What are the symptoms of the COVID-19 virus?

#UnityinAction

According to the World Health Organization (WHO) and the Centres for Disease Control Prevention (CDC), these are the symptoms of COVID-19.

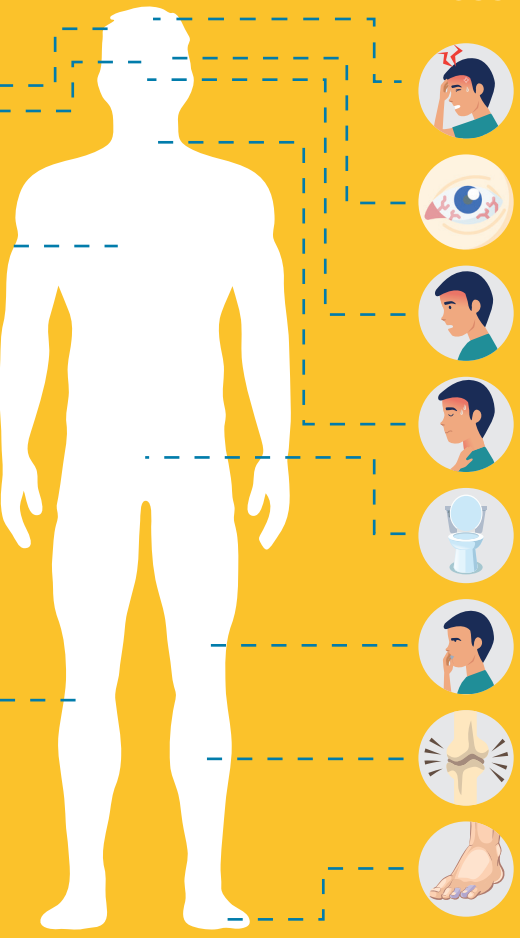
Serious Symptoms

- **Shortness of breath or difficulty breathing**
- **Chest pain or pressure**
- **Loss of movement or speech**

If you have serious symptoms, seek medical attention immediately.
If symptoms are mild and you are otherwise healthy, you should isolate and manage your symptoms, avoiding contact with other people for 14 days.

Common Symptoms

- Fever - a high temperature of above 37.8°C
- Runny nose
- Dry cough
- Tiredness



Less common Symptoms

- Headache
- Conjunctivitis (an inflammation or infection that lines the eyeball and eyelid)
- Loss of the senses of taste or smell
- Sore throat
- Diarrhoea
- Tiredness
- Aches and pains
- Discolouration of toes or fingers or rashes on the skin