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## **EVERYTHING SHAKES: EARTHQUAKES**

If you are indoors, don't run but drop to the floor. Take cover next to or under heavy furniture. Outside: Avoid trees, power lines, streetlights and the beach - tsunamis could occur.



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## **IN CASE OF FIRE: WARNING SIGNALS & SHELTERING**

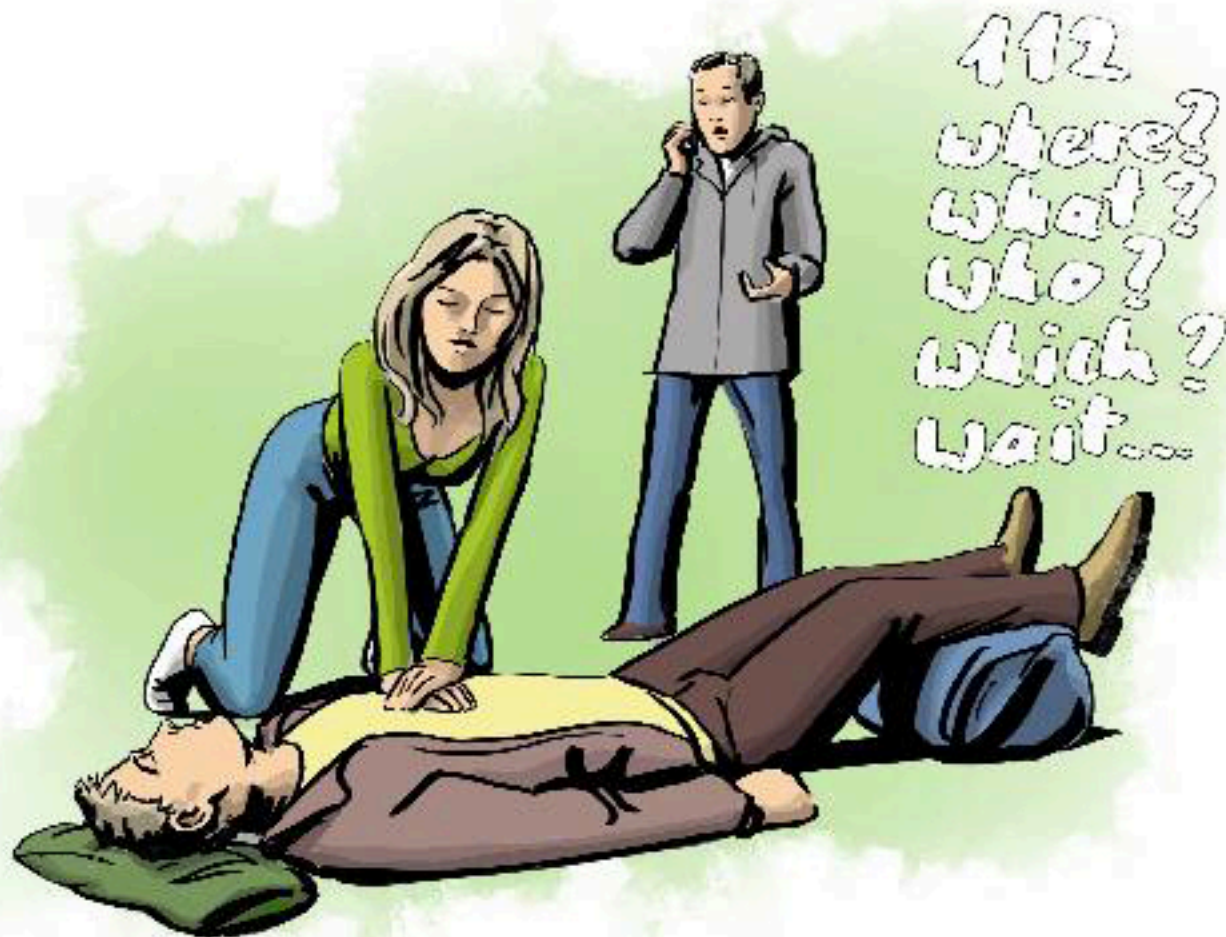
Listen to fire sirens and instructions given by the authorities. Close down all ventilation, windows or doors. Only use your phone in an emergency so that the network doesn't break down.



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## SKILLS WHICH SAVE LIVES: FIRST AID TRAINING

Freshen up your CPR knowledge. Dial 112 across Europe to reach the authorities. Follow the 5 Ws: **Where** and **What** happened? **Who** has **Which** kind of Injuries? **Wait** for further questions.



