

## V Carrera livinda 8K



| POS | Pos.Sexo | Dorsal | Nombre           | Apellidos            | Club                     | Meta     | T.Real   | Ritmo    |
|-----|----------|--------|------------------|----------------------|--------------------------|----------|----------|----------|
| 1   | 1        | 216    | Benjamin         | Arias Ciruela        | independiente            | 00:29:50 | 00:29:50 | 3'43"/km |
| 2   | 2        | 402    | Silvino          | López Ramos          | VINO DE TORO             | 00:30:04 | 00:30:04 | 3'45"/km |
| 3   | 3        | 488    | Juan Carlos      | Martín Delgado       | Independiente            | 00:30:34 | 00:30:34 | 3'49"/km |
| 4   | 4        | 483    | Roberto          | Baz Cermeño          | Vino de toro caja rural  | 00:30:42 | 00:30:42 | 3'50"/km |
| 5   | 5        | 477    | Alejandro        | Martín López         | Deproal                  | 00:30:49 | 00:30:49 | 3'51"/km |
| 6   | 6        | 387    | Felix            | De La Cal García     | A. D. Marathon           | 00:30:57 | 00:30:57 | 3'52"/km |
| 7   | 1        | 397    | Estela           | Navascues Parra      | Beste iruña              | 00:31:31 | 00:31:31 | 3'56"/km |
| 8   | 7        | 404    | Sergio           | Molinero Prado       |                          | 00:32:06 | 00:32:06 | 4'00"/km |
| 9   | 8        | 388    | Eduardo          | Esteban Muñecas      | Independiente            | 00:32:19 | 00:32:19 | 4'02"/km |
| 10  | 9        | 486    | Jesús            | De Miguel Ibeas      | atletismo Soria          | 00:32:32 | 00:32:32 | 4'04"/km |
| 11  | 10       | 407    | Alejandro        | Pozas Agurcia        |                          | 00:33:12 | 00:33:12 | 4'09"/km |
| 12  | 11       | 390    | Moisés           | Muñoz Del Arco       | CD BEDUNIA               | 00:33:19 | 00:33:19 | 4'09"/km |
| 13  | 12       | 467    | Angel            | Argudo Jiménez       | Pura vida deportiva      | 00:33:22 | 00:33:22 | 4'10"/km |
| 14  | 13       | 380    | Alberto          | Benito Perez         | Vino de toro             | 00:33:24 | 00:33:24 | 4'10"/km |
| 15  | 14       | 389    | David            | Galán Lafuente       | CAP Arévacos             | 00:33:30 | 00:33:30 | 4'11"/km |
| 16  | 15       | 354    | Francisco        | Núñez Moreno         | COMERCIAL ULSA ATLETISMO | 00:33:59 | 00:33:59 | 4'14"/km |
| 17  | 16       | 352    | Raul             | Fernández Pelarda    |                          | 00:34:03 | 00:34:03 | 4'15"/km |
| 18  | 17       | 489    | Javier           | Caballero Sanz       |                          | 00:34:04 | 00:34:04 | 4'15"/km |
| 19  | 18       | 396    | Jorge            | Las Heras Santamaria | Independiente            | 00:34:16 | 00:34:16 | 4'17"/km |
| 20  | 19       | 395    | Hector           | Llorente San Quirico | Cdm Desafio Urbion       | 00:34:18 | 00:34:18 | 4'17"/km |
| 21  | 20       | 498    | Victor           | Romera Hernandez     |                          | 00:34:56 | 00:34:56 | 4'22"/km |
| 22  | 21       | 439    | Fernando         | Lafuente Aylagas     | CAP AREVACOS             | 00:35:59 | 00:35:59 | 4'29"/km |
| 23  | 22       | 360    | David            | Carnicero Vinuesa    | UCI SPORT                | 00:36:40 | 00:36:40 | 4'35"/km |
| 24  | 23       | 213    | Carlos           | Gomez San Hipolito   |                          | 00:36:47 | 00:36:47 | 4'35"/km |
| 25  | 24       | 448    | Jonathan         | Palacios             |                          | 00:37:00 | 00:37:00 | 4'37"/km |
| 26  | 25       | 399    | Abel             | Royo Ruiz            | C. A PUENTE DEL CANTO    | 00:37:03 | 00:37:03 | 4'37"/km |
| 27  | 26       | 355    | Francisco Javier | Peñalba García       | CAP Arevacos             | 00:37:04 | 00:37:04 | 4'38"/km |
| 28  | 2        | 214    | Alicia           | Cavia Diez           |                          | 00:37:10 | 00:37:10 | 4'38"/km |
| 29  | 27       | 385    | Héctor           | Gómez Sánchez        | Independiente            | 00:37:14 | 00:37:14 | 4'39"/km |
| 30  | 28       | 432    | Rodrigo          | Sanz Del Ama         |                          | 00:37:38 | 00:37:38 | 4'42"/km |
