

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## IMELDA PATTERN DESCRIPTION

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Imelda is a semi-fitted dress with an accentuated waist and a skirt that flares out towards the bottom. The dress is fitted with front and back princess seams. The front features a faux button placket created with a pleat at the center front. The dress has a deep square neckline and fastens with an invisible zipper in the center back seam. The full set-in sleeves gathered at the sleeve cap and bottom are below-elbow length. The hems of the sleeves are finished with binding. Imelda is midi length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	3.8–6	4.6–7.3	11.4–15.3	30.1–32.3
inches	1 1/2–2 3/8	1 3/4–2 7/8	4 1/2–6	11 7/8–12 3/4

## GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length, cm
1 (154–160)	112.8–113.3	45.7–46.5
2 (162–168)	117.8–118.3	47.8–48.9
3 (170–176)	122.8–123.3	49.8–50.1
4 (178–184)	127.9–128.4	51.6–51.8

Height, ft	Back length, in	Sleeve length, in
1 (5'1"–5'3")	44 3/8–44 5/8	18–18 1/4
2 (5'4"–5'6")	46 3/8–46 5/8	18 7/8–19 1/4
3 (5'7"–5'9")	48 3/8–48 1/2	19 5/8–19 3/4
4 (5'10"–6'1")	50 3/8–50 1/2	20 3/8

## SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, opaque, with a little elastane
- the fiber content can include natural fibers (cotton, linen), blends (cotton + polyester, cotton + elastane, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: linen, heavyweight cotton, nettle.

**Attention!** We do not recommend lightweight, sheer fabrics.

The dress in the photo is made of natural fabric. The fabric is medium weight, pliable, and low-stretch. The fiber content is 50% nettle and 50% cotton. The fabric weight is 210 g/m<sup>2</sup>.

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 0.35 m (3/8 yd)
3. One invisible zipper, 50 cm (19 5/8") long, for all sizes in all heights
4. Ten buttons, 1 cm (3/8") in diameter
5. Stitched bias-cut fusible stay tape, for all sizes in all heights — 1.05 m (1 1/8 yd)
6. Straight-grain fusible stay tape, for all sizes in all heights — 1.11 m (1 1/4 yd)
7. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- invisible zipper foot for the sewing machine
- stitch-in-the-ditch foot (optional)

## PATTERN PIECES LIST

### 1. From main fabric:

- front — cut 1
- side front — cut 2
- back — cut 2
- side back — cut 2
- sleeve — cut 2
- front facing — cut 1 on fold
- back facing — cut 2
- sleeve hem binding — cut 2

### 2. From interfacing:

- front facing — cut 1 on fold
- back facing — cut 2

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 2.5 cm (1")
- center back seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.





Place the side back and back pieces right sides together. Align the princess seam edges and match the notches. Pin and machine-stitch, backstitching at the beginning and end of the seam.



Press the seam flat. Stretch the curved section of the princess seam (between the notches) while pressing.



Press the seam allowances open.