



## SDSSF Rulebook

### Designated Marksman Rifle (DMR)

#### Edition 1.1

Amendments 2026-06-07 V6, for upcoming edition.

#### 6.4.7

A competitor may not start a stage with more than 20 rounds. A replacement magazine with no more than 20 rounds may be used in the case of feeding problems etc, but no more than 20 rounds may be fired during a stage. Violation see rule 9.4.6.

#### 6.4.8

Deleted

#### 6.6.1.1.1

Due to D-max restrictions and target sustainability, rifles must not exceed a muzzle energy of 3950 Joules. These specifications are implemented for safety reasons.

Match officials retain the right to assess velocity and bullet weight. Any individual found to be contravening these regulations will be subject to an immediate Match Disqualification.

#### 6.6.1.2.1

Due to D-max restrictions and target sustainability, rifles must not exceed a muzzle energy of 3950 Joules. These specifications are implemented for safety reasons.

Match officials retain the right to assess velocity and bullet weight. Any individual found to be contravening these regulations will be subject to an immediate Match Disqualification.

#### 6.6.2.2

##### **Semi-Automatic 5.56 LPVO Division**

This Division is open to participants of all ages and genders. The sole permitted caliber is 5.56 NATO / .223 Rem. Rifle chambered in .223 Wylde. This Division does not allow the use of modified wildcat rounds like the .223 Ackley Improved. Rifles must not surpass a weight of 6,5 kg (excluding magazine). The rifle may not be fitted with a riflescope with more than 10x magnification. Any individual found to be infringing upon these regulations will be moved to the Open Division. The single use of red dot with or without magnifier may be excluded from any match due to safety reasons regarding drop compensation.

#### 6.6.3.1

##### **Semi-Automatic 7.62 Division**

This Division is open to participants of all ages and genders. Permitted calibers include .308 Winchester and 7.62 x 51 NATO. Modified wildcat rounds are not permitted in this Division. Rifles must not exceed a weight of 6,5 kg (excluding magazine). Any individual found to be in breach of these regulations will be transferred to the Open

Division.

#### 6.6.3.1.1

Due to D-max restrictions and target sustainability, rifles must not exceed a muzzle energy of 3950 Joules. These specifications are implemented for safety reasons.

Match officials retain the right to assess velocity and bullet weight. Any individual found to be contravening these regulations will be subject to an immediate Match Disqualification.

#### 6.6.3.2

##### **Semi-Automatic 7.62 LPVO Division**

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#### 6.6.3.2.1

Due to D-max restrictions and target sustainability, rifles must not exceed a muzzle energy of 3950 Joules. These specifications are implemented for safety reasons.

Match officials retain the right to assess velocity and bullet weight. Any individual found to be contravening these regulations will be subject to an immediate Match Disqualification.

#### 6.6.5.2

##### **Semi-automatic 22LR LPVO Division**

Semi-automatic rifles must not exceed a weight of 6,5kg (excluding magazine). The rifle may not be fitted with a riflescope with more than 10x magnification. Any individual found to be in breach of these regulations will be transferred to Semi-Automatic 22LR Division.

#### 6.6.5.3

##### **Bolt action 22LR Division**

Bolt-action rifles must not exceed a weight of 9,5 kg (excluding magazine).

#### 6.6.5.4

Permissible ammunition in Rimfire Division is limited to .22 Long Rifle / 5,6 x 15R.

#### 8.2.1.1

Condition 1: With a round chambered, magazine inserted, hammer cocked, and safety engaged. (Bolt action may utilize “open bolt” instead of engaged safety)

#### 8.2.1.2

Condition 2: With an empty chamber, magazine inserted, hammer cocked, closed action and engaged safety.

#### 8.2.1.3

Condition 3: With an empty chamber, no magazine in the firearm, hammer cocked, action closed, safety engaged and magazines in pouch or pocket.

#### 8.2.1.4 Deleted

#### 8.2.1.5 Deleted

#### 8.4.1

"Make Ready" or "Load and Make Ready" – This directive marks the beginning of the Course of Fire. Under the direct supervision of the Range Officer, competitors must face downrange or adhere to a safe direction specified by the Range Officer. They must wear ear protection and should wear eye protection if not already done, and prepare the firearm in line with the written stage briefing. Following this, competitors must adopt the start position as per written stage briefing. Semi-auto must be cocked and have the external safety applied before chambering a round.

#### 8.4.12

“Scoring” – After this declaration, officials and competitors may proceed to score, reset props and barricades, collecting spent cases and perform other necessary tasks. After scoring is completed and the competitor have signed the score sheet, the Range Officer shall declare “scoring complete”.

#### 8.4.5

In case a competitor intentionally or mistakenly starts shooting prematurely ("false start"), the competitor will be disqualified from the match.

#### 8.5.2

While engaging in loading and reloading of a semi-auto firearm the external safety must be engaged before chambering a round. Violations will incur warning and may, if repeated, incur match disqualification.

#### 8.6.1

The external safety must be engaged.

#### 8.6.2

Bolt-action firearms may utilize “open bolt” instead of external safety.

#### 9.4.4

Time factor points equal time in seconds, remaining after the last shot, multiplied by a factor of 0,00–2,0.

#### 9.4.7

If a competitor fires rounds at targets not included in the stage COF, one point per round fired at the not included targets shall be deducted from the score. The competitor may not be awarded time-factor points, instead maximum time shall be noted to the stage score.

#### 10.2.7

Sanctions for Offenses: For most offenses, these are the general penalties recorded on the score sheet: First offense: Warning is issued and full time will be noted to the stage score. Second offense: 2:nd Warning and stage Disqualification, zero points will be noted to the stage score. Third offense: Match Disqualification.

### 10.4.3

What Constitutes Negligent Discharge: A negligent discharge is defined as:

- A shot that goes over a specified backstop or berm mentioned in the written stage briefing deemed by the Match Director as unsafe.
- A shot during loading, reloading, unloading, or addressing a malfunction.
- A shot when transferring a rifle between hands.
- A shot during movement or transitioning between targets.
- A shot when not properly aimed ("on glass") with an established sight picture.
- A shot during a cease-fire period.
- A shot caused by "Bump Fire" (May be reduced to safety violation under 10.2 or disregarded, depending on local range regulations).
- A shot fired outside specified angles of fire.
- A shot fired at/towards a target appurtenant to another stage.

### **"Glossary"**

- Bump Fire A second shot accidentally fired due to recoil.