

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## EMORY PATTERN DESCRIPTION

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Emory is a close-fitting dress with an asymmetrical front. It features six stitched pleats along the left side seam, from the bust line to the hip line, with the bust darts transferred to the pleats. On the back, the shoulder darts have been transferred to the neckline, and the waist has waist darts. The center back seam has an invisible zipper fastening on the top and a slit on the bottom. The neckline is round, the shoulder line is slightly increased and widened to accommodate shoulder pads. The long set-in sleeve has a vertical elbow dart. The front and back of the dress is lined. The front and back hemlines are asymmetrical and are finished with facings. Emory is below-the-knee length, slightly shorter on the left side than on the right.

**IMPORTANT!** The pattern includes pattern pieces for two sleeve versions. The one-piece sleeve with an elbow dart is designed for suiting and dress-weight fabrics.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL WEARING EASE

Bust line ease, cm	Waistline ease, cm	Hipline ease, cm	Upper arm ease, cm
6-7,5	5	3	5

## GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length, cm
1 (154-160)	109	58,7-60,6
2 (162-168)	113	60,7-62,6
3 (170-176)	117	62,7-64,6
4 (178-184)	121	64,8-66,6

## SUGGESTED FABRIC

To sew this dress, choose woven fabrics with the following properties:

- Medium weight, flexible, breathable, soft, stretchy, opaque
- The fiber content can include natural fibers (wool, silk, cotton, linen), artificial (viscose), blends (wool + elastane,

cotton + elastane, cotton + viscose, etc.), and synthetic (polyester + elastane)

- The following fabrics are recommended: dress-weight wool with elastane, gabardine cotton, dress-weight stretch denim, heavy or mid weight double knits, stretch velour.

**Attention!** We do not recommend stretchy knit materials and lightweight sheer materials (chiffon, organza, stretch lace).

For the lining, we recommend blended fibers (viscose + elastane) or synthetic (polyester + elastane).

The dress on the photo is made with dress-weight wool with elastane. This fabric is medium weight, flexible, soft and stretchy. The fiber content is a blend of wool and elastane. The lining is viscose with elastane.

# PATTERN PIECES LIST

## 1. From main fabric:

- Front – cut 1
- Right back – cut 1
- Left back - cut 1
- Sleeve - cut 2
- Front hem facing - cut 1
- Left back hem facing - cut 1
- Right back hem facing - cut 1
- Slit reinforcement – cut 1

## 2. From lining:

- Front lining – cut 1
- Right back lining – cut 1
- Left back lining - cut 1

## 3. From interfacing:

- Front section - cut 1
- Front hem facing - cut 1
- Right back hem facing - cut 1
- Left back hem facing - cut 1

# IMPORTANT!

*Don't forget to transfer all pattern markings and notches onto the fabric.*

## Additionally, cut the following out of interfacing:

- Two 1.5cm wide strips to interface the invisible zipper seam allowances
- Two 3-3.5cm wide strips to interface the slit seam allowances
- Two 1cm wide strips to interface the front shoulder edges

## Also use a bias cut and stitched strip of interfacing for the following:

- Neckline edge on both back pieces

The interfacing strips grainline is along the long edge (along the interfacing selvedge).

# SEAM ALLOWANCES

## All pattern pieces include:

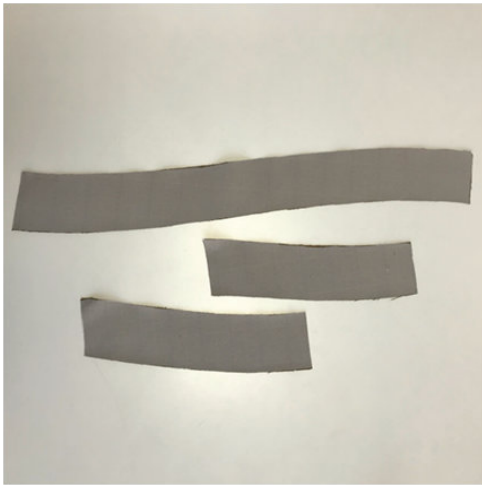
- 1cm seam allowances;
- the sleeve hem allowance is 2cm.

Take this into account when laying out pattern pieces on the fabric.

## Cutting layouts

**Main fabric, 140cm wide, in one layer, for size 34 in all heights, with nap and a directional print**





Prior to interfacing the main pieces, we recommend testing the interfacing and/or seam tape interfacing on a scrap piece of the main fabric. Also check your iron settings: what temperature suits your fabric, can the interfacing be applied with steam, as well as the time needed to hold the iron over the interfacing for perfect adhesion.

**Fully interface the following pieces:**

- Front hem facing - cut 1
- Right back hem facing - cut 1
- Left back hem facing - cut 1

**Partially interface the following pieces:**

Back, 2 pieces:

- Invisible zipper seam allowance with a 1.5cm wide strip of interfacing cut along the selvedge
- Slit allowance with a 3cm wide strip of interfacing cut along the selvedge
- Neckline edges with bias cut tape interfacing at 3mm from the edge, going 3mm into the dart allowance

Front, 1 piece:

- Shoulder seam allowances with a 1cm wide strip of interfacing cut along the selvedge
- Top of the piece (along the area shown on pattern piece)

To interface, put the gluey side of the interfacing (the side that feels rough to the touch) on top of the wrong side of the fabric piece (or a section thereof) and press with the iron. Do not iron the piece, but instead press it section by section, holding it down with the iron a few seconds until that section is adhered and then pressing down the next section. You may use a cotton pressing cloth to protect your iron sole. Once the interfacing process complete, leave the piece on a hard flat surface for 15 minutes for it to cool down.



Mark the pleat lines on the wrong side of the front piece with a chalk. To do this, place the pattern piece right side down on the wrong side of the fabric.