

ROYAL BALLET & OPERA

Our World



Supported using public funding by
**ARTS COUNCIL
ENGLAND**

Family Sunday

Our World

Sunday 10 May 2026

1.30pm – 4pm

Welcome to the Our World
Family Sunday!

Today is all about celebrating the incredible world we share – from our own planet to the magical, imagined worlds where stories, music and dreams come to life. Because without them there would be no you, no me and no ballet or opera!

Explore, create and play your way through a day bursting with music, dance and imagination. Start off with an energising warm-up in the main foyer with Orchestra of the Earth, then dive deeper in their inspiring workshop, discovering new ways to think about and care for our planet.

If ballet is your thing, then step up to the barre. Drop into one (or two... or four!) relaxed sessions led by former dancers from The Royal Ballet. More in the mood to sing? Head to the Big Sing workshop and lift the roof with JENNY BEGLEY and MATT PALMER. You can also wander through our Hoffmann-inspired adventure, where dolls stir, forests shift and mirrors play tricks as stories unfold around you.

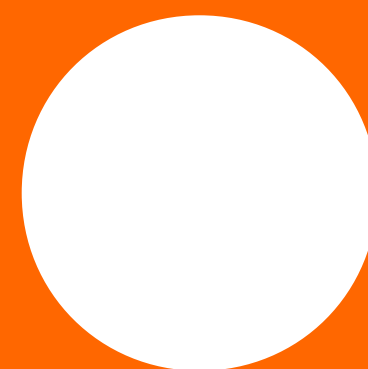
Curious about outer space? Make

your way to the Clore Studio for *Sand of the Moon*, a striking dance piece inspired by space exploration and the untold stories of cultural pioneers. Travel even further with storyteller SANDRA A. AGARD, whose tales are rooted in African Caribbean folklore and will carry you beyond the moon and stars.

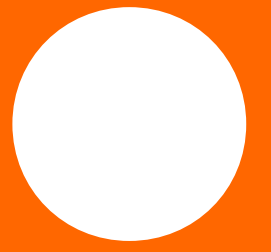
When it is time to turn up the energy, join party maestro AMBER OGUNSANYA to dance, play and find your groove on the floor.

There is more to discover all around the building. Dress up, get hands-on with eco-inspired creative workshops and roam the building as it fills with colourful characters and unexpected moments. Where will your day take you?

Family Sundays can be quite noisy. Ear defenders are available for you or your child. Please ask a member of staff in a black t-shirt. If you need a little break, there is a calm, cosy chill-out space on Level -1, between the Linbury Foyer and the female toilets.



Take Part



Dressing Up

Step into the enchanting world of The Royal Ballet and Opera with costumes inspired by magical stage characters. Who will you transform into?

1858 Foyer
1.30pm – 4pm

Ballet Barre

Fancy being a ballet dancer for the day? Give it a go in this barre workshop led by TARA BHAVNANI and SHEVELLE DYNOTT accompanied by FRANCES YONGE on piano.

Linbury Foyer
1.40pm – 1.55pm
2pm – 2.15pm
3.25pm – 3.40pm
3.45pm – 4pm

Ballet Barre sessions have limited spaces and may fill up quickly. If it's full, there's lots more fun to explore around the building.

My World, My Imagination Workshop

Step into the studio and explore the limitless landscapes of your imagination through movement and dance. Whether you're just starting out or already love to move, this welcoming ballet workshop is open to all ages and stages.

Join former dancers from The Royal Ballet DAVID PICKERING and SABINA COX, accompanied by DEBBI PARKS on piano.

Paul Hamlyn Hall
2.15pm – 2.40pm

Big Sing

Join us for a lively Big Sing where families can sing together, learn new songs and explore our world through music and storytelling. Led by JENNY BEGLEY and MATT PALMER, accompanied by ASHLEY BEAUCHAMP.

Linbury Foyer
2.50pm – 3.20pm

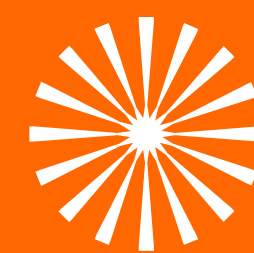
Play, Dance and Party with Amber

Join party-maker extraordinaire AMBER OGUNSANYA to shake a tail feather and bust your best dance moves in this fun workshop for all the family.

