

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



GILLIAN PATTERN DESCRIPTION

Gillian is a close-fitting blouse with an empire silhouette. The waist seam is right under the bust, and the trapeze-shaped peplum is gathered and is longer at the center than the sides. The front, back, straps, and top of the sleeve are lined. The draped front is a wrap style and the back is gathered along the center. Gillian fastens with an invisible zipper in the center back seam. The long, set-in sleeves have a seam above the elbow with pleats and gathers at the cap and the bottom of the puff piece, and a close-fitting bottom portion of the sleeve. Gillian is below-the-hip length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	5.5–6.7	140.5–145.1	152.9–167.4	6.5
inches	2 1/8–2 5/8	55 3/8–57 1/8	60 1/4–65 7/8	2 1/2

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from center back waist seam, cm	Sleeve length, cm	Height, ft	Garment length from center back waist seam, in	Sleeve length, in
1 (154–160)	27.3–31.8	57.7–60.8	1 (5'1"–5'3")	10 3/4–12 1/2	22 3/4–23 7/8
2 (162–168)	29.3–33.8	60.2–63	2 (5'4"–5'6")	11 1/2–13 1/4	23 3/4–24 3/4
3 (170–176)	31.3–35.8	61.8–64.9	3 (5'7"–5'9")	12 3/8–14 1/8	24 3/8–25 1/2
4 (178–184)	33.3–37.8	63.8–67	4 (5'10"–6'1")	13 1/8–14 7/8	25 1/8–26 3/8

SUGGESTED FABRIC

To sew this blouse, choose woven fabrics with the following properties:

- Medium weight, fluid, non-stretch or with very little stretch, opaque
- The fiber content can include natural fibers (silk), artificial (viscose), blends (cotton + silk, silk + polyester, cotton + viscose, etc.) and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: cupro, velvet, artificial silk, crepe, atlas, modal

Attention! We do not recommend stretchy knits and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend lining fabrics from artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), and synthetic (polyester, polyester + elastane).

The blouse in the photo is made of cupro. This fabric is medium weight, fluid, and non-stretch. The fiber content is 100% cupro. The lining is cupro.

TOOLS AND EQUIPMENT

- sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Stitch-in-the-ditch foot for your sewing machine (optional)
- Invisible zipper foot for your sewing machine

PATTERN PIECES LIST

1. From main fabric:

- Front — cut 2
- Front strap — cut 4
- Back — cut 2
- Top sleeve — cut 2
- Bottom sleeve — cut 2
- Front peplum — cut 1 on fold
- Back peplum — cut 2
- Front lining — cut 2
- Back lining — cut 2
- Top sleeve lining — cut 2

***IMPORTANT!** Don't forget to transfer all the notches from the pattern to your fabric.*

2. From interfacing:

- Front strap — cut 4

Also cut out two 2 cm (3/4") wide strips of interfacing to reinforce the seam allowances for the invisible zipper in the center back seam. The grainline on the strips runs parallel to the long side (along the interfacing selvedge).

SEAM ALLOWANCES

The pattern pieces include the following seam allowances:

- Center back seam on the Back, Back Lining and Back Peplum pieces — 1.5 cm (5/8")
- Sleeve hems — 3 cm (1 1/8")
- All the other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.

Evaluate the side seams from the front or back. The sides should not sag or ride up.

Verify the garment length.

Check for fit issues associated with individual features of the body (for example an asymmetrical figure with uneven shoulders, etc.)

After the fitting, mark changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Place the front strap pieces in pairs, right sides together, align the neckline edges and match notches. Pin and machine-stitch with the outer piece (the one with the stay tape) facing up, backstitching at the beginning and end. Press the seams flat.



Fold the seam allowances towards the inner strap and understitch at 1–2 mm (1/16") from the seam, backstitching at the beginning and end. Press.