

DIST. HALF - TICOMAN CR

Male Open

Place	Bib #	Name	Time	Type	City
1	12	CESAR WILLIAMSON HERNANDEZ CHAVES	05:12:56.72	OPEN	Winners
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:35:58.580 3.2kph 18:56 00:35:58.580					
T1 + Bike + T2 02:44:10.851 32.9kph 01:49 03:20:09.431					
Run 01:52:47.294 11.2kph 05:20 05:12:56.725					
2	11	ALEJANDRO ZUNIGA ARCE	05:20:19.54	OPEN	Hebreos 12.1
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:40:05.651 2.8kph 21:06 00:40:05.651					
T1 + Bike + T2 02:36:56.841 34.4kph 01:44 03:17:02.492					
Run 02:03:17.048 10.3kph 05:50 05:20:19.540					
3	14	HENRY MEZA LEANDRO	05:22:14.82	OPEN	Tribu
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:41:51.347 2.7kph 22:01 00:41:51.347					
T1 + Bike + T2 02:52:57.959 31.2kph 01:55 03:34:49.306					
Run 01:47:25.521 11.8kph 05:05 05:22:14.827					
4	13	ESTEBAN ZUNIGA ARGUELLO	05:22:27.03	OPEN	Stamina
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:42:31.150 2.7kph 22:22 00:42:31.150					
T1 + Bike + T2 02:41:46.515 33.4kph 01:47 03:24:17.665					
Run 01:58:09.373 10.7kph 05:35 05:22:27.038					

Male 25 - 29

Place	Bib #	Name	Time	Type	City
1	16	ARIEL MURILLO RIVERA	06:01:23.44	X EDAD ES	Entrenando Para La Vida
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:46:52.288 2.4kph 24:40 00:46:52.288					
T1 + Bike + T2 03:05:16.341 29.1kph 02:03 03:52:08.629					
Run 02:09:14.814 9.8kph 06:07 06:01:23.443					
2	17	JUAN JOSE PEREZ GOMEZ	06:33:40.03	X EDAD ES	Entrenando Para La Vida
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:50:56.096 2.2kph 26:48 00:50:56.096					
T1 + Bike + T2 03:00:17.112 30.0kph 02:00 03:51:13.208					
Run 02:42:26.831 7.8kph 07:41 06:33:40.039					

Female 25 - 29

Place	Bib #	Name	Time	Type	City
1	15	STEFANNY QUESADA NAVARRO	05:48:11.71	X EDAD ES	Ticotlon
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:43:40.079 2.6kph 22:58 00:43:40.079					
T1 + Bike + T2 03:01:34.831 29.7kph 02:01 03:45:14.910					
Run 02:02:56.800 10.3kph 05:49 05:48:11.710					

Male 30 - 34

Place	Bib #	Name	Time	Type	City
1	19	ABEL IGNACIO GUILLEN VEGA	05:02:59.76	X EDAD ES	-
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:37:04.463 3.1kph 19:30 00:37:04.463					
T1 + Bike + T2 02:32:40.834 35.4kph 01:41 03:09:45.297					
Run 01:53:14.464 11.2kph 05:22 05:02:59.761					