This session celebrates the power of play to help children learn, connect and grow.

Paul Hamlyn Hall
3.15pm – 3.55pm

Watch



Sand of the Moon

Ready for lift-off? Head to the Clore Studio for a captivating dance adventure inspired by space exploration and the untold stories of cultural pioneers.

Choreographed by LIAM FRANCIS, this imaginative performance invites you on a journey that is truly out of this world.

Clore Studio
2.10pm – 2.30pm
3.30pm – 3.50pm

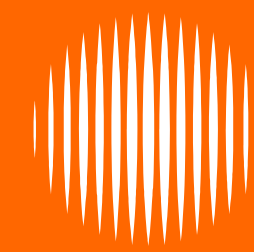
Capacity is limited for this event, seats will be allocated on a first come, first served basis. Doors and queue will open at 1.55pm / 3.15pm

Movie Magic

Take a moment to settle in and explore the stories from behind the stage. Watch video excerpts of The Royal Ballet repertory, behind-the-scenes insights and playful animated films.

Clore Studio
2.40pm – 3.05pm

Listen



We're 'Hoff' on a Journey!

Follow Hoffmann on a fantastical journey through three enchanted worlds, where dolls dance, forests sing and mirrors hide the truth.

But what will he discover along the way?

Paul Hamlyn Hall
1.40pm – 2.10pm

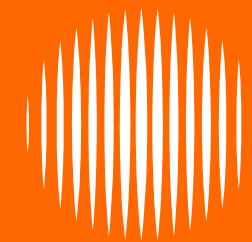
Telling Tales from Our World

Step into a world of story, sound and imagination with

SANDRA A. AGARD. Drawing on African Caribbean folklore, her lively performances bring nature to life, from the creation of the stars and seas to the mystery of day and night. Told through storytelling, drama and poetry, it is a rich, playful adventure for all ages.

Linbury Foyer
2.20pm – 2.45pm

Listen



Orchestra for the Earth - An Outdoor Adventure

Step into a lively, hands-on music workshop with the Orchestra for the Earth and bring the great outdoors to life. Discover how music can paint a world of animals, plants and wild places and join in with a joyful sing-along along the way.

Paul Hamlyn Hall
2.45pm – 3.10pm

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Make



En-Core

Make a miniature set for our main stage. With 'Our World' at the core of your design, join ZOE PHILLIPS in creating a scene from up-cycled materials that will inspire creative ways to care for 'Our World'.

Crush Room
1.30pm – 4pm

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Mask of Majesty

Join SHELLY WAIN in making a stage-worthy headdress-mask using RBO recycled materials. Channel your inner opera diva or ballet hero and let the drama shine!

Level 5
1.30pm – 4pm

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Last entry is 3.45pm

Our craft activities are much loved, so there might be a short wait during busy times. We'll be doing our very best to get everyone crafting as soon as possible

