

UKUKHETHA ISIFONYO?



#UnityinAction

Isikhungo Sezokulawulwa Kwezifo siphakamisa ukuthi kusetshenziswe izifonyo zendwangu Eziwugqinsi ophindaphindiwe.

- Izifonyo zendwangu eziwugqinsi ophindaphindiwe zivalela ukudedeleka kwamaconsana abe angene endaweni nasemoyeni.
- Ngisho namaconsana amancinyana aphunyuka angene emoyeni, ibanga alihambayo lifishane kunalelo elisenkulumweni engavikelwe.
- Ukuvaleleka okukhulu okungama-80% okwafinyelelwa kukho lapho kuhlolwa ocwaningweni. Kolunye ucwaningo, izifonyo zendwangu zisebenze kahle njengezifonyo zodokotela.
- Indwangu ewugqinsi oluphindaphindiwe enokotini abaningana ingcono kunendwangu enogqinsi olulodwa enokotini omncane, kwenye inkathi edlulisa cishe ama-50% amanconsana amancinyana angaphansi kwe-1 micron.
- Ezinye izindwangu zingandisa ukudlulisa ngokukhiqiza uhlobo lukagesi othuthukisa ukubambeka kwazingxenyekazi.
- Ezinye izindwangu njengesilika zingasiza ukuxosha amaconsana afumile futhi zinciphise ukumanza kwendwangu futhi zigcine umuntu ekwazi ukuphefumula kahle ekhululekile.

Izifonyo zizonke kazakhiwanga ngokulinganayo

I-WHO ixwayisa ngokuthi izifonyo ezinezimbotshana emacaleni azimuvikeli umuntu ngendlela edingekayo. Lokhu kubangelwa wukuthi umuntu othelekile ogqoke isifonyo angathimula futhi athumele amaconsana aphume ngembotshana eseceleni. Ubungozi ebantwini abaseduze buyanda.

Khetha izifonyo ezenza lokhu:



Ezinogqinsi olubili noma ngaphezulu eziwashekayo, okuphefumulekayo kuzo eziyizindwangu



Mazimboze ikhala nomlomo wakho ngokugcwele



Mazingene khaxa emacaleni obuso futhi singabi nezikhala



Mazibe nowaya lwekhala ukuze kuvikelwe umoya ekuphunyukeni ngaphezulu esifonyweni

UNGAZIKHETHI izifonyo ezinje:



Ezakhiwe ngendwangu eyenza kube nzima ukuphefumula, isibonelo i-vinyl



Ezinezimbotshana zokukhipha umoya ezenza izingxenyekazi zegciwane zikwazi ukuputshuka



Ezakhelwe abasebenzi bezempilo okubandakanya ama-N95 respirators