

I NATIONWIDE RUN AROUND THE ZONE

Main Run (10 km)



I OGÓLNOPOLSKI BIEG PO STREFIE

Regulations

Promoter

Fundacja Aktywności Fizycznej Radomsko, Reymonta 62, 97-500 Radomsko
NIP: 7722407370

Co-promoter

— Kolarsko-Biegowy Klub Sportowy Radomsko, Starowiejska 9/8 Radomsko 97-500, NIP:
7722415122 Regon:369069589

1. Patrons

District Radomszczański

3. Target

- Popularization of running in Radomsko
- Promotion of local companies in Economic Zone in Radomsko
 - Promotion of healthy life style, active rest and recreation.

4. Date and address

- Date — 1.12.2019 (Sunday),
- 10 km running competition on asphalt (5 km with return)
 - Location of run — Beltway of Radomsko
- Race office will be located in Portowa 8-12 street in Radomsko
 - Start - 11.00,
 - Duration of the competition about 120 min. — 2h.

5. Participation Terms

- Participant of the competition will be person who meets below conditions:
- Person registered for the competition should complete application form and pay the entry fee until 25.11.2019
- Application form is available here: <http://biegamy.radomsko.pl/biegpostrefie>
- Entry fee: 60,00 zł until 25.11.2019 – regular price with t-shirt (to 31.10.2019), price without t-shirt – 40 zł
 - Contestant has to make personal notification in the race office in the day of race until 10:20 am and receive start number.

- There is a possibility to transfer the entry fee to another participant (transfer the number) until 25.11.2019. It is necessary to send an email: **biegacze.radomsko@gmail.com** and make an extra payment – 10 zł FUNDACJA AKTYWNOŚCI FIZYCZNEJ: 97 89 800 009 2027 0084 4040 0001
- After 25.11.2019 it is possible to register to the run in the run office at 1.12.2019. The starter package fee will be 70 zł (without t-shirt)
 - Limit of participants: 500
- The condition of participation in the event is a legible signature in the race day, confirming reading the regulations and no health contraindications and RODO.
 - ID Card (or other document confirming contestant's identity)
- It is possible to take part in the run for people who are over 16. People between 16-18 years old need to have written permission with PESEL from their parents or legal guardians. The condition for their admission is the presence of a parent or legal guardian along with ID card at the verification time in the race office.
 - Uncollected starter packages in the Race Office will not be send or issued later.
 - Promoter does not take responsibility for missing application form or money transfer through the fault of post office or bank.
 - The entry fee is not refundable.
- Participants of the run are obligated to follow the rules of PZLA, IAAF and present regulations.

6. Rules

- 10 km certified run
 - Runner has to put received number on his chest. (must be visible)
 - Runners cannot receive help from people out of run.
 - Runners stick to the right side and give the way to faster contestants.
- Every runner starts at his own risk. In case of underage contestants at their parents or legal guardian responsibility.
 - Guardian of underage runner is obligated to make a registration in Race Office and sign the declaration.
- Taking part in the competition is equivalent to making agreement of sticking to present regulations.
 - The route will be marked and secured by the promoter
 - Electronic time measurement applies.
- Runner who will run with other contestant number without earlier number transfer will be disqualified.
 - Runners cannot move with carts.
 - The organizer allows competitors in wheelchairs to start
 - There is time limit – 2 hours from the beginning (starters shoot).

7. Nutrition and check points

- Participants will receive a bag with a sticker for depositing things in designated place. Bag can be only picked up if the starting number is correct. If participant loses his starting number promotor is not responsible for taking bag by other person. It is

forbidden to deposit valuable accessories and documents.

- Water points will be located every 5 kilometer.
- Check points will be located at 5th kilometer.

8. General Classification

General and individual classification will be conducted in the following age groups as well as additional special classification.