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## WHEN WATER BECOMES DANGEROUS: FLOODS

Move to higher locations or upper floors. Never go or drive through the floods. Don't drink or eat anything that has been in contact with contaminated water.



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## **THE SKY TURNS BLACK: FOREST FIRES**

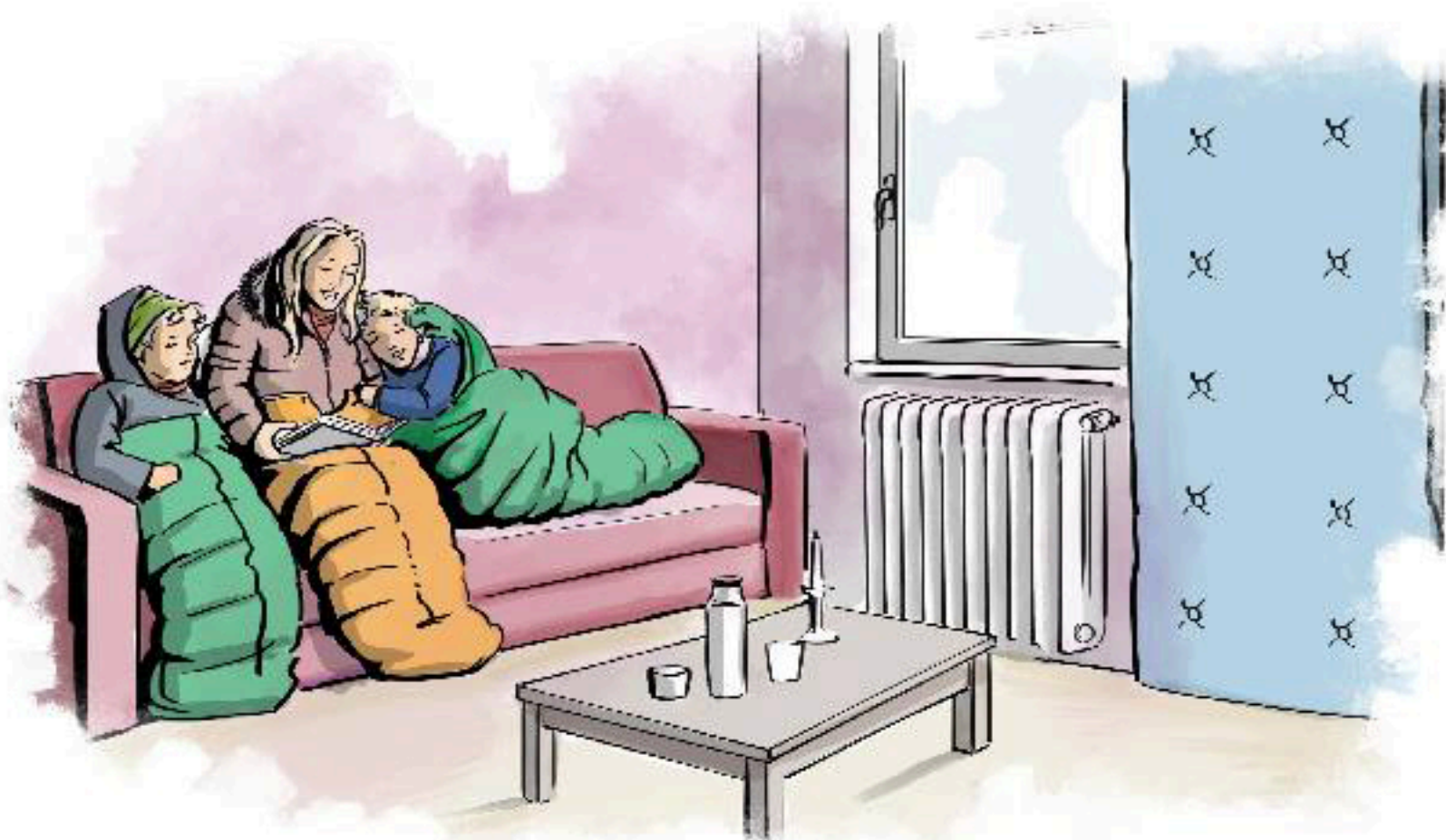
If you are at home, switch off gas valves and remove all flammable objects surrounding the home. Fill the bathtub and sinks with water. Ensure fire fighters have easy access to the property.