| 31  | 29       | 377    | Jesús            | Martínez Frías       | CLUB CICLISTA UXAMA      | 00:37:49 | 00:37:49 | 4'43"/km |
| 32  | 30       | 466    | Jesús Domingo    | Abejer Chamarro      | CAPAREVACOS              | 00:38:19 | 00:38:19 | 4'47"/km |

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|-----|----------|--------|--------------|---------------------|----------------------------|----------|----------|----------|
| 33  | 31       | 447    | Jose Angel   | Cervero Lafuente    | Cap Arevacos               | 00:38:19 | 00:38:19 | 4'47"/km |
| 34  | 32       | 211    | Juan I.      | Gaspar Lafuente     | CAP Arévacos               | 00:39:05 | 00:39:05 | 4'53"/km |
| 35  | 33       | 454    | Luis         | Juez Pascual        |                            | 00:39:22 | 00:39:22 | 4'55"/km |
| 36  | 34       | 480    | Manuel       | Miranda Lucas       | CD San Esteban             | 00:39:27 | 00:39:27 | 4'55"/km |
| 37  | 35       | 393    | José Javier  | Serrano Gómez       | INDEPENDIENTE              | 00:39:34 | 00:39:34 | 4'56"/km |
| 38  | 3        | 406    | Raquel       | Oliva Fabra         |                            | 00:39:39 | 00:39:39 | 4'57"/km |
| 39  | 36       | 478    | César        | Quílez Cervero      |                            | 00:40:31 | 00:40:31 | 5'03"/km |
| 40  | 37       | 364    | Oscar        | García Ramírez      | Pura Vida                  | 00:40:36 | 00:40:36 | 5'04"/km |
| 41  | 38       | 353    | Soulymane    | Thiandoume          | Independiente              | 00:40:39 | 00:40:39 | 5'04"/km |
| 42  | 39       | 487    | Santi        | Ojuel Pascual       | Cherokee                   | 00:40:46 | 00:40:46 | 5'05"/km |
| 43  | 40       | 415    | Daniel       | Garcia Auñon        |                            | 00:40:47 | 00:40:47 | 5'05"/km |
| 44  | 41       | 398    | David        | Rojo Cebrecos       | Peña Patata                | 00:40:48 | 00:40:48 | 5'06"/km |
| 45  | 42       | 358    | David        | Martínez Pascual    | CAP Arevacos               | 00:40:57 | 00:40:57 | 5'07"/km |
| 46  | 43       | 493    | Hector       | Pacheco Lucas       |                            | 00:41:01 | 00:41:01 | 5'07"/km |
| 47  | 44       | 379    | Pedro        | Peña De Blas        | INDEPENDIENTE              | 00:41:21 | 00:41:21 | 5'10"/km |
| 48  | 45       | 405    | Adrián       | Robles Arranz       |                            | 00:41:26 | 00:41:26 | 5'10"/km |
| 49  | 46       | 384    | Mario        | Amat Puig           |                            | 00:41:31 | 00:41:31 | 5'11"/km |
| 50  | 47       | 362    | Carlos       | Romo Gonzalo        | Team Running Destroyer     | 00:41:41 | 00:41:41 | 5'12"/km |
| 51  | 48       | 351    | Jose Andrés  | Alonso Peña         | CALERUEGA                  | 00:41:42 | 00:41:42 | 5'12"/km |
| 52  | 4        | 366    | M Carmen     | Garcia Gomez        | Atletas Populares de Soria | 00:41:55 | 00:41:55 | 5'14"/km |
| 53  | 49       | 365    | Sergio       | Blasco Fernández    | Atletas Populares de Soria | 00:41:55 | 00:41:55 | 5'14"/km |
| 54  | 50       | 400    | Miguel Angel | Lafuente Chicharro  | CAP AREVACOS               | 00:42:02 | 00:42:02 | 5'15"/km |
| 55  | 51       | 416    | Alberto      | Madrigal Cubero     |                            | 00:42:07 | 00:42:07 | 5'15"/km |
| 56  | 52       | 473    | César        | Cecilia Cerrada     |                            | 00:42:12 | 00:42:12 | 5'16"/km |
| 57  | 53       | 451    | Fernando     | Fernández De Marcos |                            | 00:42:12 | 00:42:12 | 5'16"/km |
| 58  | 5        | 359    | Maria        | Aldavero            | Ninguno                    | 00:42:48 | 00:42:48 | 5'21"/km |
| 59  | 6        | 357    | María        | Fuentemilla Rico    |                            | 00:43:07 | 00:43:07 | 5'23"/km |
| 60  | 54       | 378    | Arturo       | Gonzalo Lucas       | TEAM RUNNING DESTROYER     | 00:43:08 | 00:43:08 | 5'23"/km |
| 61  | 7        | 367    | Alba         | Frías Guillén       |                            | 00:43:10 | 00:43:10 | 5'23"/km |
