

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



JACOB PATTERN DESCRIPTION

Jacob is a straight loose-fitting hoodie for men. It features a standing collar that continues into a hood. The hood is self-lined and features a casing with twill tape threaded through it. The standing collar closes with a partial front zipper that continues to the front of the hoodie and stops at chest level. There are inseam pockets in the side seams. The long raglan sleeves are finished with cuffs. The bottom of the hoodie is finished with an applied waistband. Jacob is above-hip length.



IMPORTANT!

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TOTAL EASE ALLOWANCE

	Chest ease	Waistline ease	Hipline ease	Upper arm ease
cm	23.6	32.7 – 35.3	13.9 – 18.3	14.4 – 18.4
inches	9 1/4	12 7/8 – 13 7/8	5 1/2 – 7 1/4	5 5/8 – 7 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back including waistband, cm	Sleeve length including shoulder width and cuff, cm
1 (170-176)	69.7-73.7	83
2 (178-184)	72.7-76.7	85
3 (186-192)	75.7-79.7	87
4 (194-200)	78.7-82.7	89
Height, ft	Garment length at center back including waistband, in	Sleeve length including shoulder width and cuff, in
1 (5'7"-5'9")	27 1/2 - 29	32 5/8
2 (5'10"-6')	28 5/8 – 30 1/4	33 1/2
3 (6'1"-6'3")	29 3/4 – 31 3/8	34 1/4
4 (6'4"-6'7")	31 – 32 1/2	35

SUGGESTED FABRIC

To sew this garment, choose knit fabrics with the following properties:

- soft, medium to heavyweight, non-stretch or low-stretch
- the fiber content can include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: sweatshirt fleece, thick French terry.

For the waistband and cuffs, we recommend using rib knit.

The garment in the photos is made from sweatshirt fleece. The fabric is medium-weight, soft, low-stretch. The fiber content is cotton + polyester. The waistband and cuffs are made from rib knit.

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- bodkin/threader to insert twill tape (can be replaced with a safety pin)

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.

PATTERN PIECES LIST

1. From main fabric:

- front - cut 1 on fold
- back - cut 1 on fold
- front sleeve - cut 2
- back sleeve - cut 2
- hood side panel - cut 2
- hood center panel - cut 1
- inner hood side panel - cut 2
- inner hood center panel - cut 1
- front neck facing - cut 1 on fold
- pocket bag - cut 4

2. From ribbing:

- cuff - cut 2
- waistband - cut 2

IMPORTANT! Don't forget to transfer all the notches from the pattern to your fabric.

3. From interfacing:

- two strips, 3cm (1 1/8") wide and 25cm (9 7/8") long, to interface the pocket area of the side seam allowances
- one strip, 3cm (1 1/8") wide and 23cm (9") long, to interface the zipper area seam allowances on the center front
- two strips, 2x3cm (3/4 x 1 1/8"), to interface the buttonhole placement on the hood side panel pieces. The strips should be cut on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

Pattern pieces include the following seam allowances:

- all edges - 1cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Following the pattern markings, mark the placement of the zipper stitching lines on the front and front neck facing pieces. Mark the pocket seam allowances. Mark the buttonhole placement on the hood side panels.



Partially interface the following:

- pocket seam allowances along the side seams
- zipper seam allowances on the front piece
- zipper seam allowances on the hood side panels
- buttonhole placement on the hood side panels

Zipper seam allowances on the hood side panels are interfaced with premade fusible stay tape, 8mm (just under 3/8") from the edge.

Seam allowances on the front piece and buttonhole placement are interfaced with strips of interfacing cut on the straight grain.

To apply interfacing, position its gluey side onto the wrong side of the fabric piece (or part of it) and press.