Male 30 - 34

Place	Bib #	Name	Time	Type	City
2	21	BRYAN RODRIGUEZ CALDERON	05:09:04.60	X EDAD ES	Tri Belén
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:37:10.648 3.1kph 19:34 00:37:10.648					
T1 + Bike + T2 02:39:52.148 33.8kph 01:46 03:17:02.796					
Run 01:52:01.807 11.3kph 05:18 05:09:04.603					
3	27	OSCAR BIELLEY QUESADA	05:41:03.70	X EDAD ES	Fibers One
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:48:49.033 2.3kph 25:41 00:48:49.033					
T1 + Bike + T2 02:45:51.044 32.6kph 01:50 03:34:40.077					
Run 02:06:23.628 10.0kph 05:59 05:41:03.705					
4	24	JONATHAN MONGE CALVO	06:00:50.48	X EDAD ES	Equipo de Triatlón Bomberos CR
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:43:31.836 2.6kph 22:54 00:43:31.836					
T1 + Bike + T2 02:51:47.698 31.4kph 01:54 03:35:19.534					
Run 02:25:30.951 8.7kph 06:53 06:00:50.485					
5	20	ALEXANDER CHAVES BOLAÑOS	06:00:50.83	X EDAD ES	Equipo de Triatlón Bomberos CR
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:46:45.219 2.4kph 24:36 00:46:45.219					
T1 + Bike + T2 02:59:20.405 30.1kph 01:59 03:46:05.624					
Run 02:14:45.209 9.4kph 06:23 06:00:50.833					
6	25	LUIS GABRIEL BARRANTES GÓMEZ	06:03:21.03	X EDAD ES	Equipo de Triatlón Bomberos CR
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:46:41.543 2.4kph 24:34 00:46:41.543					
T1 + Bike + T2 03:00:34.106 29.9kph 02:00 03:47:15.649					
Run 02:16:05.381 9.3kph 06:26 06:03:21.030					
7	26	LUIS GERARDO MORA VILLALOBOS	06:08:21.43	X EDAD ES	Equipo de Triatlón Bomberos CR
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:41:50.304 2.7kph 22:01 00:41:50.304					
T1 + Bike + T2 03:05:25.926 29.1kph 02:03 03:47:16.230					
Run 02:21:05.200 9.0kph 06:41 06:08:21.430					
8	22	CESAR EMANUEL TORRES OSPINO	06:12:10.14	X EDAD ES	Team Varo
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:48:08.055 2.4kph 25:20 00:48:08.055					
T1 + Bike + T2 03:05:21.868 29.1kph 02:03 03:53:29.923					
Run 02:18:40.218 9.1kph 06:34 06:12:10.141					
9	28	WALTER BARBOZA MORA	06:13:15.20	X EDAD ES	Adabancosta
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:36:27.354 3.1kph 19:11 00:36:27.354					
T1 + Bike + T2 03:29:14.081 25.8kph 02:19 04:05:41.435					
Run 02:07:33.769 9.9kph 06:02 06:13:15.204					
10	23	CRISTOBAL FONSECA ROMERO	06:36:10.96	X EDAD ES	Winners
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:43:32.226 2.6kph 22:54 00:43:32.226					
T1 + Bike + T2 03:21:50.245 26.8kph 02:14 04:05:22.471					
Run 02:30:48.489 8.4kph 07:08 06:36:10.960					

DIST. HALF - TICOMAN CR

Male 35 - 39

Place	Bib #	Name	Time	Type	City
1	32	CHRISTIAN RAMIREZ ALFARO	05:23:57.13	X EDAD ES	The Crew
Split Description Split Times Speed Pace Cumulative					
Swim 00:38:36.392 3.0kph 20:19 00:38:36.392					
T1 + Bike + T2 02:50:02.816 31.8kph 01:53 03:28:39.208					
Run 01:55:17.922 11.0kph 05:27 05:23:57.130					
2	33	FRAYSER SALAS GUERRERO	05:35:18.12	X EDAD ES	Adnapo
Split Description Split Times Speed Pace Cumulative					
Swim 00:48:11.229 2.4kph 25:21 00:48:11.229					
T1 + Bike + T2 02:46:07.752 32.5kph 01:50 03:34:18.981					
Run 02:00:59.148 10.5kph 05:44 05:35:18.129					
3	31	CHRISTIAN GONZALEZ VARGAS	06:45:03.90	X EDAD ES	Veterinaria Dr. González
Split Description Split Times Speed Pace Cumulative					
Swim 00:39:03.000 2.9kph 20:33 00:39:03.000					
T1 + Bike + T2 03:18:37.724 27.2kph 02:12 03:57:40.724					
Run 02:47:23.180 7.6kph 07:55 06:45:03.904					
4	30	ANDRES VARGAS BRICENO	07:43:25.36	X EDAD ES	-
Split Description Split Times Speed Pace Cumulative					
Swim 00:48:14.257 2.4kph 25:23 00:48:14.257					
T1 + Bike + T2 03:31:52.174 25.5kph 02:21 04:20:06.431					
Run 03:23:18.929 6.2kph 09:38 07:43:25.360					

Female 35 - 39

Place	Bib #	Name	Time	Type	City
1	29	LOLITA AZOFEIFA RETANA	07:31:02.15	X EDAD ES	Puerto Tri Club
Split Description Split Times Speed Pace Cumulative					
Swim 00:47:12.084 2.4kph 24:50 00:47:12.084					
T1 + Bike + T2 03:44:57.842 24.0kph 02:29 04:32:09.926					
Run 02:58:52.232 7.1kph 08:28 07:31:02.158					

