

FROM THE FOUNDER OF THE #VIKISEWS BRAND

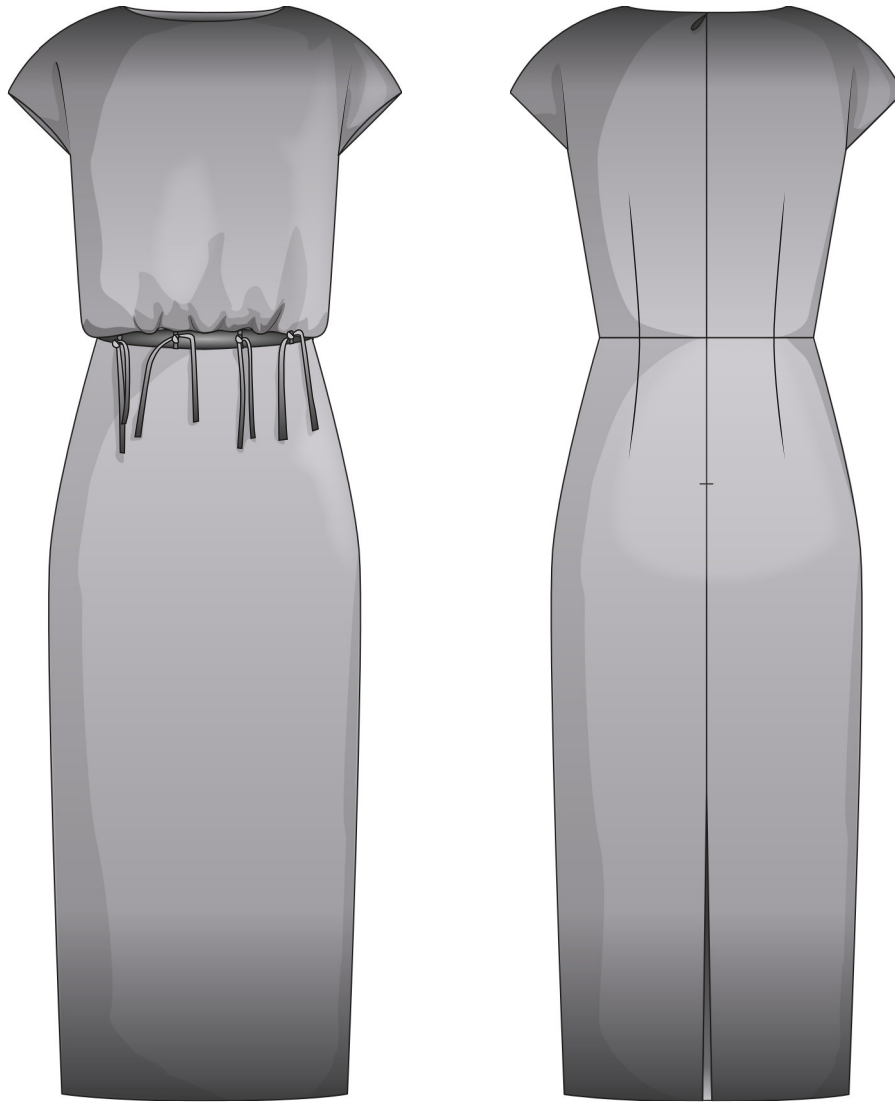


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



NADI PATTERN DESCRIPTION

Nadi is a moderate volume slim fit dress. The front consists of the top and bottom parts that are connected with ties. The front blouson bodice creates extra volume. The front skirt has waist darts. The back also consists of the bodice and skirt parts, with waist darts on both. The center back seam has an invisible zipper and a high slit. The dress has a dropped shoulder line and a boat neckline. Nadi is below the knee length.



FOR YOUR CONSIDERATION!

Patterns of VikiSews are allowed:

- for personal use. It is prohibited to share VikiSews patterns and sewing instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.
- for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individual parties.

