

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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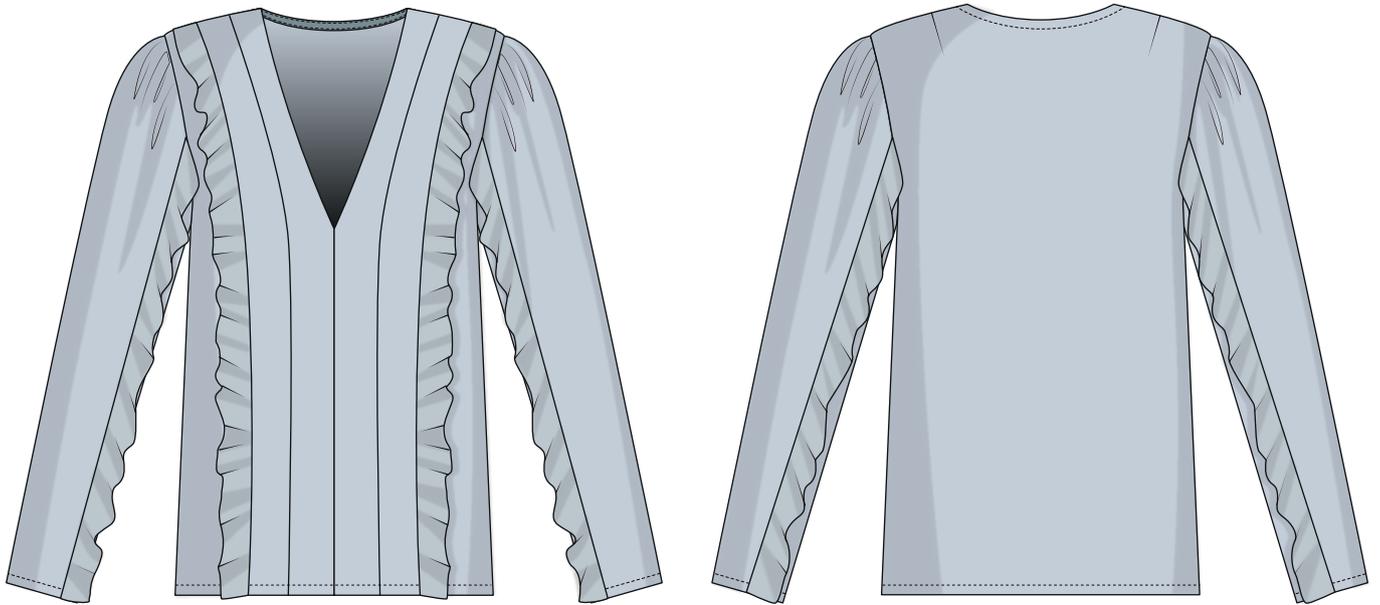


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) - we are always there to help.



## NORAH PATTERN DESCRIPTION

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Norah is a semi-fitted blouse with a straight silhouette. The front features princess seams with gathered flounces. The blouse has long set-in sleeves gathered along the sleeve cap and a deep V-neckline. The three-piece sleeves also feature gathered flounces stitched into the seams. All the flounces are raw-edged. The blouse is mid-hip length.



## IMPORTANT!

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You may use VikiSews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	13	35.1 - 35.4	12	10 - 11.4
inches	5 1/8	13 7/8	4 3/4	3 7/8 - 4 1/2

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length, cm	Height, ft	Garment length at center back, in	Sleeve length, in
1 (154-160)	56.9-58.8	57.7-58.8	1 (5'1" - 5'3")	22 3/8 - 23 1/8	22 3/4 - 23 1/8
2 (162-168)	59.6-61.5	59.6-61.3	2 (5'4" - 5'6")	23 1/2 - 24 1/4	23 1/2 - 24 1/8
3 (170-176)	62.7-64.6	61.5-63.2	3 (5'7" - 5'9")	24 5/8 - 25 3/8	24 1/4 - 24 7/8
4 (178-184)	65.9-67.5	63.4-65.1	4 (5'10" - 6'1")	26 - 26 5/8	25 - 25 5/8

# SUGGESTED FABRIC

To sew this blouse, choose dress-weight woven fabrics with the following properties:

- Medium weight, with good drape, breathable, soft, non-stretch or with very little stretch, sheer or opaque
- The fiber content can include natural fibers (silk, cotton), artificial (viscose), blends (viscose + silk, viscose + polyester, cotton + viscose, etc.), and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: batiste, silk, atlas, crepe de chine, organza, chiffon

**Attention!** We do not recommend stretchy knit materials and heavyweight woven fabrics.

**IMPORTANT!** The color of the wrong side and the right side of the fabric must be practically the same.

The blouse in the photo is made of crushed silk. This fabric is medium weight, has good drape, is soft and has very little stretch. The fiber content is a blend of silk and cotton.

Main fabric, 150cm wide, with a non-directional print, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154-160)	1.47	1.63	1.63	1.63	1.68	1.75	1.77	1.78	1.79	1.79
2 (162-168)	1.56	1.6	1.64	1.69	1.73	1.8	1.82	1.84	1.85	1.85
3 (170-176)	1.68	1.7	1.71	1.77	1.81	1.87	1.88	1.89	1.9	1.91
4 (178-184)	1.77	1.78	1.79	1.81	1.87	1.94	1.95	1.95	1.96	1.98

Main fabric, 59" wide, with a non-directional print, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1" - 5'3")	1 ½	1 ¾	1 ¾	1 ¾	1 ¾	2	2	2	2	2
2 (5'4" - 5'6")	1 ¾	1 ¾	1 ¾	1 ¾	2	2	2	2	2	2
3 (5'7" - 5'9")	1 ¾	1 ¾	1 ¾	2	2	2	2	2	2	2
4 (5'10" - 6'1")	2	2	2	2	2	2	2 ¼	2 ¼	2 ¼	2 ¼

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Stitch-reinforced fusible seam tape cut on bias - 1m (1 ⅛ yd).

3. Matching thread, 5 spools (1 spool for the sewing machine and 4 spools for the overlocker).

## TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm).

During basting, if it so happens that one piece is longer than the other, don't rush to true them by cutting the excess or stretching the shorter piece. First make sure that the notches are properly matched, lay the pieces on a flat surface and try to re-baste the pieces together. If the pieces still don't match in length, for example if one of them stretched or if there was a mistake during cutting, then the truing can be done after the first fitting, during the sewing process.

After assembly, the garment should be lightly pressed, the seams should be pressed open or to one side.

### **What to look for during fitting?**

The left and right sides of the garment should look the same.

Verify the balance of the garment – the side seams and the center front line must be vertical, the shoulder seam must lie on the natural shoulder line.

The bottom line of the garment must be parallel to the floor.

Evaluate the side view of the front and back of the garment (look at yourself sideways in the mirror). The front and back should not sag or ride up. There shouldn't be any horizontal wrinkles across the back, nor any tension across the shoulder blades and shoulders.

Evaluate the side seams from the front or back. The sides should not sag or ride up.

Verify the garment length.

Check for fit issues associated with individual features of the body (for example, an asymmetrical figure with shoulders at different levels, etc.)

Verify garment volume, there should be enough ease and it should feel comfortable.

After the fitting, mark changes symmetrically to both sides of the garment; if needed, baste once more and do another fitting.



Pin the back darts on the wrong side of the back.