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## **POWER CUT: DISASTERS KNOW NO SEASONS**

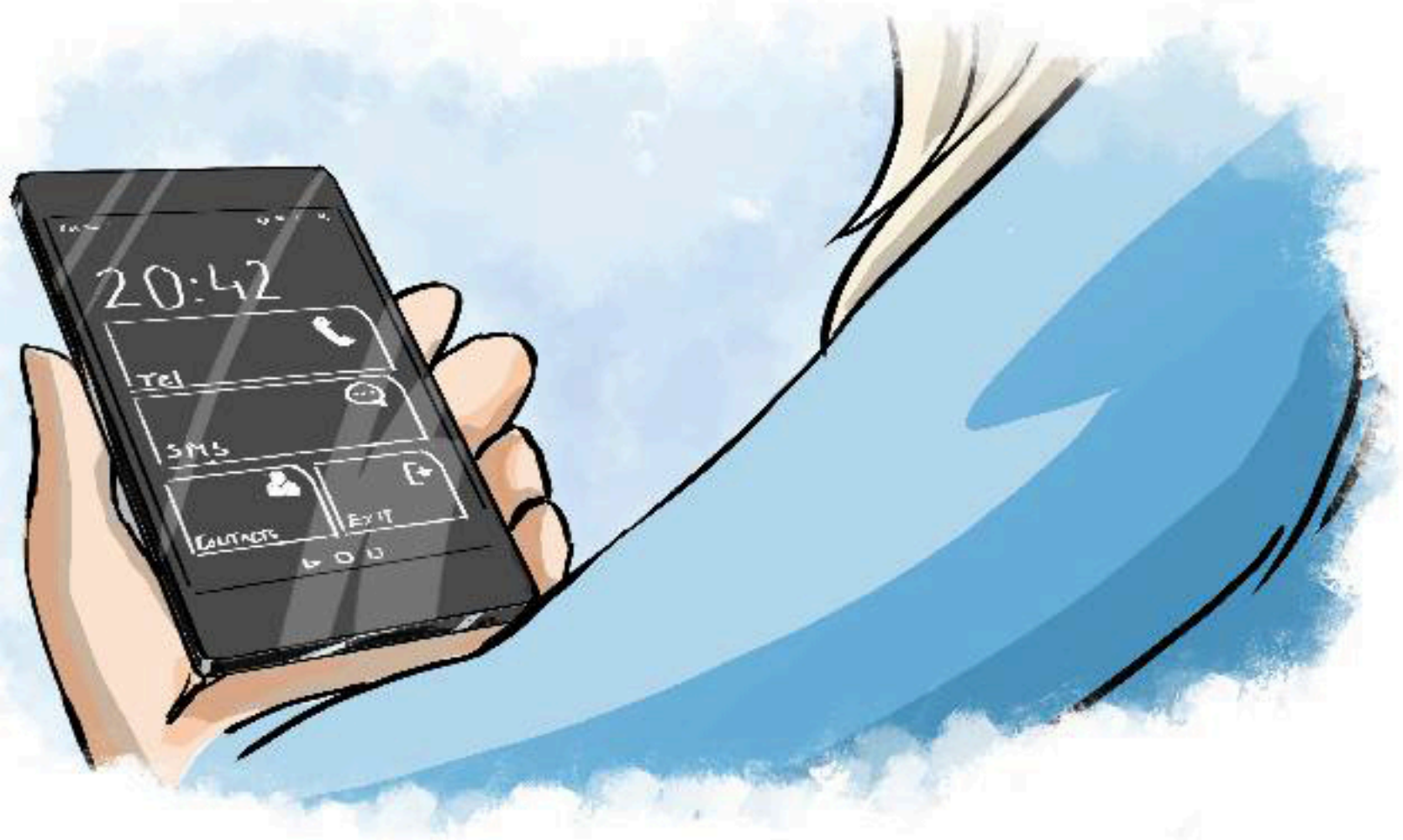
Concentrate all heat sources in one room. Resting helps to save energy. Warm clothing should always be available at home. Remember: drinking alcohol will not warm you up.



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## **NO POWER OR SIGNAL: STAY TUNED IN ANYWAY**

Keep your smartphone energy consumption to a minimum.  
A good old battery-powered radio helps to receive the  
latest updates from the authorities in disaster situations.



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## **WHEN YOU CAN'T JUST GO TO THE SHOP: FOOD STORAGE**

In the event of food shortages, you should store airtight packaged food that can be kept for a long time and consumed even without heating them up. Remember: this might not be an option.



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## **IN CASE OF CONTAMINATION OR SHORTAGE: WATER IS LIFE**

A human being needs approximately 2 litres of clean drinking water per day. Make sure that you have clean and sufficiently large water containers for every member of the household.



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