

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.

# TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	7.4–10	2.3–7.6
inches	2 7/8–3 7/8	7/8–3

# GARMENT LENGTH

Height, cm	Garment length including waistband and cuff width, cm	Height, in	Garment length including waistband and cuff width, in
50	33.7–33.8	19.75	13 1/4
56	36.4–36.5	22	14 3/8
62	39.5	24.5	15 1/2
68	42.5–42.6	26.75	16 3/4
74	45.6–45.7	29.25	18
80	48.6	31.5	19 1/8
86	51.6–51.7	33.75	20 3/8
92	54.4	36.25	21 3/8

# SUGGESTED FABRIC

- To sew these pants, choose knit fabrics with the following properties:
- medium-weight, soft, breathable, low- to medium-stretch
  - the fiber content can include natural fibers (wool, cotton, linen), artificial fibers (viscose), and blends (cotton + viscose; cotton + wool, etc.)
  - the following fabrics are recommended: jersey knits, interlock knits, French terry, rib knits.

The garment in the photos is made of natural fabric. The fabric is medium-weight, soft, and low-stretch. The fiber content is 100% cotton. The fabric weight is 180 g/m<sup>2</sup>.

2. Elastic for the waistband, 3.5 cm (1 3/8") wide:

Size	18	20	22	24	26	28
Length, cm	35	37	40	42	44	47
Length, in	13 3/4	14 5/8	15 3/4	16 1/2	17 3/8	18 1/2

3. Matching thread – 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- elastic threader (can be replaced with a safety pin).

**IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.

## PATTERN PIECES LIST

From main fabric:

- leg – cut 2
- waistband – cut 1 on fold
- cuff – cut 2.

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.



Press the seam allowances toward the back leg.



Turn one of the legs right side out, keep the other leg wrong side out. Insert one leg into the other right sides together, align the crotch seam edges. Pin, matching the notches and inseams.

Stitch the crotch seam on the overlocker, keeping the right leg facing up.



Press the seam flat.