

	Bay 1	Bay 2	Bay 3	Bay 4
Before lunch	Stage 1 - Long	Stage 2 - Medium	Stage 4 - Medium	Stage 5 - Short
		Stage 3 - Short		Stage 6 - Short
After lunch	Stage 7 - Medium	Stage 9 - Long	Stage 10 - Short	Stage 12 - Medium
	Stage 8 - Short		Stage 11 - Short	