Male 40 - 44

Place	Bib #	Name	Time	Type	City
1	44	NELSON SOLANO SOLANO	04:53:38.63	X EDAD ES	Ticotlon Costa Rica
Split Description Split Times Speed Pace Cumulative					
Swim 00:32:52.385 3.5kph 17:18 00:32:52.385					
T1 + Bike + T2 02:30:58.093 35.8kph 01:40 03:03:50.478					
Run 01:49:48.152 11.5kph 05:12 04:53:38.630					
2	38	ASDRUBAL MORA AMADOR	05:09:42.64	X EDAD ES	The Crew
Split Description Split Times Speed Pace Cumulative					
Swim 00:39:14.201 2.9kph 20:39 00:39:14.201					
T1 + Bike + T2 02:36:40.869 34.5kph 01:44 03:15:55.070					
Run 01:53:47.570 11.1kph 05:23 05:09:42.640					
3	42	JUAN CARLOS FONSECA MATARRITA	05:13:18.15	X EDAD ES	Ticotlon Costa Rica
Split Description Split Times Speed Pace Cumulative					
Swim 00:42:56.228 2.7kph 22:35 00:42:56.228					
T1 + Bike + T2 02:37:48.421 34.2kph 01:45 03:20:44.649					
Run 01:52:33.501 11.2kph 05:20 05:13:18.150					

Male 40 - 44

Place	Bib #	Name	Time	Type	City
4	43	MARCO VINICIO ACOSTA PANIAGUA	05:19:17.47	X EDAD ES	Elky Maria
Split Description Split Times Speed Pace Cumulative					
Swim 00:39:49.403 2.9kph 20:57 00:39:49.403					
T1 + Bike + T2 02:42:09.724 33.3kph 01:48 03:21:59.127					
Run 01:57:18.343 10.8kph 05:33 05:19:17.470					
5	36	ALEJANDRO LOPEZ RIOS	05:23:04.49	X EDAD ES	Los Vecinos
Split Description Split Times Speed Pace Cumulative					
Swim 00:46:37.777 2.4kph 24:32 00:46:37.777					
T1 + Bike + T2 02:38:03.593 34.2kph 01:45 03:24:41.370					
Run 01:58:23.127 10.7kph 05:36 05:23:04.497					
6	39	DIEGO MENDEZ ARIAS	05:33:23.82	X EDAD ES	Trizone
Split Description Split Times Speed Pace Cumulative					
Swim 00:46:22.600 2.5kph 24:24 00:46:22.600					
T1 + Bike + T2 03:01:18.707 29.8kph 02:00 03:47:41.307					
Run 01:45:42.513 12.0kph 05:00 05:33:23.820					
7	37	ALLAN ROJAS PEREZ	05:43:11.51	X EDAD ES	X3me
Split Description Split Times Speed Pace Cumulative					
Swim 00:41:35.401 2.7kph 21:53 00:41:35.401					
T1 + Bike + T2 02:33:03.653 35.3kph 01:42 03:14:39.054					
Run 02:28:32.456 8.5kph 07:02 05:43:11.510					
8	41	HERMANN RAFAEL BARQUERO MELCHOR	06:40:54.37	X EDAD ES	Grupo Oncológico Hope
Split Description Split Times Speed Pace Cumulative					
Swim 00:39:09.391 2.9kph 20:36 00:39:09.391					
T1 + Bike + T2 03:04:48.043 29.2kph 02:03 03:43:57.434					
Run 02:56:56.936 7.2kph 08:23 06:40:54.370					
9	46	SAUL TREJO HURTADO	06:45:07.05	X EDAD ES	-
Split Description Split Times Speed Pace Cumulative					
Swim 00:40:24.091 2.8kph 21:15 00:40:24.091					
T1 + Bike + T2 02:55:18.159 30.8kph 01:56 03:35:42.250					
Run 03:09:24.800 6.7kph 08:58 06:45:07.050					
10	45	RODRIGO ESTEBAN MORA SOLERA	06:56:54.61	X EDAD ES	Equipo de Triatlón Bomberos CR
Split Description Split Times Speed Pace Cumulative					
Swim 00:50:49.188 2.2kph 26:44 00:50:49.188					
T1 + Bike + T2 03:10:43.457 28.3kph 02:07 04:01:32.645					
Run 02:55:21.965 7.2kph 08:18 06:56:54.610					