TOTAL EASE ALLOWANCE

Bust ease, cm	Waistline ease, cm	Hipline ease, cm
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8.3-9	5	5
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GARMENT LENGTH, SHOULDER WIDTH

Height, cm	Garment length at center back, cm	Shoulder width, cm
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1 (154-160)	115.2-117	16.8-18.2
2 (162-168)	119.2-121	16.8-18.2
3 (170-176)	123.2-125	16.8-18.2
4 (178-184)	127.2-129	16.8-18.2

SUGGESTED FABRIC

Woven fabrics with the following properties are suitable for the Nadi Dress:

- lightweight, thin, with good drape, non-stretch or with very little stretch
- the fibre content can include natural (silk), artificial (viscose), blends (silk + polyester, acetate and polyester) or synthetic (polyester);
- the following fabrics are recommended: natural and man-made silk, cupro, thin crepe, atlas or satin.

The garment on the photo is made of man-made silk fabric. This fabric is thin, flexible, soft and non-elastic. The fiber content is 75% acetate, 25% polyester.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, in meters

Height, cm	Size 34-38	Size 40	Size 42-44	Size 46-48	Size 50-52
1 (154-160)	1.45 (0.84;0.61)	1.78	1.78	1.8	1.83
2 (162-168)	1.53 (0.87;0.66)	1.83	1.84	1.85	1.88
3 (170-176)	1.57 (0.9;0.67)	1.88	1.9	1.9	1.94
4 (178-184)	1.63 (0.93;0.7)	1.92	1.95	1.95	2

2. Lightweight woven interfacing, 140cm wide, in meters

Size	34-36	38-52
Yardage, m	0.3	0.35

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required

3. Invisible zipper 60 cm – 1 piece

4. Elastic band 7 mm wide, in cm

Size	34-36	38-40	42-46	48-50	52
Yardage, m	30	35	40	45	50

5. Sewing thread in matching colour – 5 spools (1 spool for the sewing machine + 4 spools for the overlock)

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlock machine for sewing and finishing raw edges. This may be replaced with a stretch pseudo-overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Loop turner
- Stitch-in-the-ditch foot for your sewing machine (optional)

Important! In situations where the needle leaves marks in the fabric (leather, suede, nylon, silk, etc.), in order to check the fit and evaluate possible issues, we recommend making a muslin first! In this case, you either won't need to do garment fittings, or simply try on the garment to verify lengths. We recommend testing on a scrap piece of fabric first to see whether your material is prone to be marked by needles.

During basting, if it so happens that one piece is longer than the other, don't rush to adjust them by cutting the excess of fabric or stretching the shorter piece. First make sure that the notches are properly matched, lay the pieces on a flat surface and try to re-baste the pieces together. If the pieces still don't match in length, for example if one stretched or if there was a mistake during cutting, then the adjusting can be done after the first fitting, during construction of the garment.

After assembly, seams should be lightly pressed flat, then pressed to one side or pressed open.

What to look for during fitting?

The left and right sides of the garment should look the same.

Check the balance of the garment – side seams should be vertical. Check the shoulder seam, it should follow the natural slope of your shoulder line.

The slit edges should not spread apart or overlap.

Evaluate the side view of the front and back of the garment (look at yourself sideways in the mirror).

The front and back should not sag or pull up. There shouldn't be any horizontal wrinkles across the back, nor any tension across the shoulder blades and shoulders.

Evaluate the side seam from the front or back. The side should not sag or pull up.

Check the length of the garment.

Check for fit issues associated with individual features of the body (for example an asymmetrical figure with shoulders at different levels, etc.)

Check garment volume, there should be enough ease and it should feel comfortable.

After the fitting, mark changes symmetrically to both sides of the garment; if needed, baste again and try it on one more time.



Fully interface the following:

- Front skirt facing – cut 1 on fold
- Back facing – cut 2

Partially interface:

- Center seam edges on the back bodice and back skirt

- Slit edges on the back skirt

Interface edges using 2cm wide strips of interfacing cut along the selvedge, measure the length from the pattern piece.