

Melao ya polokego mafelong a boithabišo



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Le ge lethabo, nyakallo, le mašabašaba e le karolo ya tšeо di dirago gore go be bose ditlelapong le dicasinong, go akaretša boitoto melaong ya polokego ya mafelong a go a eletšwa.

Melao yeo e gatišitšwego le Kuranteng ya Mmušo e re batho bao ba tsenelago 'dikopano', go akaretšwa le tša mafelo a boithabišo, ba swanetše go:



- Apara sebipamolomo le nko.



- Latela melao ka moka ya maphelo yeo e šomišwago mafelong ao.



- Emela kgojana le batho ba bangwe, le ge e ka ba sekgoba sa go lekana metara le seripagare.



- Hlompha diriri tša go ba ka magae (iri ya 11 bošego go fihla ka iri ya 04 ka masa go tloga ka la 3 Ngwatobošego).

Melao ya setlwaedi mafelong a go bapala matengwa e akaretša:



- Mananeo a go tšwela pele a go hlwekiša dichip goba didirišwa tša go bapala.



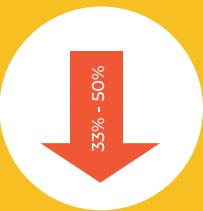
- Ditafoła le didirišwa di hlwekišwa morago ga papadi ye nngwe le ye nngwe.



- Ditafoła tša go fetolelana tšelete, metšhene ya go svaepa le didirišwa di hlwekišwa ka sebolayaditwatši morago ga tirišo ya moeng yo mongwe le yo mongwe.



- Motšhene wo mongwe le wo mongwe wa bobedi wa casino o a tingwa goba go notlelwa go netefatša gore batho ba kgona go fana sekgoba sa go lekana dimetara tše 1.5.



- Palo ya batho lefelong la go bapalela metšhene e fokotšwa ka diperesente tša magareng ga 33% le 50% tša palomoka ya setlwaedi.

Go buna molemo go tšwa melaong ye, bathekgi ba swanetše go:



- Emela kgole le kgole mothalading wa go ya tafoleng ya go fetolelana tšelete goba tafoleng ya ditirelo ka casino.



- Hlwekiša diatla tša gago ka sebolayaditwatši morago ga go swara dichip goba tšelete.



- Apara seipamolomo le nko nako ka moka ya ketelo ya gago gomme o netefatše gore nko le molomo di khupeditšwe.



- Hlwekiša diatla ka sebolayaditwatši ge o tsena ka ntlwaneng, phumula mafelo gomme o šomiše ditoulo tša pampiri go kgoma dipompi goba dilo tše dingwe ka gare ga ntlwana.

Go etela ditteleapo:

Go fokotšwa dikotsi tša tshwaetšo, tšeа magato a a latelago:



- Fokotša nako yeo o e fetšago o le lefelong. Ge o eba lefelong nako ye telele, dikotsi tša go tshwaetšwa e ba tše ntši.



- Bona gore palo ya batho e tlase tafoleng gore le kgone go fana sekgoba sa poloego.



- Apara sebipamolomo le nko ka dinako ka moka.



- Apara sebipamolomo le nko ge o le sefaleng sa go binela gomme o khutše kgafetšakgafetša gore go se be boima go hema, le go fokotša dikgonagalo tša go hllobola sebipamolomo le nko.



- Hlwekiša diatla kgafetšakgafetša pele le morago ga go swara mabottlelo le digalase.



- Fanang sekgoba le ge e ka ba metara le seripagare ge le binela sefaleng.

Go reng ditteleapo di na le kotsi ye kgolo ya gore batho ba ka fetelwa ke COVID-19

Setsebi sa maphelo sa boditšhabatšhaba Ngaka Paul McKay wa Imperial College London o re:



"Nakong ya leuba, go ya go ipshina lefelong la go nwela bjalwa go ka no ba selo se kotsikotsi seo o ka se dirago."



Go bina go oketša kelo ya go hema, seo kago oketša palo ya dikokwanahloko tšeо di hemelwago moyeng. Se ge se hlakane le go se bulwe ga matsikangope dittelelapong tše dintši, ke seo se hlolago gore mafelo a a be kotsi kudu.



"Ditlelapong gantsi go nwewa bjalwa, seo se rago gore go fana sekgoba go ka nna gwa se kgonege botse."

Mabenkele a go jela, dipara le dithabene:

Mabenkele a go jela, le mafelo a mangwe a go rekiša dijo tša go jelwa gona a na le dikotsi tša go fapafapanana tša ditshwaetšo:



- Kotsi ya tlasetlase ke ya tirišo ya mokgwa wa go rekišetša bareki dijo ka letsikangope ba eme mothaladi ka difatanaga, go išetša bareki dijo magaeng a bona, le gore bareki ba tie go itšeela dijo tša bona ge di lokile.
- Kotsi e oketšega ge go jelwa ka ntle ga lefelo gomme batho ba dutše ditafoleng tšeou di beilwego dimetara tše 1.5 kgole le kgole.
- Kotsi ya godimo e tšwelela ge go jelwa ka gare lefelong la go jela, moo ditafola di sego tša aroganywa ka dimetara tše e ka bago tše 1.5.
- Kotsi ya godimodimo e ka gare mafelong a go jela moo palo ya bareki bao ba jelago ka gare e se ya fokotšwa, gomme ditafola di se tša bewa ka tsela yeo bareki ba tlago dulela kgole le kgole.

Go tšwela pele go ipshina ge o intšheditše lefelong la go jela, pareng, goba thabeneng:



- Apara sebipamolomo le nkoka dinako ka moka ntle le ge o eja goba o enwa. Latela molao wa go dula kgojana le batho ba bangwe le wa tirišo ya sebolayaditwatši.
- Lekola ge e ba ga go na madulo a ka ntle
- Efoga dinako tša se mphete ke go fete

Go reng go ya go ja lefelong la go jela go ka oketša dikotsi tša ditshwaetšo:



- Batho go tšwa malapeng a go fapafapana ba diriša lefelo le tee.



- Go ja le go nwa go nyaka gore motho a hlobole sebipamolomo le nko.



- Ge o jela ka gare lefelong la go jela, moela wa moyo ka gare ga lefelo le ge o le pareng, o ka dira gore marothi a phatlalalele bokgole bja go feta dimetara tše 1.5. Ge go sa tsene moyo wo o lekanego le gona dikotsi tša gore dikokwanahloko di tlale moyeng di a oketšega.



- Go ka ba boima gore batho ba dule kgole le kgole.



- Batho ba swanelwa ke go hlaboša mantšu ge ba le mafelong a go jela le dipareng gore ba kgone go kwana. Se se ka oketša bontši bja dikokwanahloko moyeng.



- Tirišo ya bjålwa e ka ama diphetho tšeо batho ba di tšeа gomme ya dira gore go be boima kudu go batho go latela melao ya polokego ya COVID-19.

Ditšhupetšo

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