| 62  | 55       | 373    | Javier       | Fernández Santos    |                            | 00:43:10 | 00:43:10 | 5'23"/km |
| 63  | 56       | 371    | Raul         | Andres              |                            | 00:43:10 | 00:43:10 | 5'23"/km |
| 64  | 8        | 372    | Àngela       | Torres Bertomeu     |                            | 00:43:10 | 00:43:10 | 5'23"/km |

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|-----|----------|--------|-----------------|---------------------|--------------------------|----------|----------|----------|
| 65  | 57       | 479    | Domingo         | Alcoceba De Blas    |                          | 00:43:23 | 00:43:23 | 5'25"/km |
| 66  | 58       | 370    | Roberto         | Gonzalez Larena     |                          | 00:43:24 | 00:43:24 | 5'25"/km |
| 67  | 59       | 459    | Jesús Valentín  | Fernández Tejero    | CAP Arévacos             | 00:43:33 | 00:43:33 | 5'26"/km |
| 68  | 60       | 543    | Iñaki           | Diestro Ortega      |                          | 00:43:38 | 00:43:38 | 5'27"/km |
| 69  | 61       | 472    | Álvaro          | Del Campo Arrieta   | Independiente            | 00:44:21 | 00:44:21 | 5'32"/km |
| 70  | 62       | 408    | Fernando        | Pérez Septién       |                          | 00:44:31 | 00:44:31 | 5'34"/km |
| 71  | 63       | 445    | Francisco       | Baeza Rodríguez     | Independiente            | 00:44:51 | 00:44:51 | 5'36"/km |
| 72  | 64       | 471    | Guzman          | Paskual Belasko     |                          | 00:44:53 | 00:44:53 | 5'36"/km |
| 73  | 65       | 412    | Javier          | Bartolome Yubero    |                          | 00:44:57 | 00:44:57 | 5'37"/km |
| 74  | 66       | 414    | Hilari          | Daroca              | yoamiritmo               | 00:45:24 | 00:45:24 | 5'40"/km |
| 75  | 67       | 484    | Angel           | Urbon Charro        | COMERCIAL ULSA ATLETISMO | 00:45:43 | 00:45:43 | 5'42"/km |
| 76  | 68       | 540    | Jose Javier     | Lopez Lorenzo       |                          | 00:46:09 | 00:46:09 | 5'46"/km |
| 77  | 69       | 437    | Jesús           | Zayas Redondo       |                          | 00:46:10 | 00:46:10 | 5'46"/km |
| 78  | 9        | 425    | Sofia           | Benito Andrés       |                          | 00:46:18 | 00:46:18 | 5'47"/km |
| 79  | 10       | 457    | Ana María       | Criollo Ramírez     | No                       | 00:47:20 | 00:47:20 | 5'55"/km |
| 80  | 70       | 417    | Oscar           | De Francisco Moreno | Ninguno                  | 00:47:21 | 00:47:21 | 5'55"/km |
| 81  | 11       | 391    | Natalia         | López García        |                          | 00:47:30 | 00:47:30 | 5'56"/km |
| 82  | 71       | 392    | Adolfo          | Marcos Lorenzo      | Triatlón Pichón Elche    | 00:47:30 | 00:47:30 | 5'56"/km |
| 83  | 72       | 424    | Daniel          | Ayuso Fresno        |                          | 00:47:36 | 00:47:36 | 5'57"/km |
| 84  | 73       | 423    | Pablo           | Ayuso Fresno        |                          | 00:47:36 | 00:47:36 | 5'57"/km |
| 85  | 12       | 482    | Alba            | Llorente Heras      |                          | 00:47:43 | 00:47:43 | 5'57"/km |
| 86  | 74       | 481    | Jorge           | Gadea Sainz         |                          | 00:47:44 | 00:47:44 | 5'58"/km |
| 87  | 75       | 394    | Juan            | Del Val Rodriguez   | C.A.P. Arevacos          | 00:47:47 | 00:47:47 | 5'58"/km |
| 88  | 76       | 435    | Miguel          | Gamarra Garcia      | CAP Arévacos             | 00:47:47 | 00:47:47 | 5'58"/km |
| 89  | 77       | 431    | David           | Pascual Del Valle   |                          | 00:47:48 | 00:47:48 | 5'58"/km |
| 90  | 78       | 368    | Diego           | Verdugo Tejero      | Independiente            | 00:47:51 | 00:47:51 | 5'59"/km |
| 91  | 79       | 381    | Mario           | Ortega Pascual      |                          | 00:48:08 | 00:48:08 | 6'01"/km |
| 92  | 80       | 418    | Felipe          | Torre De Miguel     | Dorsal 19                | 00:48:34 | 00:48:34 | 6'04"/km |