9. Age categories

Men:

M16 Men 16 - 19 years old

M20 Men 20 - 29 years old

M30 Men 30 - 39 years old

M40 Men 40 - 49 years old

M50 Men 50 - 59 years old

M60 Men 60 - 69 years old

M70+ Men 70 + years old

Women:

K16 Women 16 - 19 years old

K20 Women 20 - 29 years old

K30 Women 30 - 39 years old

K40 Women 40 - 49 years old

K50 Women 50 - 59 years old

K60 Women 60-69 years old

K70+ Women 70 +

Special classification:

Mistrzostwa Powiatu Radomszczańskiego mężczyzn

Classification of wheelchair competitors - competitors in this classification are excluded from the assigned classification. The organizer allows the entry of competitors in wheelchairs with direct drive. The organizer does not allow starters on wheelchairs with indirect drive (e.g. Hand-bike) and rim-push type.

10. Awards

- * In general classification women/men receive trophies for 1-3 places.
- * In age groups classification winners (1-3) receive cup or a statue.
 - * In special classification winner receives cup or a statue.
 - * Everyone who completes the run receives a medal.

* Money awards in general classification women/men:

- 1 place – 3 000 zł
- 2 place – 1 500 zł
- 3 place – 700 zł

* Awards

The awards are not doubled. (age and open categories)

The basis for the classification is electronic time measurement. There will be control mats along the route, which record the appearance of the participant at a given point. Not appearing in control points is equivalent to disqualification.

The general classification is based on net real time i.e. calculated from crossing the starting line. The exception is the first 20 people crossing the finish line – they are classified on the basis of official times (from the starter's shot), provided that if among first 20 people there are not at least 3 men and 3 women at a finish line, the number of 20 people will be increased.

10. Promoter provides

- Starter pack for each participant (medal, starting number, mineral water, t-shirt for those who choose t-shirt packet)
- Cups in each category (places 1-3)
- Electronic time measurement
- Run on the marked route
 - Paramedics
 - meal

11. Finance

- Promoters cover all preparation costs.
- Competitors arrive on their own or delegating organization's own expense.

12. Additional information

- People who finish the run should not disturb competitors who are still on the route.

- Promoter does not take responsibility for accidents occurred during the competition
 - Promoter does not take responsibility for lost items.
 - There are difficult technical conditions on the course of the competition
 - In case of resignation, there is not entry fee return
 - The competition will take place regardless of the weather conditions
- For the safety it is forbidden to run with the dog without a muzzle. These people will be disqualified and removed from the race track.
 - People under the influence of alcohol or drugs will not be allowed to the run.
 - It is recommended for participants to buy extra accident insurance (pl NNW)
 - In case of cheating, taking shortcuts (leaving race track) contestant will be disqualified.
- Please, do not delete confirmation email as it contains useful data about contestant.
 - Promoter can make changes in regulations,
- Protests are solved by race manager – manager’s decisions are irrevocable. Protests will be considered in 48 hours.

- Zgłoszenie do zawodów jest równoznaczne z wyrażeniem zgody na przetwarzanie danych osobowych zgodnie z ustawą z dnia 29 sierpnia 1997 r. o ochronie danych osobowych (Dz.U. nr 133, poz. 883) przez ORGANIZATORÓW w zakresie niezbędnym do organizacji zawodów, tj. przyjęcia zapisów, ogłoszenia i publikacji wyników itp.,
- Zgłoszenie do zawodów jest równoznaczne z wyrażeniem zgody na wykorzystanie i archiwizowanie wizerunku utrwalonego na zdjęciach oraz relacjach wideo wykonanych w trakcie zawodów na potrzeby przygotowania materiałów prasowych oraz promocji wydarzenia (zgodnie z Ustawą o prawie autorskim i prawach pokrewnych z dnia 4.02.1994 r. Dz. U. Z 1994 r. Nr 24 poz.83, art. 81),
- Powstałe kwestie sporne rozstrzyga organizator.

13. Partners

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14. Timetable of the competition

9.00 – Office opening hour

11.00 – Start of the run

12.30 – Award ceremony

15. Map of the route

<https://goo.gl/maps/8ePA5rhNfc1ooV3w6>

16 Access map

<https://goo.gl/maps/AQAvmjSjpdyrojmU8>

In case of any questions contact:

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Kolarsko-Biegowy Klub Sportowy Radomsko