

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## BECKY PATTERN DESCRIPTION

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Becky is a semi-fitted trapeze dress finished with a free-hanging lining. The dress features a deep square neckline and fastens with an invisible zipper in the center back seam. The front is fitted with bust darts transferred to the side seams while the back features shoulder darts transferred to the neckline. The long set-in sleeves are made up of two pieces. Becky is above-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

|        | Bust ease   | Waistline ease | Hipline ease | Upper arm ease |
|--------|-------------|----------------|--------------|----------------|
| cm     | 11.9–12.2   | 35.2–35.6      | 14.8–15.8    | 5              |
| inches | 4 5/8–4 3/4 | 13 7/8–14      | 5 7/8–6 1/4  | 2              |

# GARMENT LENGTH, SLEEVE LENGTH

| Height, cm  | Back length, cm | Sleeve length, cm |
|-------------|-----------------|-------------------|
| 1 (154–160) | 79–80.8         | 56.8–58.8         |
| 2 (162–168) | 82–83.8         | 58.8–60.8         |
| 3 (170–176) | 85–86.8         | 60.8–62.7         |
| 4 (178–184) | 88–89.8         | 62.8–64.7         |

| Height, ft     | Back length, in | Sleeve length, in |
|----------------|-----------------|-------------------|
| 1 (5'1"–5'3")  | 31 1/8–31 3/4   | 22 3/8–23 1/8     |
| 2 (5'4"–5'6")  | 32 1/4–33       | 23 1/8–23 7/8     |
| 3 (5'7"–5'9")  | 33 1/2–34 1/8   | 23 7/8–24 5/8     |
| 4 (5'10"–6'1") | 34 5/8–35 3/8   | 24 3/4–25 1/2     |

# SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, soft, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (wool, silk, cotton, linen), artificial fibers (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight suiting, dress-weight wool, wool crepe, gabardine

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, choose lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), or synthetics (polyester, polyester + elastane).

The dress in the photo is made of suiting fabric. The fabric is medium weight, pliable, soft, and structured. It stretches slightly and resists wrinkles. The fiber content is 80% viscose and 20% spandex. The lining is 100% viscose.

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine to attach the zipper

# PATTERN PIECES LIST

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## 1. From main fabric:

- front — cut 1 on fold
- back — cut 2
- top sleeve — cut 2
- bottom sleeve — cut 2

## 2. From lining fabric:

- front — cut 1 on fold
- back — cut 2

*IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.*

Additionally, cut two interfacing strips, 2 cm (3/4") wide, to interface the zipper seam allowances. The interfacing strips should be cut on the cross grain (perpendicular to the selvedge).

# SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- sleeve hem allowance — 2.5 cm (1")
- center back seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

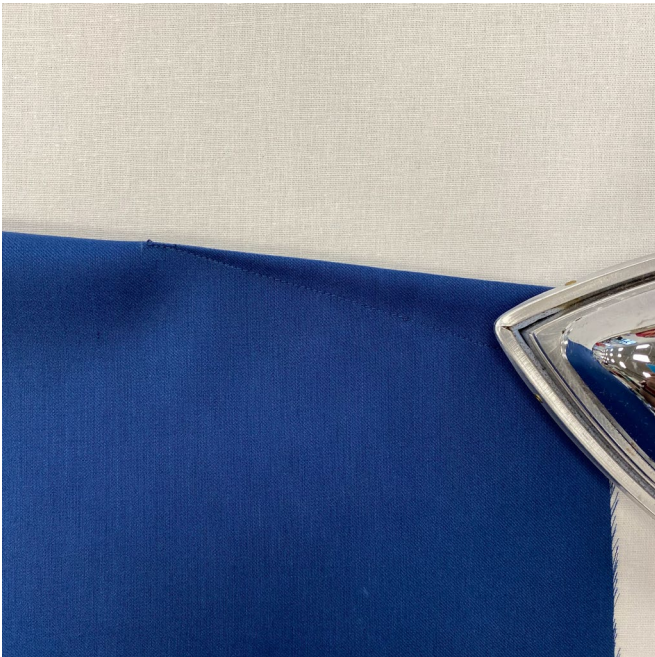
Take this into account when laying out pattern pieces on the fabric.



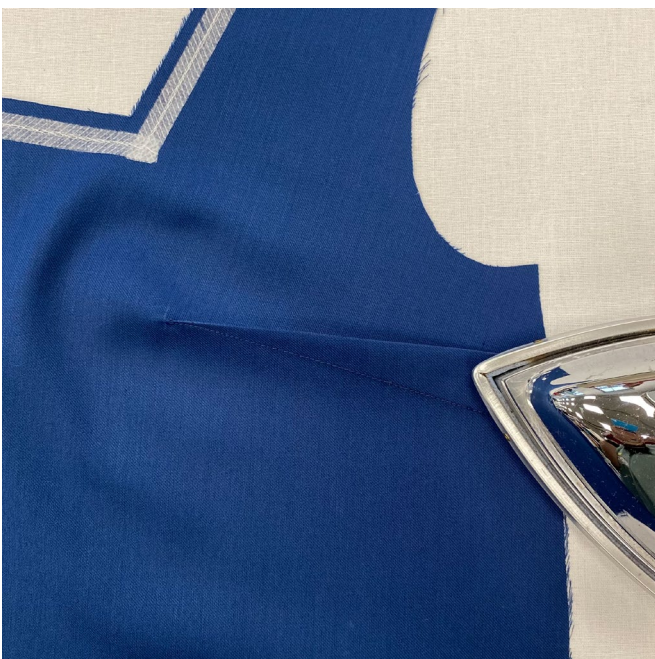


Machine-stitch, starting at the wide end and moving towards the dart apex.

Backstitch at the beginning of the seam only. At the tip of the dart, tie the thread ends into knots and hide them inside the dart bulk using a hand sewing needle.



Press the darts flat.



Press the dart seam allowances upwards on the front piece. On the back pieces, press the dart seam allowances towards the center back.

Press and steam to shrink out the fullness at the dart points.