

Visiting parks and recreational areas



#UnityinAction

Parks and other public recreational green spaces are essential to families living in built-up areas. There is no need for the COVID-19 pandemic to prevent families from enjoying these facilities as long as basic precautions are observed. Generally, it is best to visit parks and play areas that are close to home as you are more likely to be aware of the layout, which busy times to avoid and what facilities are available.

When visiting a park or recreation area:



- Try to avoid visiting at times that traditionally attract larger crowds.



- Consider what facilities to use and make sure that guidelines for equipment use are followed.



- Maintain social distancing.



- All adults and children to wear masks except for children under the age of six.



- Wash or sanitise your hands often.

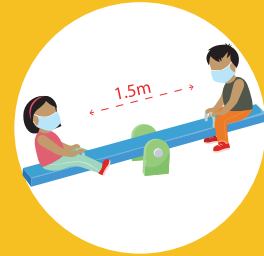
At playgrounds:



- Sanitise children's hands and repeat the process each time a child moves to a new piece of equipment.



- Ensure that any open cuts or wounds on a child's body are covered.

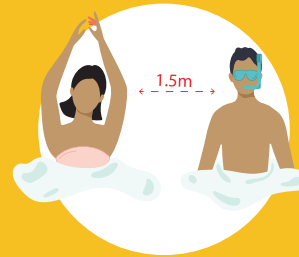


- Maintain social distancing.

At public swimming pools:



- There is no evidence that the COVID-19 virus can be spread to people through chlorinated water in pools or water playgrounds. But, it is best to stay out of the water if you have an open cut or wound.



- Use social distancing in and out of the water.

References

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