| 93  | 81       | 427    | Julian Bernardo | Lafuente De Blas    | CAP AREVACOS             | 00:48:35 | 00:48:35 | 6'04"/km |
| 94  | 13       | 363    | Nuria           | Roncero Gonzalez    | Pura Vida                | 00:49:03 | 00:49:03 | 6'07"/km |
| 95  | 14       | 464    | Maria Jose      | Cuadrado Prieto     | PURA VIDA DEPORTIVA      | 00:49:11 | 00:49:11 | 6'08"/km |
| 96  | 15       | 463    | Mrosa           | Muñoz Delgado       | CAP Arevacos             | 00:49:26 | 00:49:26 | 6'10"/km |

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|-----|----------|--------|--------------------|--------------------|-----------------------------|----------|----------|-----------|
| 97  | 16       | 453    | Gema               | Frías Ruperez      |                             | 00:49:26 | 00:49:26 | 6'10"/km  |
| 98  | 17       | 440    | Vanesa             | Muñoz              |                             | 00:49:45 | 00:49:45 | 6'13"/km  |
| 99  | 18       | 541    | Eloisa             | Tejero Cabrera     |                             | 00:50:03 | 00:50:03 | 6'15"/km  |
| 100 | 82       | 411    | Iván               | Yivoff             | No                          | 00:50:11 | 00:50:11 | 6'16"/km  |
| 101 | 19       | 436    | María Ángeles      | Gonzalo            | CAP Arévacos                | 00:50:12 | 00:50:12 | 6'16"/km  |
| 102 | 83       | 474    | Miguel Ángel       | Ruiz González      |                             | 00:50:21 | 00:50:21 | 6'17"/km  |
| 103 | 20       | 458    | Eva                | Plá Alvarez        | Pura Vida Deportiva         | 00:51:00 | 00:51:00 | 6'22"/km  |
| 104 | 21       | 375    | Mónica             | Martínez           |                             | 00:51:18 | 00:51:18 | 6'24"/km  |
| 105 | 84       | 492    | Roberto            | Pereira Ramos      |                             | 00:51:41 | 00:51:41 | 6'27"/km  |
| 106 | 85       | 494    | Alvaro             | Villaescusa Gil    |                             | 00:51:42 | 00:51:42 | 6'27"/km  |
| 107 | 86       | 500    | Alfonso            | Aires Santos       |                             | 00:52:42 | 00:52:42 | 6'35"/km  |
| 108 | 22       | 374    | Marta              | Martínez           |                             | 00:54:06 | 00:54:06 | 6'45"/km  |
| 109 | 23       | 441    | Isabel             | Tostado Acero      |                             | 00:55:06 | 00:55:06 | 6'53"/km  |
| 110 | 24       | 456    | Colombia Alexandra | Criollo Ramírez    | No                          | 00:55:11 | 00:55:11 | 6'53"/km  |
| 111 | 25       | 361    | Isabel             | Lafuente Gómez     | C.D ATLETAS POPULARES SORIA | 00:55:36 | 00:55:36 | 6'57"/km  |
| 112 | 87       | 382    | Miguel             | Albitre Izquierdo  | INDEPENDIENTE               | 00:55:49 | 00:55:49 | 6'58"/km  |
| 113 | 88       | 475    | Luis Angel         | Lope               |                             | 00:56:51 | 00:56:51 | 7'06"/km  |
| 114 | 89       | 429    | Sergio             | Jimenez            |                             | 00:56:53 | 00:56:53 | 7'06"/km  |
| 115 | 26       | 468    | Sandra             | Fernández Carrasco |                             | 00:58:37 | 00:58:37 | 7'19"/km  |
| 116 | 27       | 413    | Telly              | López              |                             | 00:58:38 | 00:58:38 | 7'19"/km  |
| 117 | 28       | 376    | Laura              | Lafuente Del Pino  |                             | 00:58:39 | 00:58:39 | 7'19"/km  |
| 118 | 90       | 430    | Daniel             | Ruperez            |                             | 00:58:42 | 00:58:42 | 7'20"/km  |
| 119 | 91       | 187    | Juan               | Fernández Pérez    | Independiente               | 00:59:14 | 00:59:14 | 7'24"/km  |
| 120 | 92       | 469    | Francisco Javier   | Velázquez Carrera  |                             | 00:59:16 | 00:59:16 | 7'24"/km  |
| 121 | 29       | 462    | Esperanza          | Loscos Muñoz       | Pura Vida Deportiva         | 01:01:05 | 01:01:05 | 7'38"/km  |
| 122 | 93       | 452    | Pedro              | Artajo Hernando    | CD maratón Jerez            | 01:22:56 | 01:22:56 | 10'22"/km |
