

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



IMAN PATTERN DESCRIPTION

Iman is a semi-fitted jumpsuit with an accentuated waist. It features a waist seam and a wrap-style front bodice. The back bodice features shoulder darts. The jumpsuit has a low V-neckline and elastic at the waist. The long set-in sleeves are semi-fitted at the top and have a great flare at the bottom. The hems of the sleeves are gathered and finished with binding. Iman is fully lined and below-ankle length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	18.4–18.9	41.7–46.4	12.6–13	8.4
inches	7 1/4–7 1/2	16 3/8–18 1/4	5–5 1/8	3 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Side seam length from waist down, cm	Sleeve length including shoulder width and binding, cm
1 (154–160)	96.6–98.9	73.9–76.6
2 (162–168)	100.9–103.2	75.9–78.6
3 (170–176)	105.1–107.5	77.9–80.6
4 (178–184)	109.4–111.7	79.9–82.6

Height, ft	Side seam length from waist down, in	Sleeve length including shoulder width and binding, in
1 (5'1"–5'3")	38–38 7/8	29 1/8–30 1/8
2 (5'4"–5'6")	39 3/4–40 5/8	29 7/8–31
3 (5'7"–5'9")	41 3/8–42 3/8	30 5/8–31 3/4
4 (5'10"–6'1")	43 1/8–44	31 1/2–32 1/2

FINISHED HEM WIDTH

Size	34	36	38	40	42	44	46	48	50	52
cm	16.2	16.5	16.8	17.1	17.4	17.7	18.3	18.6	18.9	19.2
inches	6 3/8	6 1/2	6 5/8	6 3/4	6 7/8	7	7 1/4	7 3/8	7 1/2	7 1/2

SUGGESTED FABRIC

To sew this jumpsuit, choose dress-weight fabrics with the following properties:

- fluid, soft, low-stretch
- the fiber content can include artificial fibers (viscose) and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: sequin fabric with a knit, mesh or tulle backing

3. Elastic, 1 cm (3/8") wide:

Size	34	36	38	40	42	44	46	48	50	52
meters	0.48	0.52	0.56	0.6	0.64	0.68	0.72	0.76	0.8	0.84
yards	1/2	5/8	5/8	5/8	3/4	3/4	3/4	7/8	7/8	7/8

4. Clear elastic, 1 cm (3/8") wide — 2 m (2 1/8 yd)

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction of the lining. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- bias tape maker

PATTERN PIECES LIST

1. From main fabric:

- front bodice — cut 2
- back bodice — cut 1 on fold
- sleeve — cut 2
- front leg — cut 2
- back leg — cut 2
- back neck facing * — cut 1 on fold
- front neck facing * — cut 2
- pocket bag * — cut 4

Attention! The * sign indicates pieces cut for the unlined garment.

2. From lining fabric:

- front bodice — cut 2
- back bodice — cut 1 on fold
- sleeve — cut 2
- front leg — cut 2
- back leg — cut 2
- sleeve hem binding — cut 2
- armscye binding — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- waist seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Before you begin, test on a scrap of fabric if it's safe to iron your material: adjust your iron's temperature; make sure the sequins don't get distorted when steamed. Also, check if it's necessary to remove the sequins from the seam allowances.

The fabric we are using doesn't get distorted when pressed and steamed. The sequins are rather soft and therefore there is no need to remove them. We are using a medium iron temperature and a pressing cloth when pressing and steaming both from the right and wrong sides.

Mark the notches with hand stitches on the following edges:

- bottom edge of the front bodice, to match the right and left bodice pieces
- armhole edge of the front bodice, to match with the front of the sleeve cap
- sleeve cap edge, to match with the shoulder seam and the front bodice armhole

Use light-colored thread in order to avoid marking the fabric during pressing and steaming at a medium iron temperature.

Transfer the dart lines from the paper pattern to the wrong side of the back bodice and back bodice lining pieces.

FITTING

First fitting

We recommend doing a first fitting for any garment.

Why? The first fitting is done to check the balance of the garment, adjust the ease (only to reduce it and given that you haven't sewn a toile and haven't made any pattern modifications prior to cutting the fabric), adjust the garment and sleeve lengths, and check the neckline depth and shape.

How? After making the notches, we recommend basting the darts and assembling the entire garment (including sleeves). Baste the elastic in place along the waistline. Make a row of gathering stitches along the bottom edge of the sleeve and gather it so that it's the same length as the sleeve hem binding. Baste the garment hem.