Timetable



1.15pm – 1.30pm

Welcome Music

Main Entrance Foyer

1pm

1.30pm – 4pm

Dressing Up

1858 Foyer

Mask of Majesty

Level 5

En-Core

Crush Room

1.40pm – 1.55pm

Ballet Barre

Linbury Foyer

1.40pm – 2.10pm

We're 'Hoff' on a Journey

Paul Hamlyn Hall

2pm

2pm – 2.15pm

Ballet Barre

Linbury Foyer

2.10pm – 2.30pm

Sand of the Moon

Clore Studio

2.15pm – 2.40pm

My World, My Imagination

Paul Hamlyn Hall

2.20pm – 2.45pm

Telling Tales from Our World

Linbury Foyer

2.40pm – 3.05pm

Movie Magic

Clore Studio

2.45pm – 3.10pm

Orchestra for the Earth

Paul Hamlyn Hall

2.50pm – 3.20pm

Big Sing

Linbury Foyer

3pm

3.15pm – 3.55pm

Play, Dance and Party with Amber

Paul Hamlyn Hall

3.25pm – 3.40pm

Ballet Barre

Linbury Foyer

3.30pm – 3.50pm

Sand of the Moon

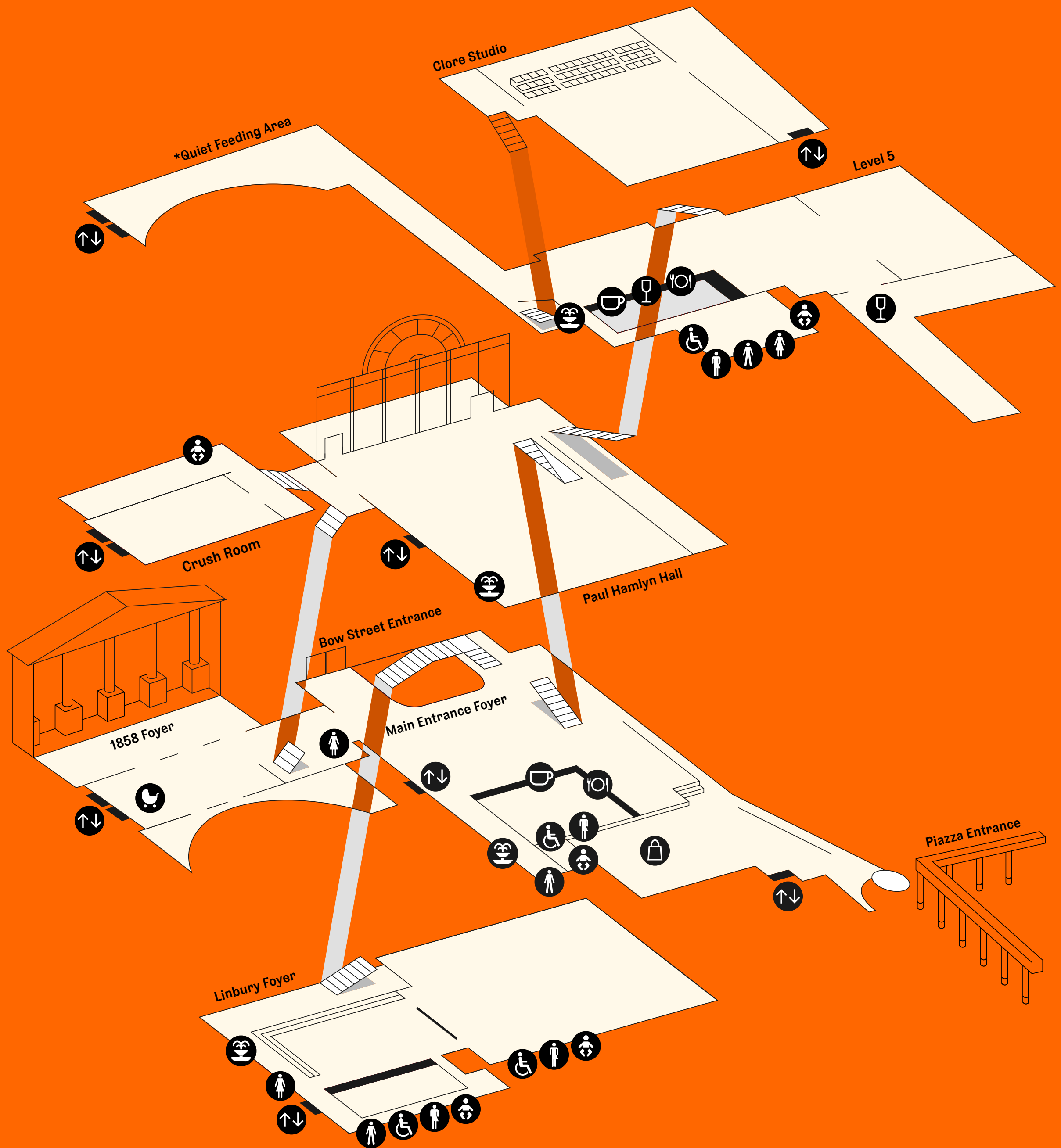
Clore Studio

3.45pm – 4pm

Ballet Barre

Linbury Foyer

Map



MEN'S TOILETS



CAFÉ



WOMEN'S TOILETS



BAR



ACCESSIBLE/GENDER
NEUTRAL TOILETS



FOOD



BABY CHANGING



SHOP



WATER FOUNTAIN



LIFT



BUGGY PARK



* The Royal Opera House is a breastfeeding-friendly venue. If you would like a quieter place to feed please head up to Level 5 Ampitheatre Corridor, or ask a staff member for directions.