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# KAREN

#vikisews

#### PATTERN DESCRIPTION

Karen is a pair of semi-fitted trousers with a straight silhouette and pressed creases, inspired by menswear. The back features waist darts, the front features a pleat at the waistline directed towards the side seam. The front also has functional slash pockets and a separate waistband piece with an overlap on the right side, as well as belt loops. The waist line is lowered, the waistband's top edge is situated 6cm below the natural waist, and its fit isn't too snug. The trousers have a classic fly front fastening and the waistband fastens with two hooks and eyes. Karen is floor length, forming a pleat when worn.



# TOTAL WEARING EASE

Waistline ease at top of waistband (different for each size), cm	Hipline ease, cm
15,5	11,5

#### **GARMENT LENGTH**

Height, cm	Garment length at side seam including waistband width, cm
1 (154-160)	107
2 (162-168)	110
3 (170-176)	113
4 (178-184)	116

# FINISHED HEM WIDTH

	Size 34	Size 36	Size 38	Size 40	Size 42	Size 44	Size 46	
Width, cm	22,4	22,7	22,9	23,2	23,4	23,7	23,9	

# SUGGESTED FABRIC

To sew these trousers, choose woven suiting fabrics with the following properties:

- Medium weight, soft and dry, structured, non-stretch
- The fiber content can include natural fibers (wool, cotton, silk), blends (wool + polyester, cotton + polyester, etc), and synthetic (polyester)
  - The following fabrics are recommended: wool suiting, cotton, crepe, gabardine

The trousers on the photo are made in wool suiting. This fabric is medium weight, non-stretch, and structured. The fiber content is a blend: 60% polyester, 20% cotton, 18% wool, 2% spandex.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140cm wide, with nap, in meters

Height, cm	Size 34-38	Size 40	Size 42-46
1 (154-160)	1,4	1,8	1,9
2 (162-168)	1,4	1,85	2
3 (170-176)	1,45	1,85	2,05
4 (178-184)	1,5	1,85	2,1

2. Main fabric, 140cm wide, without nap, in meters

Height, cm	Size 34	Size 36-40	Size 42	Size 44-46
1 (154-160)	1,35	1,4	1,55	1,6
2 (162-168)	1,4	1,4	1,6	1,65
3 (170-176)	1,45	1,45	1,65	1,65
4 (178-184)	1,5	1,5	1,65	1,7

# IMPORTANT!

When purchasing fabric, please account for shrinkage and buy 5% more than required.

- 3. Lining material, 140cm wide, with nap, for all sizes and heights 0.3m
- 4. Woven fusible interfacing, 140cm wide, for all heights, in meters:

	Size	Size	Size	Size
	34	36-40	42-44	46
Yardage	0,4	0,45	0,5	0,55

- 5. One pant zipper 15cm in length
- 6. Two sew-on hooks and eyes
- 7. Matching thread 5 spools (1 spool for the sewing machine and 4 spools for the overlocker)

# TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
  - Stitch-in-the-ditch foot for your sewing machine (optional)



#### Fully interface the following pieces:

- Left front waistband cut 1
- Right front waistband cut 1
- Back waistband cut 1

Partially interface the following:

- fly extension
- the left front piece center edge

Additionally, interface the pocket openings on the front legs at 8mm from the edge with strips of tape interfacing cut along the grain and stitched. Prior to interfacing the pieces, we recommend testing the interfacing and/or seam tape interfacing on a scrap piece of the main fabric. Also check your iron settings: what temperature suits your fabric, can the interfacing be applied with steam, as well as the time needed to hold the iron over the interfacing for perfect adhesion.

To interface, put the gluey side of the interfacing (the side that feels rough to the touch) on top of the wrong side of the fabric piece (or a section thereof) and press with the iron. Do not iron the piece, but instead press it section by section, holding it down with the iron a few seconds until that section is adhered and then pressing down the next section. You may use a cotton pressing cloth to protect your iron sole. Once the interfacing process complete, leave the piece on a hard flat surface for 15 minutes to cool down.



Press and steam the back leg pieces. Stretch the crotch edge upwards by 1.5cm. Stretch the inseam edge by 1.5cm to the side.

