

FROM THE FOUNDER OF THE #VIKISEWS BRAND

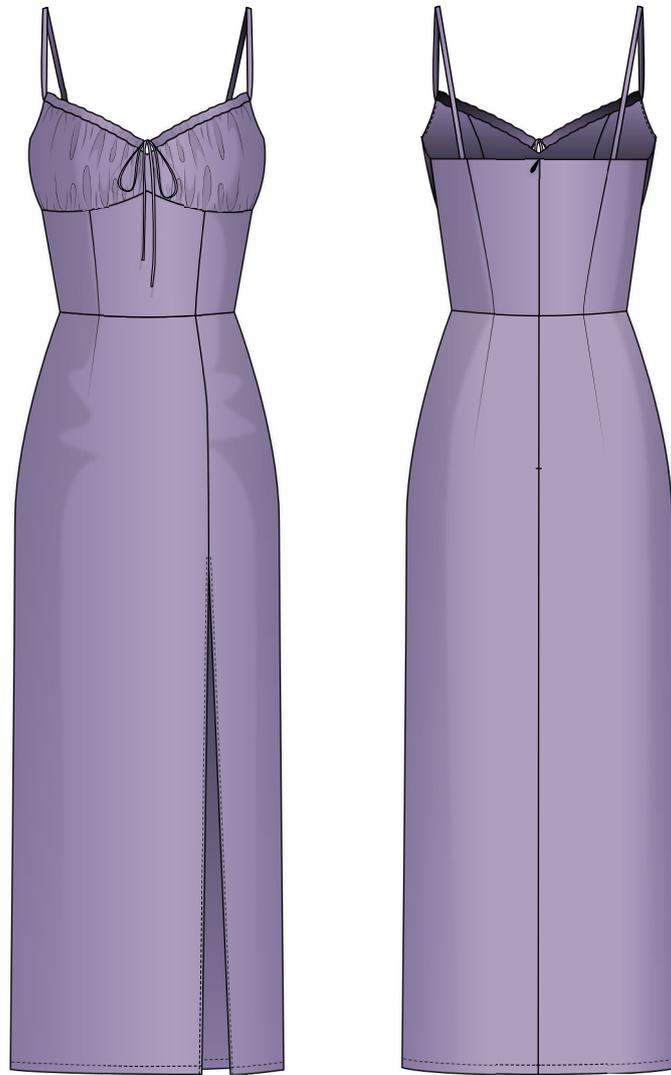


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



MARLA PATTERN DESCRIPTION

Marla is a close-fitting dress featuring waist and under the bust seams. The upper edge of the bodice is gathered with tie-straps threaded through casings. The dress has a lined bodice. The shaping of the dress is achieved with princess seams. The garment fastens with an invisible zipper in the center back seam. There is a high slit on the left-leg side of the skirt. Marla is midi length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	6.9–7.8	4–5	5
inches	2 3/4–3 1/8	1 5/8–2	2

GARMENT LENGTH

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	82	1 (5'1"–5'3")	32 1/4
2 (162–168)	85	2 (5'4"–5'6")	33 1/2
3 (170–176)	88	3 (5'7"–5'9")	34 5/8
4 (178–184)	91	4 (5'10"–6'1")	35 7/8

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium-weight, pliable, soft, non-stretch or with very little stretch
- the fiber content can include natural fibers (silk, cotton), artificial fibers (viscose), blends (wool + silk, polyester + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: silk, viscose, challis, sateen, poplin, dress-weight denim.

Attention! We do not recommend using very stretchy knit materials.

The garment in the photo is made of artificial silk. The fabric is soft, lightweight, non-structured, a bit sheer, and has no stretch.

The fabric content is 100% polyester.

The lining is made of the main fabric.

PATTERN PIECES LIST

1. From main fabric:

- top front bodice — cut 1 on fold
- bottom front bodice center panel — cut 1 on fold (+ cut 1 on fold for the lining)
- top front bodice center panel lining — cut 1 on fold
- top front bodice side panel lining — cut 2
- bottom front bodice side panel — cut 2 (+ cut 2 for the lining)
- side front skirt — cut 1
- front skirt — cut 1
- back skirt — cut 2
- back bodice center panel — cut 2 (+ cut 2 for the lining)
- back bodice side panel — cut 2 (+ cut 2 for the lining)
- casing — cut 2
- strap — cut 2
- slit reinforcement — cut 1.

***IMPORTANT!** The inner front bodice pieces referred to below as 'lining' are cut from the main fabric!*

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

2. From interfacing:

Cut 1.5 cm (5/8") wide interfacing strips to interface the following:

- center back seam allowances on the back bodice center panel pieces
- center back seam allowances along the zipper segment on the back skirt pieces
- slit seam allowances on the front and side front skirt pieces.

The strips should be cut on the straight grain (parallel to the selvedge of the interfacing).

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- center back seam allowance on the back bodice center panel, back bodice center panel lining, and back skirt pieces — 1.5 cm (5/8")
- hem allowance on the front skirt, side front skirt, and back skirt pieces — 2 cm (3/4")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.

Check the size and placement of the darts.

Verify the garment length.

Check for fit issues associated with individual features of the body (for example, an asymmetrical figure with shoulders at different levels, etc.).

Verify the garment volume, there should be enough ease for a comfortable fit.

After the fitting, mark changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Working on the wrong side of the front skirt piece, pin and baste the waist dart. Machine-stitch, starting at the wide end and moving toward the dart point. Backstitch at the beginning of the seam only, leave long thread tails at the end, tie them into a knot and hide them inside the dart bulk using a large-eye needle.



Working on the wrong side of the back skirt pieces, pin and baste the waist darts. Machine-stitch, starting at the wide end and moving toward the dart point. Backstitch at the beginning of the seam only, leave long thread tails at the end, tie them into a knot and hide them inside the dart bulk using a large-eye needle.