

I M P O R T A N T !

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A L Y A

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PATTERN DESCRIPTION

Alya is a basic t-shirt with a loose fit and a straight silhouette, a set-in sleeve, and a crew neck finished with a band. Alya is mid hip-length.



TOTAL WEARING EASE

Bust ease, cm	Waistline ease, cm	Hipline ease, cm	Upper arm ease, cm
12,6-16,7	32,7-36,7	6,8-10,9	7,5-10

T-SHIRT LENGTH, SLEEVE LENGTH

Height, cm	Back length including neckband width, cm	Sleeve length, cm
1 (154-160)	61,7-62,2	20,5
2 (162-168)	64,7	21,5
3 (170-176)	67,7	22,5
4 (178-184)	70,7	23,5



SUGGESTED FABRIC

To sew this t-shirt, choose knit fabrics with the following properties:

- Soft, medium weight, medium stretch;
- The fiber content can include natural fibers (cotton), artificial (viscose), and blends (cotton + polyester, cotton + elastane, viscose + elastane);
- The following fabrics are recommended: cotton jersey, interlock knits, pique, lightweight French terry (for colder seasons).

The t-shirt on the photo is made with cotton jersey. The fiber content is a blend of cotton + polyester + lycra. This fabric is soft, firm, and has moderate stretch.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140cm and 180cm wide, for all sizes:

Height, cm	140cm wide yardage, m	180cm wide yardage, m
1 (154-160)	0,98	0,86
2 (162-168)	1,02	0,89
3 (170-176)	1,06	0,93
4 (178-184)	1,10	0,97

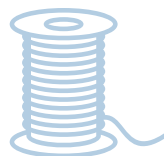
2. Lightweight fusible knit interfacing – 2 strips 0.5 x 15cm

3. 1cm wide matching twill tape – 30cm

4. Matching thread - 4 spools

IMPORTANT!

When purchasing fabric, please account for shrinkage and buy 5% more than required.





Interface the back shoulder seam allowances with strips of interfacing. The grainline on these strips is along the long edge. The strips are 0.5cm wide. Instead of interfacing, you may use ready-made strips of 0.5cm wide seam tape interfacing.

To interface, put the gluey side of the interfacing (the side that feels rough to the touch) on top of the wrong side of the fabric piece (or a section thereof) and press with the iron. Do not iron the piece, but instead press it section by section, holding it down with the iron a few seconds until that section is adhered and then pressing down the next section. You may use a cotton pressing cloth to protect your iron sole. Once the interfacing process complete, leave the piece on a hard flat surface for 15 minutes to cool down.



Place the front and back pieces right sides together and align the shoulder and side seams. Pin, baste, and stitch on the 4-thread overlock, stitching with the front piece facing up.



Press the seams flat, then press the seam allowances towards the back.



Fold the sleeve pieces in half right sides together. Pin, baste, and stitch the underarm seam on the overlocker.