



# Conversation Café

Tired of small talk? Try some BIG talk!

[www.conversationcafe.org](http://www.conversationcafe.org)

Use Zoom, Skype or Google Hangouts to have great conversations with friends, family, neighbors and others online

## CONVERSATION CAFE PROCESS...

Assemble up to 8 people (plus host), choose a hearty topic, and explain the process and agreements.

### ROUND ONE

Each person introduces themselves and speaks briefly on the topic, with no feedback or response.

### ROUND TWO

Going around again without response, each person deepens their own comments or speaks to what has meaning for them now.

### DIALOGUE

Open, spirited conversation. Host invokes group agreements if there is domination, contention, or lack of focus.

### FINAL ROUND

Without response, each person says briefly what challenged, touched, or inspired them.

## GROUP AGREEMENTS...

#### open-mindedness

Listen to & respect all points of view

1

2

#### acceptance

Suspend judgement as best you can

#### curiosity

Seek to understand rather than persuade

3

#### discovery

Question assumptions & look for new insights

4

#### sincerity

Speak from your heart & personal experience

5

6

#### brevity

Go for honesty and depth - don't go on and on

## QUESTIONS TO GO DEEPER...

How does this affect you personally?

What in your experience led you to this point of view?

I'm curious, can you say more about that?

Here's what I heard... is that what you mean?

FOR MORE RESOURCES, INCLUDING SUGGESTED DISCUSSION QUESTIONS AND GUIDES FOR HOSTING CONVERSATIONS...

[www.conversationcafe.org](http://www.conversationcafe.org) AND [ncdd.org](http://ncdd.org)

SHARE STORIES OF YOUR CONVERSATION CAFES BY USING THESE HASHTAGS...

#ConvoCafe & #WeavingCommunity