| 123 | 94       | 422    | Jose               | Barea Lopez        |                             | 01:29:25 | 01:29:25 | 11'10"/km |
|     |          | 443    | Olga               | García Laina       | Atletismo Olmillos          |          |          |           |
|     |          | 455    | Gema               | De Lama García     |                             |          |          |           |
|     |          | 542    | Diego              | Ruiz Muñoz         |                             |          |          |           |
|     |          | 383    | Rosario            | Marrón García      |                             |          |          |           |
|     |          | 419    | Luis               | Sanz Vallejo       |                             |          |          |           |

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|     |          | 386    | Alicia           | Cavia Diez            |                       |      |        |       |
|     |          | 497    | Veronica         | Romera                |                       |      |        |       |
|     |          | 403    | Javier           | De La Viuda           |                       |      |        |       |
|     |          | 401    | Miriam           | Roldán Romero         |                       |      |        |       |
|     |          | 460    | Adrian           | Pardo Oliva           |                       |      |        |       |
|     |          | 442    | Pablo            | Arranz Poza           | Atletismo Olmillos    |      |        |       |
|     |          | 438    | Jose Antonio     | Carazo Hernando       |                       |      |        |       |
|     |          | 421    | Lorena           | Martínez Minguez      |                       |      |        |       |
|     |          | 461    | Sara             | Asensio Dominguez     |                       |      |        |       |
|     |          | 490    | Montserrat       | Puebla Milla          |                       |      |        |       |
|     |          | 499    | Sergio           | Miguel Sevillano      |                       |      |        |       |
|     |          | 444    | Javier           | Larraz                |                       |      |        |       |
|     |          | 495    | Eduardo          | Macarrón De Diego     |                       |      |        |       |
|     |          | 446    | Porfirio         | Sebastian Ondara      | INDEPENDIENTE         |      |        |       |
|     |          | 433    | Juan             | Sánchez Gonzalez      | AD MARATON JEREZ      |      |        |       |
|     |          | 476    | Rafael           | Olmo Cerrato          | Real Madrid           |      |        |       |
|     |          | 410    | Jesús            | Sánchez Jaén          |                       |      |        |       |
|     |          | 409    | Raquel Natividad | Gonzalo Palomar       |                       |      |        |       |
|     |          | 470    | Pedro            | Lopez García          | Desafío Urbión        |      |        |       |
|     |          | 356    | Domingo          | Crespo De Pedro       | C.A.P. Arévacos       |      |        |       |
|     |          | 485    | Jesús            | De Miguel Ibeas       | atletismo Soria       |      |        |       |
|     |          | 420    | Maria Trinidad   | Barrachina Castellano |                       |      |        |       |
|     |          | 434    | Javier           | Holgueras             |                       |      |        |       |
|     |          | 450    | Rubi             | Izquierdo Jarabo      |                       |      |        |       |
|     |          | 428    | Marina           | Lorenzo Caderno       |                       |      |        |       |
|     |          | 449    | Jesus            | Zapatero Albitre      | ATLETISMO SAN ESTEBAN |      |        |       |
|     |          | 369    | Oscar            | Mozas Perez           | Arevacos              |      |        |       |
|     |          | 426    | Maria Del Carmen | Lafuente Chicharro    | CAP AREVACOS          |      |        |       |