

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## DORIS PATTERN DESCRIPTION

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Doris is a loose-fitting, lined, trapeze dress with a round neckline. The front is shaped with bust darts transferred to the side seams. The back has shoulder darts transferred to the neckline. The dress is sleeveless and has side seam pockets. The back neckline features a rouleau loop and button closure. The hem is finished with a facing. Doris is above-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease
cm	14.1–18.2	50.4–56.7	41.8–54.3
inches	5 1/2–7 1/8	19 7/8–22 3/8	16 1/2–21 3/8

# GARMENT LENGTH

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Height, cm	Back length, cm	Height, ft	Back length, in
1 (154–160)	77.8–79.6	1 (5'1"–5'3")	30 5/8–31 3/8
2 (162–168)	81.8–83.6	2 (5'4"–5'6")	32 1/4–32 7/8
3 (170–176)	85.8–87.6	3 (5'7"–5'9")	33 3/4–34 1/2
4 (178–184)	89.8–91.6	4 (5'10"–6'1")	35 3/8–36 1/8

# SUGGESTED FABRIC

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To sew this dress, choose dress-weight and suiting fabrics with the following properties:

- medium to heavyweight, structured, non-stretch or low-stretch
- the fiber content can include natural fibers (wool, silk, cotton, linen), artificial fibers (viscose), blends (wool + silk, wool + polyester, polyester + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: sateen, poplin, linen, broderie anglaise, lightweight denim. For the lining, we recommend cotton shirting, sateen, poplin, linen, batiste.

**Attention!** We do not recommend stretchy knit fabrics. The fabric has to be structured.

The garment in the photos is made of linen. The fabric is medium-weight, without stretch. The fiber content is 30% linen, 30% tencel, 40% cotton.

The lining is made of cotton shirting (100% cotton).

2. Lining fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	34	36	38	40	42	44-46	48	50	52
1 (154-160)	1.23	1.24	1.32	1.42	1.46	1.52	1.52	1.55	1.55
2 (162-168)	1.3	1.34	1.42	1.51	1.58	1.6	1.6	1.61	1.65
3 (170-176)	1.37	1.44	1.52	1.6	1.64	1.67	1.69	1.69	1.83
4 (178-184)	1.45	1.54	1.63	1.7	1.74	1.77	1.77	1.77	1.9

Lining fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	34	36	38	40	42	44-46	48	50	52
1 (5'1"-5'3")	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	1 5/8	1 5/8	1 3/4	1 3/4
2 (5'4"-5'6")	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4	1 3/4	1 3/4	1 3/4	1 3/4
3 (5'7"-5'9")	1 1/2	1 5/8	1 5/8	1 3/4	1 3/4	1 7/8	1 7/8	1 7/8	2
4 (5'10"-6'1")	1 5/8	1 5/8	1 3/4	1 7/8	1 7/8	1 7/8	1 7/8	1 7/8	2 1/8

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Fusible interfacing, for all sizes and heights – 0.25 m (1/4 yd).

4. Bias-cut fusible stay tape – 2 m (2 1/8 yd).

5. Matching thread – 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

6. One button, 1 cm (3/8") in diameter.

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- edgestitch foot for the sewing machine (optional)
- loop turner.

Evaluate the fit of the front and back while looking at the person from the side. The front and back should not be riding up or sagging. There should be no horizontal folds at the back, no pulling at the shoulder blade area and shoulders.

Check the size and placement of the darts. The tip of the bust dart should point toward the bust apex but not go over it.

Check the garment length.

Check for fit issues associated with individual features of the body (for example, an asymmetrical figure with shoulders at different levels, etc.).

Verify the garment volume, there should be enough ease for a comfortable fit.

After the fitting, make the necessary adjustments to both sides of the garment and do another baste fitting if necessary.



Trim off 2 mm of the neckline and armhole edges on the front and back lining pieces.



Pin and baste the darts on the wrong side of the front piece. Machine-stitch, starting at the wide end and moving toward the dart point. Backstitch at the beginning of the seam only. At the tip of the dart, tie the thread ends into knots and hide them between the dart layers using a hand sewing needle.