

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



WOODY PATTERN DESCRIPTION

Woody is a semi-fitted bodysuit. The round neckline is finished with binding cut out of the main fabric. The garment is designed with two sleeve length options and a ruffle from the main fabric as an optional design detail. The bodysuit fastens with no-sew snaps at the bottom.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

| | Chest ease | Waistline ease |
|--------|------------|----------------|
| cm | 1.1–3.4 | 0.2–3.5 |
| inches | 3/8–1 3/8 | 1/8–1 3/8 |

GARMENT LENGTH, SLEEVE LENGTH

| Height, cm | Back length (estimated), cm | Short / long sleeve length, cm | |
|------------|--------------------------------|-----------------------------------|-----------|
| 50 | 31.2–31.6 | 6.5 | 11.1–11.5 |
| 56 | 33.2–34.1 | 7 | 13.9–14.3 |
| 62 | 35.6–36.5 | 8 | 16.7–17.1 |
| 68 | 37.2–38.1 | 9.1 | 19–19.5 |
| 74 | 39.6–40.5 | 10.2 | 21.9–22.3 |
| 80 | 41.2–42.1 | 11.3 | 24.2–24.6 |
| 86 | 43.6–44.5 | 12.6 | 27–27.4 |
| 92 | 45.2–46.1 | 13.5 | 29.4–29.8 |

| Height, in | Back length (estimated), in | Short / long sleeve length, in | |
|------------|--------------------------------|-----------------------------------|---------------|
| 19.75 | 12 1/4–12 1/2 | 2 1/2 | 4 3/8–4 1/2 |
| 22 | 13 1/8–13 3/8 | 2 3/4 | 5 1/2–5 5/8 |
| 24.5 | 14–14 3/8 | 3 1/8 | 6 5/8–6 3/4 |
| 26.75 | 14 5/8–15 | 3 5/8 | 7 1/2–7 5/8 |
| 29.25 | 15 5/8–16 | 4 | 8 5/8–8 3/4 |
| 31.5 | 16 1/4–16 5/8 | 4 1/2 | 9 1/2–9 5/8 |
| 33.75 | 17 1/8–17 1/2 | 5 | 10 5/8–10 3/4 |
| 36.25 | 17 3/4–18 1/8 | 5 3/8 | 11 5/8–11 3/4 |

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Elastic, 7 mm (just over 1/4") wide — 9.7–15.2 cm (3 7/8–6"), depending on the size. The exact elastic length is specified on the pattern pieces.
3. Three open-ring snaps for knits, 1 cm (3/8") in diameter
4. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the neckline, bottom edge and sleeve hems. It can be replaced with a twin needle on a regular sewing machine that can do a zigzag stitch
- press tool for installing snaps

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than pierce them.

PATTERN PIECES LIST

1. From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold
- sleeve (short/long) — cut 2
- front ruffle — cut 1 on fold
- back ruffle — cut 1 on fold
- front neck binding — cut 1
- back neck binding — cut 1
- bottom edge binding — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.



Fold the binding over its seam allowance to the wrong side on the front and back pieces. Hand-baste the binding in place exactly over the seam.



Press the binding.



Working on the right side, stitch the front and back neck binding pieces in place on the coverstitch machine at 1 mm from the inner fold.

Attention! If you don't have a coverstitch machine, you can use a stretch twin needle on a regular sewing machine.

Remove the basting stitches. Trim the raw edge of the binding carefully, close to the seam.