

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



IMAN PATTERN DESCRIPTION

Iman is a semi-fitted jumpsuit with an accentuated waist. It features a waist seam and a wrap-style front bodice. The back bodice features shoulder darts. The jumpsuit has a low V-neckline, pockets in the side seams and elastic at the waist. The long set-in sleeves are semi-fitted at the top and have a great flare at the bottom. The hems of the sleeves are gathered and finished with binding. Iman is below-ankle length.



IMPORTANT!

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	18.4–18.9	41.7–46.4	12.6–13	8.4
inches	7 1/4–7 1/2	16 3/8–18 1/4	5–5 1/8	3 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Side seam length from waist down, cm	Sleeve length including shoulder width and binding, cm
1 (154–160)	96.6–98.9	73.9–76.6
2 (162–168)	100.9–103.2	75.9–78.6
3 (170–176)	105.1–107.5	77.9–80.6
4 (178–184)	109.4–111.7	79.9–82.6

Height, ft	Side seam length from waist down, in	Sleeve length including shoulder width and binding, in
1 (5'1"–5'3")	38–38 7/8	29 1/8–30 1/8
2 (5'4"–5'6")	39 3/4–40 5/8	29 7/8–31
3 (5'7"–5'9")	41 3/8–42 3/8	30 5/8–31 3/4
4 (5'10"–6'1")	43 1/8–44	31 1/2–32 1/2

FINISHED HEM WIDTH

Size	34	36	38	40	42	44	46	48	50	52
cm	16.2	16.5	16.8	17.1	17.4	17.7	18.3	18.6	18.9	19.2
inches	6 3/8	6 1/2	6 5/8	6 3/4	6 7/8	7	7 1/4	7 3/8	7 1/2	7 1/2

SUGGESTED FABRIC

To sew this jumpsuit, choose dress-weight fabrics with the following properties:

- medium weight, fluid, soft, non-stretch, medium-stretch or low-stretch, opaque
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (silk + polyester, silk + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: satin, crepe, silk, knit velvet, silk velvet

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34-36	38-42	44	46-48	50	52
1 (5'1"-5'3")	2 7/8	3	3	3	3 1/8	3 3/8
2 (5'4"-5'6")	3	3	3	3 1/8	3 1/4	3 1/2
3 (5'7"-5'9")	3	3	3 1/8	3 1/4	3 3/8	3 5/8
4 (5'10"-6'1")	3 1/8	3 1/8	3 1/4	3 3/8	3 5/8	3 3/4

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size								
	34	36-38	40	42	44	46	48	50	52
1 (5'1"-5'3")	2 1/2	2 5/8	2 5/8	2 5/8	2 3/4	2 3/4	3	3	3
2 (5'4"-5'6")	2 5/8	2 5/8	2 5/8	2 3/4	2 3/4	2 7/8	3	3	3 1/8
3 (5'7"-5'9")	2 5/8	2 3/4	2 3/4	2 7/8	2 7/8	3	3 1/8	3 1/8	3 1/4
4 (5'10"-6'1")	2 3/4	2 3/4	2 7/8	2 7/8	3	3	3 1/4	3 1/4	3 3/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

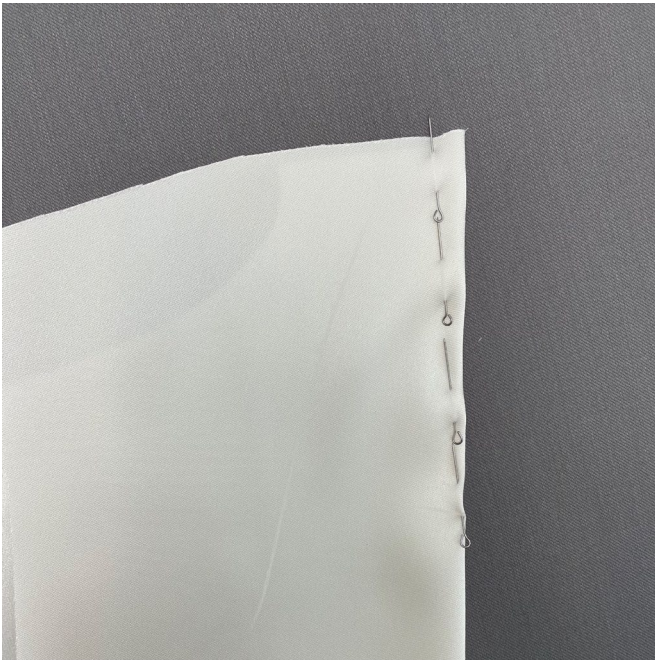
2. Elastic, 1 cm (3/8") wide:

Size	34	36	38	40	42	44	46	48	50	52
meters	0.48	0.52	0.56	0.6	0.64	0.68	0.72	0.76	0.8	0.84
yards	1/2	5/8	5/8	5/8	3/4	3/4	3/4	7/8	7/8	7/8

3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 0.6 m (5/8 yd)

4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 2.5 m (2 3/4 yd)

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)



Match the dart legs on the wrong side of the back bodice piece and pin.



Machine-stitch the darts, backstitching at the shoulder edges of the back bodice piece.

Tie the thread tails at the dart point into a knot and hide them inside the dart bulk using a needle.



Press the darts flat.