

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

---

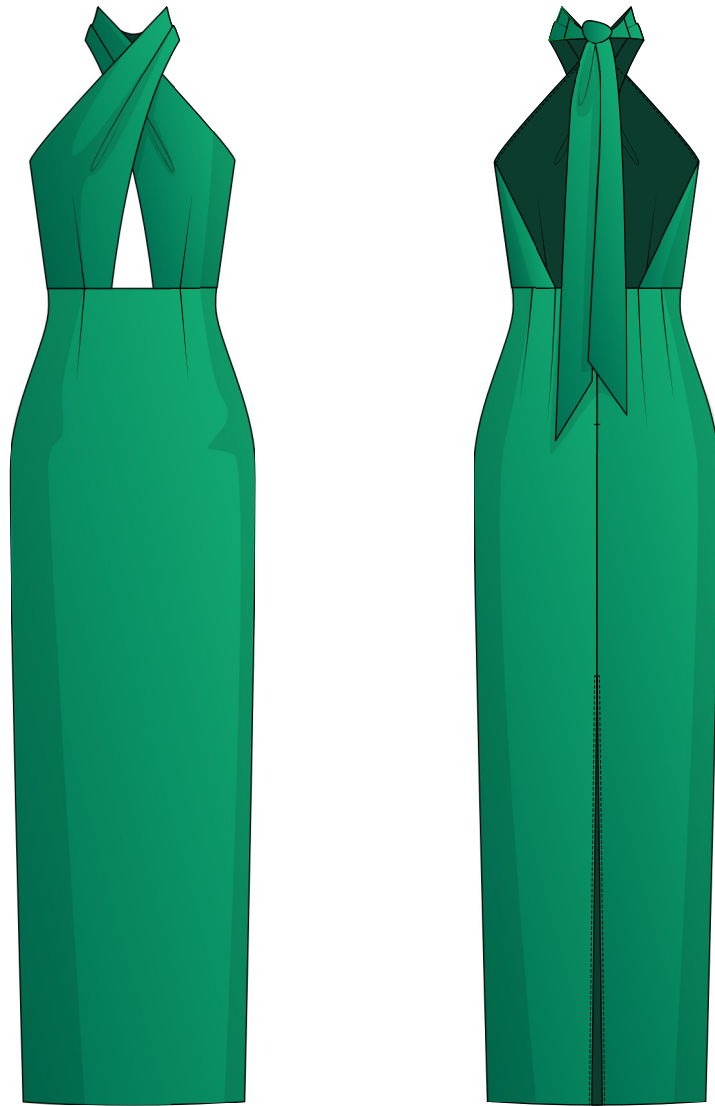


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## CRYSTAL PATTERN DESCRIPTION

---

Crystal is a close-fitting dress with an accentuated waist. The waist seam sits above the natural waistline. The upper edge of the front bodice is shaped with deep pleats that go down towards the waist darts. The self-lined bodice pieces crisscross at the front and end with long ties with shaped ends at the back. The back is open. The front and back of the skirt feature waist darts. There is an invisible zipper and a high slit in the back centre seam. Crystal is ankle-length.



## IMPORTANT!

---

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Hipline ease
cm	0	2.5–5	3.0–5.0
inches	0	1–2	1 1/8–2

## GARMENT LENGTH

Height, cm	Garment length from waist down, cm	Height, ft	Garment length from waist down, in
1 (154–160)	93	1 (5'1"–5'3")	36 5/8
2 (162–168)	97	2 (5'4"–5'6")	38 1/4
3 (170–176)	101	3 (5'7"–5'9")	39 3/4
4 (178–184)	105	4 (5'10"–6'1")	41 3/8

## SUGGESTED FABRIC

To sew this dress, choose blouse and dress-weight fabrics with the following properties:

- medium weight, with good drape, soft, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight viscose, silk, viscose, artificial silk.

**Attention!** We do not recommend very stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of artificial silk. The fabric is soft, with some bounce, non-structured, double-sided and with a little stretch. The fiber content is 100% polyester.

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 20 cm (7 7/8")
3. Stitched bias-cut fusible stay tape, 1–1.5 cm (3/8–5/8") wide — 1.1 m (1 1/4 yd)
4. One invisible zipper, 25 cm (9 7/8") long, for all sizes in all heights
5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine

## PATTERN PIECES LIST

### 1. From main fabric:

- bodice — cut 4 (2 outer bodice + 2 lining)
- tie — cut 2
- front skirt — cut 1 on fold
- back skirt — cut 2
- skirt facing — cut 1 on fold

### 2. From interfacing:

- skirt facing — cut 1 on fold

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

Additionally, cut two interfacing strips, 2 cm (3/4") wide, to interface the slit seam allowances and two interfacing strips, 2 cm (3/4") wide, to interface the zipper seam allowances. The interfacing strips should be cut on the straight grain (parallel to the selvedge).

## SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- slit seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



True the seam allowances along the side and centre edges of the bodice lining by 3 mm (1/8").



Match and pin the dart legs on the wrong side of the bodice and the bodice lining. Baste the darts.

**Important!** Use light-colored thread in order to avoid marking the fabric during pressing and steaming.

Machine-stitch, starting at the wide end and moving towards the dart apex.

Backstitch at the beginning of the seam.



Remove basting stitches.

Tie the thread ends into a knot at the dart apex and hide them in between the fabric layers using a hand-sewing needle.