

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



GAIL PATTERN DESCRIPTION

Gail is a lined, semi-fitted, straight-cut jacket padded with synthetic down insulation. It features horizontal quilting on the front and back and diagonal quilting on the sleeves. The front is shaped with bust darts. The jacket has a shortened shoulder line and two-piece, set-in sleeves. The round silhouette of the sleeve is achieved with a shaped overarm seam. Gail features a stand collar and welt pockets at the front. It has a center front closure with a separating zipper and a zipper guard. There are belt loops at the sides of the garment for securing the tie belt. Gail is hip-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	34.1	54.8–54.9	30	22.4–26.1
inches	13 3/8	21 5/8	11 3/4	8 7/8–10 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	76	77–80.8
2 (162–168)	79	79–82.8
3 (170–176)	82	81.1–84.8
4 (178–184)	85	83.1–86.8
Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	29 7/8	30 3/8–31 3/4
2 (5'4"–5'6")	31 1/8	31 1/8–32 5/8
3 (5'7"–5'9")	32 1/4	31 7/8–33 3/8
4 (5'10"–6'1")	33 1/2	32 3/4–34 1/8

SUGGESTED FABRIC

To sew this jacket, choose fabrics with the following properties:

- light- to medium-weight, soft, non- or low-stretch, windproof and water-resistant
- the fabric content can include natural fibers (cotton), artificial fibers (viscose, acetate), blends (cotton + polyester, etc.), and synthetics (polyester, polyester + elastane, terylene/dacron)
- the following fabrics are recommended: outerwear fabrics, gabardine, dewspo, taslan, membrane, taffeta, PU-coated polyester
- for the insulation, use alpolux, isosoft, thinsulate, polyester batting 100 g/m2 + swan dawn
- for the interlining, use spunbond 30 g/m2.

Attention! We do not recommend heavyweight, thick, stretchy fabrics (coating fabric etc.).

For the lining, choose lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), or synthetics (polyester, polyester + elastane).

The jacket in the photos is made of outerwear fabric. This fabric is thin, soft, windproof, and water-resistant.

The lining is 100% viscose. Alpolux 100 g/m2 was used for the insulation. Spunbond 30 g/m2 was used for the interlining. This material is also known as "agrotex" and can additionally be found in gardening or hardware stores. Synthetic swan down filling is made of 100% polyester fiber.

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Lightweight knit or woven interfacing, 140 cm (55") wide, for all heights — 0.25 m (1/4 yd) for sizes 34–44; 0.3 m (3/8 yd) for sizes 46–52.
5. Swan down filling — 700 g to 1,000 g (those are the approximate volume and weight of a pillow stuffing for a 70×50 cm [28×20"] pillow).
6. Alpolux insulation 100 g/m² for all sizes and heights — 1 m (1 1/8 yd).
7. One separating zipper, 85 cm (33 1/2") long for heights 1–2; 90 cm (35 3/8") long for height 3; 95 cm (37 3/8") long for height 4.
8. Two top zipper stoppers for the separating zipper.
9. Matching thread — 1 spool for the sewing machine.

TOOLS AND EQUIPMENT

- sewing machine for construction
- narrow zipper foot for the sewing machine
- loop turner (optional).

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- front sleeve — cut 2
- back sleeve — cut 2
- top stand collar — cut 1 on fold
- bottom stand collar — cut 1 on fold
- front facing — cut 2
- back neck facing — cut 1 on fold
- placket — cut 2
- welt — cut 2
- pocket top facing — cut 2
- pocket bottom facing — cut 2
- tie belt — cut 1
- belt loop — cut 1.

2. From interlining material (spunbond):

- front — cut 4
- back — cut 2 on fold
- front sleeve — cut 4
- back sleeve — cut 4
- top stand collar — cut 2.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From lining fabric:

- front lining — cut 2
- back lining — cut 2
- front sleeve lining — cut 2
- back sleeve lining — cut 2
- pocket top lining — cut 2
- pocket bottom lining — cut 2.



Pin all the layers together, as shown in the photo.



Match the dart legs on the wrong side of the front piece and pin. Machine-stitch along the marked lines, starting at the wide end and moving towards the cross marking. Backstitch at the beginning only, leave long thread tails at the end, and then tie them into a knot.

Use a pressing cloth to press the darts flat and then press them upwards.



Stitch in the ditch of the dart seam and then continue stitching following the quilting line.

Important! Before machine-stitching, check the quilting stitch settings on a scrap of fabric. Check the stitch length, as well as the tension of the thread. The stitching line should not pull on the fabric, create gathers, nor zigzag.

Stitch on the sewing machine, backstitching at the beginning and end of the seam.

Stitch along the quilting lines on the main pieces (back, front and back sleeves) using the same technique.