Female 40 - 44

Place	Bib #	Name	Time	Type	City
1	35	JENNIFER GAMEZ ALVAREZ	06:26:31.51	X EDAD ES	Sts
Split Description Split Times Speed Pace Cumulative					
Swim 00:50:05.102 2.3kph 26:21 00:50:05.102					
T1 + Bike + T2 03:17:49.345 27.3kph 02:11 04:07:54.447					
Run 02:18:37.071 9.1kph 06:34 06:26:31.518					

DIST. HALF - TICOMAN CR

Male 45 - 49

Place	Bib #	Name	Time	Type	City
1	51	RAUL VALDES LINARES	06:11:27.31	X EDAD ES	Stamina
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:49:11.512 2.3kph 25:53 00:49:11.512					
T1 + Bike + T2 03:02:10.506 29.6kph 02:01 03:51:22.018					
Run 02:20:05.292 9.0kph 06:38 06:11:27.310					
2	50	NELSON MARIN HERRERA	06:26:32.09	X EDAD ES	Plato Grande Team
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:41:08.515 2.8kph 21:39 00:41:08.515					
T1 + Bike + T2 03:12:34.107 28.0kph 02:08 03:53:42.622					
Run 02:32:49.471 8.3kph 07:14 06:26:32.093					
3	48	ANDRES CHAVARRIA BARRANTES	06:32:29.24	X EDAD ES	Sts
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:53:19.734 2.1kph 28:04 00:53:19.734					
T1 + Bike + T2 03:14:31.735 27.8kph 02:09 04:07:51.469					
Run 02:24:37.773 8.8kph 06:51 06:32:29.242					
4	49	MAURICIO ODIO JARQUIN	06:35:51.49	X EDAD ES	Endurance Sports Cr
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:51:03.316 2.2kph 26:52 00:51:03.316					
T1 + Bike + T2 03:00:57.997 29.8kph 02:00 03:52:01.313					
Run 02:43:50.177 7.7kph 07:45 06:35:51.490					
5	47	ALVARO CHAVES SOTO	06:49:51.39	X EDAD ES	Macsport
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:41:44.161 2.7kph 21:57 00:41:44.161					
T1 + Bike + T2 03:10:21.220 28.4kph 02:06 03:52:05.381					
Run 02:57:46.009 7.1kph 08:25 06:49:51.390					

Male 50 - 54

Place	Bib #	Name	Time	Type	City
1	53	PABLO PEREIRA MAGNERE	05:56:51.88	X EDAD ES	-
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:43:01.545 2.6kph 22:38 00:43:01.545					
T1 + Bike + T2 03:04:19.525 29.3kph 02:02 03:47:21.070					
Run 02:09:30.819 9.8kph 06:08 05:56:51.889					
2	52	CARLO MOLINA RIVERA	06:15:08.39	X EDAD ES	Poligonal
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:51:54.256 2.2kph 27:19 00:51:54.256					
T1 + Bike + T2 02:58:11.626 30.3kph 01:58 03:50:05.882					
Run 02:25:02.508 8.7kph 06:52 06:15:08.390					

Male 55 - 59

Place	Bib #	Name	Time	Type	City
1	54	EDUARDO QUESADA GONZALEZ	06:02:42.16	X EDAD ES	Faquezu
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:48:23.101 2.4kph 25:27 00:48:23.101					
T1 + Bike + T2 03:00:07.527 30.0kph 02:00 03:48:30.628					
Run 02:14:11.538 9.4kph 06:21 06:02:42.166					

Male 60+

Place	Bib #	Name	Time	Type	City
1	55	EDWIN MOLINA RIVERA	06:57:32.88	X EDAD ES	Poligonal
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:55:12.341 2.1kph 29:03 00:55:12.341					
T1 + Bike + T2 03:24:57.166 26.3kph 02:16 04:20:09.507					
Run 02:37:23.382 8.0kph 07:27 06:57:32.889					

Relevos Ticoman Half

Place	Bib #	Name	Time	Type	City
1	10	TRICOCO FERRETERIA SAN CARLOS -	05:12:29.61	RELEV OS	Glenn Salazar- Jeffry Perez- Sebastián Hidalgo
<u>Split Description</u> <u>Split Times</u> <u>Speed</u> <u>Pace</u> <u>Cumulative</u>					
Swim 00:33:09.657 3.4kph 17:27 00:33:09.657					
T1 + Bike + T2 03:00:21.706 29.9kph 02:00 03:33:31.363					
Run 01:38:58.249 12.8kph 04:41 05:12:29.612					