

## **Basics for New Beginners and Safety Rules**

### **ROs will use the following RO Commands during a stage**

RO: "Har skytter forstått øvelsen?" / "Do you understand the COF?" (event is about to begin)

Shooter must verbally reply with "Yes or No".

If there are no questions then;

RO: "Lad opp og gjør klar" / "Load and make ready" (insert magazine and remove empty chamber indicator)

RO: "Skytter klar" / "Stand by" (prepare to fire or get ready to move)

RO: "Engage" (Within the next 1-3 seconds the RO will start the shooter with the BEEP of a reliable shot-timer or a verbal "Ild" / "Fire". Shooter will engage or begin movement.)

RO: "Tid" / "Time" (stop firing make weapons safe -par time has expired)

RO: "Unload make weapon safe – insert chamber flag" (drop magazine, empty the chamber, move bolt to rear, allow the range officer the clear you off the line, and insert your chamber flag)

RO: "Treff" / "Impact" - shooter hit engaged target

RO: "Miss, incorrect target, reengage" - shooter engaged the wrong target  
(Optional to be determined by MD)

RO: "Stans" / "Cease Fire" (Stop Firing Make Weapons Safe) An unsafe act occurred, target malfunction, etc. (Situational)

### **General Safety Rules**

Keep muzzles pointed in a safe direction at all times regardless of the status of the weapon. Do not point any weapon at anything you do not wish to destroy. This is considered "flagging" and will not be tolerated.

Keep your finger off the trigger and outside the trigger guard until you are ready to shoot.

The event will take place on a "cold range". A cold range is defined as keeping firearms unloaded until it is the competitor's turn to shoot.

### **The following rules apply to all participants of the event, while not actively shooting a COF.**

While conducting any movement with a firearm at a PRS, the participant will ensure all of their weapons are pointed in a safe direction at all times.

All participants will ensure all of their weapons are cleared with the magazine out at all times.

Chamber flags or other Empty Chamber Indicator (ECI) will be utilized at all times.

### **The following rules apply to shooters who are actively participating in a COF.**

ECI's will remain in the rifle until the RO gives the command of "Load and make ready."

All transitions and movements during a course of fire must be done with open bolts and an empty chamber.

For Semi- Automatic Rifles the weapon must be on safe and the shooter must give an audible "Safe" before moving; NO EXCEPTIONS.

The 120 degree rule must be adhered to at all times. No shooter will point their muzzle any more than 60 degrees off of the direction of fire in either direction.

Shooters must maintain positive control of a firearm at all times