

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



FRANCESCA PATTERN DESCRIPTION

Francesca is an A-line dress with a close-fitting bodice, a full skirt, and an empire waist seam at the front. The fully-lined bodice features horizontal draping and wide tie straps, and fastens with a hook and eye tape in the center back seam. The top edge of the skirt is pleated evenly all around. The skirt closes with an invisible zipper in the center back seam, features side seam pockets and a horizontal design line below the knees. Francesca is midi length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	5.5–6	4.5–6.3	82.1–86.7
inches	2 1/8–2 3/8	1 3/4–2 1/2	32 3/8–34 1/8

GARMENT LENGTH

Height, cm	Back length, cm	Height, ft	Back length, in
1 (154–160)	80.1	1 (5'1"–5'3")	31 1/2
2 (162–168)	84.1	2 (5'4"–5'6")	33 1/8
3 (170–176)	88.1	3 (5'7"–5'9")	34 5/8
4 (178–184)	92.1	4 (5'10"–6'1")	36 1/4

SUGGESTED FABRIC

To sew this dress, choose shirting and dress-weight fabrics with the following properties:

- lightweight, structured, non-stretch or with very little stretch
- the fiber content can include natural fibers (cotton, linen), artificial fibers (viscose), blends (linen + silk, cotton + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: heavyweight shirting (opaque), dress-weight denim, linen

Attention! We do not recommend stretchy knit fabrics and fluid fabrics (chiffon, stretch lace, satin).

The garment in the photo is made of linen. The fabric is medium weight, malleable, smooth and with very little stretch. The fiber content is 100% linen.

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- front bodice — cut 1
- front bodice lining — cut 1 on fold
- front strap — cut 2
- right back bodice — cut 2
- right back bodice placket — cut 1
- left back bodice — cut 2
- back strap — cut 2
- top skirt facing — cut 2
- front top skirt — cut 1 on fold
- back top skirt — cut 2
- front bottom skirt — cut 1 on fold
- back bottom skirt — cut 2
- pocket top lining — cut 2
- pocket bottom lining — cut 2

2. From interfacing:

- top skirt facing — cut 2

Additionally, cut two interfacing strips, 2 cm (3/4") wide, to reinforce the center back seam allowances on the following pieces:

- left back bodice — cut 1
- right back bodice — cut 1
- back top skirt — cut 2. The interfacing strips should be cut on the straight grain (parallel to the selvedge).

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- center back edge on the right back bodice, left back bodice and back top skirt — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Press each of the pleats towards the side edge.



Press open the seam allowance of the central pleat on the front top skirt.



Overlock the center back seam allowances, with the right side facing up. Press. Place the back top skirt pieces right sides together, match the notches and the center back edges. Pin and machine-stitch as follows: use a 4 mm stitch length with no backstitches for the zipper section of the seam, then backstitch and adjust the stitch length to 2.5–3 mm. Backstitch at the end as well. The row of basting stitches at the zipper section is intended to temporarily hold the pieces together, so that the seam allowances can be pressed open easily, and is unpicked thereafter.